

More Than Passport Needed When Crossing International Borders

By K. H. Sutherland, M.D.,
County Health Officer

Even the most unsophisticated person is usually aware that a passport is generally required when visiting foreign countries, but the fact that health authorities often demand certain vaccinations when national boundaries are crossed is perhaps less widely known.

True, it is possible to leave this country without any disease protection whatsoever, though that may simply invite delay or trouble with officials of other countries or may, of course, put a sorry end to what seemed like a wonderful vacation. However, it is not possible for anyone to re-enter the United States without either producing evidence of smallpox vaccination within the past three years or immunity acquired from an attack of the disease.

UNDERSTANDABLY enough, different countries may present different disease hazards and so require different immunizations for tourists. In Europe, for instance, smallpox is about the only disease for which vaccination is mandatory. Protection is nonetheless also recommended against typhoid and paratyphoid fevers, poliomyelitis, and tetanus.

This isn't quite as formidable as it may seem, for many Americans are already protected against three of these diseases. At any rate, vaccination against smallpox, tetanus, and polio has been repeatedly advised for every American even though he never intends to leave his own hearthstone.

THE TRAVELER is advised to obtain vaccination against yellow fever if visits are planned to recognized zones in Africa or South America, as many countries demand certification of this vaccination after travel in these areas. No private physician can give this inoculation however.

In this area, it must be obtained from the U.S. Public Health Service, Room 424, Federal Building, Los Angeles. It is offered without charge from 1:30 to 2:00 p.m., Monday through Friday. A 6-day period between smallpox and yellow fever immunization is advised.

CHOLERA still occurs in sections of Burma, India, and Pakistan and many countries require travelers from these areas to present official evidence of cholera vaccination

before entry is permitted. Some individuals have discovered that it is always easy enough to get into such disease-ridden areas, but getting out of them without proper health certification is another matter.

Typhus outbreaks may occur in those parts of the world where louse-infested people live crowded together in surroundings that are none too clean. Such conditions exist in parts of Mexico, Central America, Eastern Europe, Africa, and in much of Asia. Persons who enter these areas unvaccinated against typhus do so at considerable risk to themselves.

THESE AND other vaccinations that may be needed prior to departure for distant lands are to be recorded on the International Certificate of Vaccination, a form that may be obtained by each individual when application is made for a passport. Even though vaccinations are generally received from a private physician, the Certificate must either be brought or mailed in to the office of the local health department of the area where the physician has his practice, so that it may be stamped by health officials. If mailed in, it should be accompanied by a return self-addressed envelope.

Neither passport nor evidence of vaccination are required when visiting Canada. No passport is required for Mexico, but evidence of smallpox vaccination is required upon re-entry into the United States.

A FEW Latin American countries also require a personal health certificate. This may take the form of a written statement by a physician, but it still must be submitted to the office of the local health department for certification.

These regulations may seem to be terrific, even if a necessary, nuisance. However, it is just such measures that prevent the passage of disease from one country to another and protect the health of the individual traveler.

Health Hints for Foreign Travel is the title of a booklet that contains much good advice on what can be done to avoid illness when visiting certain countries, and a copy will be mailed to anyone who sends a card of request to the Division of Health Education, Los Angeles County Health Department, 241 N. Figueroa St., L.A., 12.

Community on Wheels Tag Pinned to L.A. by Chace

The growth of population, vehicle registration and highways makes Los Angeles County truly "a community on wheels," Supervisor Burton W. Chace declared yesterday.

Chace, chairman of the Board of Supervisors' Road Committee, pointed out that in order to keep up with this tremendous growth and also as an anti-recession measure, the Board of Supervisors earlier this year ordered expediting of the proposed road projects.

THIS HAS resulted in construction accomplishments to an all-time high. During the 10-month period ending April 30, contract work under way totaled \$12.2 million, 3 per cent higher than the same period in 1959-60. Also, in this period a total of \$6.2 million in contracts were awarded, an increase of 13 per cent, and construction projects completed through last April were \$6.5 million, an increase of 20 per cent.

Despite this record of accomplishments, Chace continued, it would still require an estimated half a billion dollars to modernize and expand local highway systems within the County of Los Angeles.

HE WARNED that as the population grows — estimated to be 11,000,000 by 1980 — these deficiencies will continue to increase unless definite steps are taken to correct them.

It is also estimated that there will be 7,000,000 vehicles on Los Angeles County streets and highways by 1980, or 43 per cent of the total traffic in the State.

CHACE SAID that if proposals to amend the Mayo-Breed formula so that 60 per cent of the State Highway Construction Funds is allocated to 13 Southern Counties, a big step will be taken in meeting this growing deficiency.

"This seems only equitable in view of the projected increase in population and vehicle traffic in the next 20 years," Chace concluded. "We are truly a community on wheels and we should prepare for it."

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9:15 A.M.—First Worship Service and Sunday School for Nursery through Junior.

10:45 A.M.—Duplicate Worship Service and Sunday School for Jr. High School through Adults.

6:15 P.M.—Pastor's Class

6:30 P.M.—Fellowship Groups for all ages.

7:30 P.M.—Evangelistic Hour — Youth Choir — Chorus — Testimony Time.

Pastor Preaching all Services

Nursery open for your convenience

ST. ANDREW'S PRESBYTERIAN CHURCH

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SUNDAY WORSHIP SERVICES

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NURSERY and CHURCH SCHOOL for Both Services

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Morgan Gates, Pastor



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GOLDEN CORNISH CROSS

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Just right for beach or pool... large size... unsinkable plastic foam... supports over 200 lbs. ... Reg. \$1.98

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