

Health Officer Urges Residents To Visit Clinic

Adults who believe they are unlikely to get polio and therefore need not take Sabin vaccine are dangerously wrong, on two counts, Dr. K. H. Sutherland, Los Angeles County health officer, warned yesterday.

Children are statistically most vulnerable to the disease, but adults also can be killed or crippled by it and act as "carriers" of the virus

to others, Dr. Sutherland pointed out.

For both self-protection and community protection, he urged participation by adults, as well as children and infants over three months, in the Dec. 2 and 9 Type II Sabin vaccine clinics to be held countywide by the Los Angeles County Medical Assn.

"THE GREATER the community participation in this major mass immunization drive, the greater the chance of eradicating polio," the health official said.

"And this is the reason adults, even those who are willing to gamble that they themselves might not come down with polio, should take the Sabin vaccine — so that they are sure they cannot pass the virus along to their own

or their neighbors' children."

EVEN THOSE who have already had Salk vaccine should also take Sabin, for additional protection and to prevent being a "carrier," Dr. Sutherland said.

He noted that Type II polio, though accounting for only 5 per cent of polio in this country, has caused severe epidemics in parts of South America, Asia, and South Pacific countries.

Type II Sabin vaccine will be available to those who took Type I in October and those who missed it. Type I may be taken "out of sequence" later at a physician's office.

The vaccine is swallowed on a lump of sugar or in a sip of syrup. A token donation of 25 cents is requested, but no one will be turned away.



LIFE'S LIKE THAT

By FRED NEHER



"Look, dear! I'm winterized!!"

Finest Foods in a Jiffy...and You Save, too!

FROZEN FOOD Sale!

MINUTE MAID FROZEN

ORANGE JUICE

6 6-OZ. CANS \$1.00

BIRDS EYE FROZEN

DINNERS

ASSORTED VARIETIES EACH 49¢

KNOTT'S FROZEN

STRAWBERRIES

2 10-OZ. PKGS. 45¢

SIMPLE SIMON PUMPKIN, MINCE, APPLE, CHERRY, PEACH, BOYSENBERRY, BLUEBERRY

PIES

YOUR CHOICE EACH 29¢

PICTSWEEET FROZEN

FRENCH OR REGULAR GREEN BEANS PEAS • SPINACH • FRENCH FRIES MIXED VEGETABLES

YOUR CHOICE 6 PKGS. \$1.00

OH BOY LARGE SIZE

CHEESE 16-OZ. SIZE 69¢ PEPPERONI 19-OZ. SIZE 79¢

Market Basket BLUE CHIP STAMPS

PRICES EFFECTIVE THURSDAY THROUGH SUNDAY, NOVEMBER 29 - DECEMBER 2

"Don't Forget Your SABIN ORAL VACCINE!"

TYPE II SUNDAY, DECEMBER 2 AND SUNDAY, DECEMBER 9

WONG'S FROZEN YOUR CHOICE

- PORK OR CHICKEN CHOP SUEY
- EGG FOO YOUNG
- SHRIMP CHOW MEIN 39¢
- FRIED RICE PKG.

SWEET & SOUR PORK OR EGG ROLL PKG. 49¢

MARKET BASKET

COFFEE

1-LB. CAN 49¢ 2-LB. CAN 97¢

HILLCREST

PEARS

BARTLETT HALVES 3 29-OZ. CANS 69¢

KORONA CUT

GREEN BEANS

15 1/2-OZ. CAN 10¢

U.S.D.A. GRADE A FRESH

FRYING CHICKEN

CUT UP, PAN READY, LB. 33¢

WHOLE LB. 29¢

SPLIT BROILER FRYERS LB. 35¢

Market Basket Top Quality Meats

FOUR FISHERMEN FROZEN GOLDEN FRIED FAMILY SIZE 59¢

FISH STICKS 14-OZ. PKG. 8-OZ. PKG., 3 FOR 69¢

RUPERT'S FROZEN DELICIOUS GOLDEN FRIED HALIBUT 9 1/2-OZ. PKG. 75¢

JUST HEAT AND EAT

MRS. FRIDAY'S FROZEN BREADED SHRIMP 1 1/2-LB. PKG. \$1.79

FRESH

GROUND SHOULDER LB. 59¢

FRESH GROUND ROUND LB. 69¢

TREE TOP

APPLE JUICE

46-OZ. CAN 29¢

ADVENTURE LIGHT MEAT CHUNK STYLE

TUNA

3 6 1/2-OZ. CANS 65¢

MARKET BASKET

SALAD OIL

24-OZ. BOT. 29¢

HUNT'S

CATSUP

2 14-OZ. BOTS. 29¢

LUER QUALITY SMOKED, SKINNED

HAMS

FULLY COOKED SHANK PORTION (AS CUT) LB. 39¢

WHOLE HAMS LB. 49¢

CENTER CUT SLICES, LB. 98¢

CHEF BOY-AR-DEE MEAL IN A MINUTE

BEEFARONI, BEEF RAVIOLI OR SPAGHETTI & MEAT BALLS

YOUR CHOICE 4 15 1/2-OZ. CANS \$1.00

MEAT OR MUSHROOM

SPAGHETTI DINNER PKG. 39¢

HYGRADE

CANADIAN STYLE SLICED BACON

5-OZ. PKG. 59¢

SILK

Toilet Tissue 4 ROLL PKG. 25¢

WITH NEW BLUE SOAP

S.O.S. Pads 10 PADS IN CTN. 25¢

DETERGENT IN TABLET FORM

Salvo PRICE INCLUDES 30¢ OFF LABEL, 138-OZ. PKG. \$1.79

Purex GAL. BOT. 59¢

PRICE INCLUDES 13¢ OFF LABEL

LIQUID LUX 32-OZ. BOT. 75¢

MARKET BASKET Sundries

NINE HIGH FASHION COLORS

TOPSY TURBAN

EACH \$1.49

PROTECTS PRECIOUS HAIR COLOR FROM FADING SUN AND DRYING WIND, COVERS UNSIGHTLY CURLERS, ADJUSTABLE AND WASHABLE.

REGULAR 8 1/2" FAMILY SIZE

PEPSODENT TOOTHPASTE

2 FOR \$1.00

WITH STANNIUS FLUORIDE

PRICE INCLUDES 10¢ OFF LABEL

COMBINATION OFFER

HALO SHAMPOO 3 1/2-OZ. SIZE 69¢

HALO HAIR SPRAY 5 1/2-OZ. SIZE BOTH FOR 69¢

MARKET BASKET Delicatessen

HORMEL

FRANKFURTERS

1-LB. PKG. 49¢

SLICED SMOKED BEEF HYGRADE BRAND 4 3-OZ. PKGS. \$1.00

DANOLA BRAND SLICED COOKED HAM GENUINE DANISH IMPORT 5 1/2-OZ. PKG. 59¢

WISCONSIN AGED

CHEDDAR CHEESE

LB. 69¢

MARKET BASKET AMERICAN, PIMENTO OR SWISS

SLICED CHEESE

8-OZ. PKG. 29¢

MARKET BASKET COLE SLAW, MACARONI OR HEALTHY

SALADS

16-OZ. CTN. 29¢

IT'S "CLEAN YOUR OVEN WEEK" WITH

EASY-OFF OVEN CLEANER

1-LB. JAR WITH BRUSH REG. 98¢ 79¢

MARKET BASKET Fresh Fruits

APPLES

DELICIOUS EXTRA FANCY RED STARKING OR GOLDEN MIX 'EM OR MATCH 'EM FROM OREGON NEW CANADIAN BEST FOR BAKING

8 lbs. \$1.00

MT. LASSEN

JUMBO SIZE PRUNES

16-OZ. PKG. 39¢

MARKET BASKET BLUE CHIP STAMPS

Add Sales Tax To Taxable Items

JOINS CENTER . . . Joining facilities available in the recently opened Carson Shopping Center at Normandie Avenue and Carson Street this week is the new Norge cleaning firm featuring coin-operated machines of the latest designs. A grand opening special will be in effect during the weekend celebration.

New Norge Cleaning Center Opens Friday

Grand opening is being observed Friday through Sunday by Norge commercial laundry and dry cleaning in Carson Plaza at Carson Street and Normandie Avenue.

Operating the establishment are co-owners Ray Shore of 205 Via Los Miradores, and Robert Bowman of Northridge. Both are pilots for United Air Lines.

years in the east Los Angeles area.

The establishment will be open from 9 a.m. to 9 p.m. Monday through Saturdays and from 10 a.m. to 5 p.m. on Sundays. Besides a complete one-stop concept of washing and dry cleaning, the business also features a pleasant waiting area which has vending machines. "Eventually we plan to install a television set in the waiting area," Bowman said.

THEIR NEW business features 3,000 square feet, 16 dry cleaners, 30 washers, two 25-pound commercial washers, a 25 - pound commercial dry cleaner and eight dryers.

Customers will receive \$1 off on dry cleaning during the three-day grand opening observance. Officials of Norge will be on hand to demonstrate operation of the coin operated pressing equipment and other machines.

ON DUTY at the establishment will be full time attendant Armando Moreno, who has been in the business for 15

"I HAVE faith in this area or we wouldn't have come here. We looked for six months before settling on this area," Bowman said.

Shore resides in Torrance with his wife, La Vede, and three daughters, Diane 17, Rene 13, and Camille 11. He served as an Army flight instructor during World War II while Bowman was a Navy fighter pilot. Both men have been with United Air Lines as pilots since 1945.

Bowman resides in Northridge with his wife, Elaine, and three children, Eddie 19, Vickie 10, and Sandra 16.

Garden Checklist

1. Pyracanthas are still in full berry. Young plants in nursery containers make excellent indoor decorations for the holidays.
2. Shop for "living Christmas trees" early while the supply is good.
3. Plant spring-blooming bulbs of daffodils, tulip and others if you haven't already.
4. The old fashioned Christmas rose is an excellent perennial for cool weather bloom. Plant it now and look for bloom early in the new year.
5. Set lawn mower blades to crop grass closer. An early December feeding will help keep most California lawns greener during cool weather.

Food Markets rely upon

The HERALD when advertising

their money-saving specials!

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