

MARY WISE Menu Planners



AMONG MY SOUVENIRS

Try this ice cream cake for your next party. It has elegance yet is easy to prepare.

- RASPBERRY-LEMON ICE CREAM CAKE**
 2 tbs. butter or margarine
 1 1/2 cups flaked coconut
 2 qts. vanilla ice cream
 1 (8-oz.) can frozen concentrate for raspberry-lemon punch, thawed, undiluted
 2 egg whites
 1 cup heavy cream, whipped
 1/4 cup slivered almonds, toasted

Spread butter or margarine evenly over bottom of 9-inch spring-form pan. Press coconut into this. Bake at 350 for 10 minutes. Cool and place in freezer to chill.

Soften ice cream slightly. Swirl 1/2 cup of the concentrate through ice cream. Spoon evenly over coconut in spring-form pan. Return to freezer.

Beat egg whites until they form peaks. Slowly drizzle in remaining raspberry-lemon concentrate, beating until egg whites are stiff and glossy.

Fold egg whites into whipped cream just until slightly blended. Spoon over top of ice cream. Sprinkle with toasted slivered almonds.

Return to freezer for several hours or more. To serve, remove from freezer; let stand a few minutes; slice.

WITH BEE-HIVE energy, prepare these Honey Prune Nuggets for the after school snacker. Mugs of milk make happy go-alongs. Honey as an ingredient retards drying out of baked goods—if these cookies last that long.

Autumn Calls for Home-Made Goody

Nothing tastes better than home-baked cookies full of fruits, nuts and honey-sweetened. Watch these cookies with their just-right chewiness disappear.

They are guaranteed to be tender, moist and good down to the last crumb. Honey brings out the natural flavors in fruits, and retards the drying out and staling of baked goods.

Our recipe suggestion calls for dried prunes, but it's equally delicious with raisins, dates, figs, or a mixture of all.

HONEY PRUNE NUGGETS

- | | |
|---------------------------------|--------------------------------|
| 1 1/2 cups prunes | 1/2 teaspoon soda |
| 2 tablespoons water | 1/2 teaspoon baking powder |
| 1 cup honey | 1 teaspoon salt |
| 1/2 cup soft shortening | 1 teaspoon cinnamon |
| 1 teaspoon vanilla extract | 1/2 teaspoon nutmeg |
| 2 eggs | 1 cup coarsely chopped walnuts |
| 2 cups sifted all-purpose flour | |

Pit and cut prunes in thin strips. Simmer prunes, water and honey together for five minutes, stirring occasionally. Cool, add shortening, extract and eggs.

Beat hard to blend. Sift dry ingredients together. Add to creamed mixture, mixing until all dry ingredients are moistened. Add walnuts.

If you desire high puffed cookies, chill cookie dough 1/2 hour before dropping by large teaspoonfuls onto greased cookie sheet.

Bake at 375 degrees for 12 to 15 minutes. Yield approximately 4 dozen cookies.

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TWIN COMBINE OF FALL FOODS MAKES UNIQUE DESSERT

Chopped fresh dates, ground orange and grated Cheddar cheese give delightful flavor to Date Cheese Pudding, a dessert that is ideal for nippy autumn evenings.

DATE CHEESE PUDDING

- 1 cup fresh dates
 - 1 orange
 - 1/4 cup brown sugar, packed
 - 2 tablespoons water
 - 1 cup sifted all-purpose flour
 - 1/2 teaspoon salt
 - 1 cup grated Cheddar cheese
 - 1/4 cup butter or margarine
- Chop dates. Cut orange into quarters and grind in food grinder. Combine dates, orange and brown sugar and spread in 8-inch square baking pan.
- Sprinkle with water. Combine flour, salt and cheese. With a pastry blender or knife, cut butter into flour mixture until mixture is crumbly.
- Sprinkle over fruit mixture. Bake in 350-degree (moderate) oven 25 to 30 minutes. Makes 6 servings.

Eggs have three-meal appeal.

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HONEY CANDY STRIPS

Place slices of your favorite bread on broiler pan. Toast lightly on one side. Cover untoasted side generously with honey butter or creamed honey. Sprinkle with chopped salted peanuts, raisins or coconut. Return to broiler and stay with it till topping is lightly browned and bubbly. Cut in strips and serve at once. Super snack!

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Harbor Faculty Group Backs Proposition 1-A

The Faculty Assn. of Los Angeles Harbor College in its last meeting endorsed 1-A in the Nov. 6 election, Robert Dunn, Faculty Assn. president announced.

Proposition 1-A is a \$270,000,000 bond issue, 80 per cent of which will be allotted to new facilities on the nine campuses of the University of California, the 16 State Colleges and junior colleges throughout the state.

"We voted endorsement of 1-A," said Dunn, "for two reasons. First, it carries many

specific benefits for the Harbor area. Secondly, it will give state help to junior college expansion for the first time."

"Future needs of the Southwest and Harbor areas are recognized in the allotment in the bond issue of \$7,717,000 for the selection, acquisition and development of a site for the South Bay College in the Palos Verdes or Torrance area and \$5,126,400 for new buildings at Long Beach State College."

DUNN EXPLAINED that under provisions of the Master Plan for Education adopted by

the legislature more and more students will begin their college education in junior colleges, transferring later to state colleges, campuses of the University of California or private colleges for their junior and senior years.

"This will impose on junior colleges an intolerable financial burden unless it is shared by the state. The \$20 million for junior college buildings in Proposition 1-A recognizes this obligation."

PROPOSITION 1-A also pro-

vides for a tighter control on appropriations than Proposition 3 which was defeated at the last election. Junior college funds in this proposal must all go for new construction and cannot be used to retire bonded indebtedness on buildings already erected.

"Alternate methods of financing this much-needed major construction program could well precipitate a large and immediate state tax increase," concluded Dunn.

Vel's Employee Completes Study

Hermann Dreier of Vel's Ford Sales Co., has completed a two-week course in basic truck workshop at Ford Motor Co.'s San Francisco Marketing Institute.

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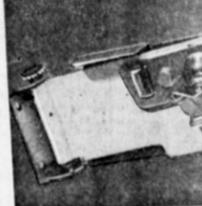
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