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You will find exactly what you're looking for in Magic Chef's Health and Diet Department! Our tremendous assortment of nutritious healthful foods will add new zest to living. You will find sugar-free, salt-free, low-calorie or high-protein foods; foods rich in natural vitamins and minerals; foods high in polyunsaturates or low in starch content; the unusual or hard to find; wonderful organic grown fruits and vegetables and many delicious foods that are so good and so good for you!

INSTANT
TIGER'S MILK

reg. \$1.19 **98c** 8-ounce box



KERNEL OR CREAM STYLE
DEL MONTE CORN
6 tall \$1
303 cans

EASTERN QUALITY
FARMER JOHN AND LUER HAMS
SHANK HALF **39c** lb.



RIPE RED BEAUTIES
MA PERKINS TOMATOES
7 no. 2 1/2 cans \$1

BUTT PORTION OR WHOLE HAM **49c** lb. CENTER SLICES **98c** lb.

U.S.D.A. "CHOICE"
SWISS STEAK
69c lb.

U.S.D.A. "CHOICE"
ROUND STEAK
full cut **79c** lb.

U.S.D.A. "CHOICE"
RUMP ROAST
bone in **79c** lb.

U.S.D.A. "Choice"—so tender and juicy . . . a favorite family treat.
Boneless Round Steak **89c** lb.

U.S.D.A. "Choice"—beautiful roast from the finest grain-fed beef.
Boneless Rump Roast **89c** lb.

U.S.D.A. "Choice"—make super sandwiches . . . for tender moments.
Delicious Cube Steak **98c** lb.

Ground fresh hourly, from the finest, lean beef . . . versatile buy!
Fresh Ground Round **69c** lb.

Mickory smoked and sugar cured. 1 lb. pkg., sliced.
LUER IOWA FARM BACON 49c

Sea Pak—economical . . . 10 oz. pkg., frozen. Icelandic—flavorful . . . 8 oz. pkg., frozen.
BREADED SCALLOPS pkg. 59c **FISH STICKS** 3 pkg. \$1



U.S.D.A. GRADE "A" FLASH FROZEN CALIFORNIA GROWN

TOM TURKEYS
18 TO 22 LBS. AVG. **33c** lb.

GOLDEN RIPE
CENTRAL AMERICAN BANANAS
12c lb.

2 for **25c**
2 1 lb. cellos **15c**

DEL AMO SHOPPING CENTER CORNER OF HAWTHORNE & SEPULVEDA

MAGIC CHEF



SEEKS HELP . . . Violette Wassily, 10-year-old from Cairo, Egypt, is greeted by Vierling Kersey upon her arrival in Los Angeles, where she will undergo treatment for polio at the Shriners Hospital for Crippled Children. Dr. Kersey is chairman of the hospital board and a past potentate of Al Malaikah Temple.

10-Year-Old Far From Home Seeks Straight Limbs

Violette is just like any other 10 year old girl—except she can't walk. Something is being done about this. She took a giant step in that direction last month when she entered the red brick doll house that is the Shriners Hospital for Crippled Children, Los Angeles unit.

Although she is from a far away land — Cairo, Egypt — Violette Nimr Wassily is right at home in the Temple of Mercy despite a language barrier that is yet to be hurdled.

SHE SPEAKS Arabic and while several members of the hospital staff are bilingual, all are stumped by her tongue.

This isn't a new problem for Violette because she recently spent long months in another where surgery was performed on her legs.

Considering her problem—polio—Violette really doesn't have much to be happy about. But she is. The corners of her lips are constantly arched to convey a smile that is infectious as the disease which threw a "curve" to limbs that once were straight.

Dr. Vierling Kersey, chairman of the hospital board and a past Potentate of Al Malaikah Temple, summed up the staff's feelings toward their new charge when he said: "It was love at first sight!"

APPARENTLY the visitor from the Nile feels the same way because she has been "wonderfully cooperative" to hear Chief Surgeon G. Wilbur Westin tell it.

Dr. Thomas Brown, her resident physician, made a favorable impression right from the start. He gave her a lollipop, explaining that "I knew she would understand it better than my words."

Upon her arrival at the hospital, Violette was greeted by newspaper and television representatives, all of whom agreed that her built in smile was just what they ordered.

After the "celebrity treatment" was over, she was admitted by head nurse Eileen Gynn. Then it was off for more pictures, this time X-rays.

LUNCH IN BED followed and shortly after that, Violette lost her smile. The time had come for her father, Nimr, who was to her morale what crutches are to her legs, to say good-bye.

Although she was biting lips in an attempt to be a big girl, tears escaped from the wide brown eyes. Dad stopped there with a few reassuring words and when he left the room Violette was smiling again.

The first in a series of operations was performed on Violette's right foot two weeks ago. It was a complete success, so

much so that a nurse kiddingly remarked:

"Why, the way she's coming along I wouldn't be surprised if she couldn't handle punting duties in the next North-South game." (The reference was to Al Malaikah Temple's all-star football event, annually held at Los Angeles Memorial Coliseum.)

VIOLETTE looked forward to the operation because every patient receives a gift after surgery. She requested a baby doll—and that's the first thing she saw upon awakening in the recovery room.

Violette came to the attention of the Shriners Hospital for Crippled Children through Dr. Westin, who learned of her plight from Dr. Nickels of the Rancho Los Amigos Hospital in Downey. The latter met the Wassilys in Cairo.

Like all patients in Shrine hospitals, Violette is being treated free of charge.

New Film On County Available

The new educational film "Assignment: County of Los Angeles," which explains the operation of Los Angeles County government and outlines services available to local residents through the county, is now available for borrowing by civic and community groups and individuals, County Librarian John D. Henderson announced this week.

Filed in color and sound, the new documentary was produced by the Civil Service Commission under the auspices of the Board of Supervisors. Showing time of the movie is 35 minutes.

"I believe that this new film, which is both informative and entertaining, is a most important addition to the Library's growing film collection," Henderson said.

HE POINTED out that because of anticipated demands for borrowing the film that eight prints have been obtained by the County Library, with each of the eight geographical regions being assigned one copy.

"It is expected that schools, teachers, civic organizations, service clubs, individuals, and organizations interested in government services will find the new movie a most valuable educational resource," the County Librarian continued.

He added that the same rules will apply to the loaning of the new film.

SUPERVISOR Frank B. Bonelli, departmental chairman of the County Library, was instrumental in having the eight copies of the movie assigned to the County Library.

The film was previewed recently by about 300 library staff members during the meeting celebrating acquisition of the library's two millionth book.

Set Readings

The Quivera Players will hold open readings for the play "Someone Waiting," a drama by Emyln Williams Feb. 4 and 5, 7 p.m., at 211 N. Pacific Ave., San Pedro. There are parts for five women and four men of varying ages.