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Announcing
LYNDA CALKINS & BONNIE RICHARDS
Both Hair Stylist
Trophy Winners
Who Have Recently
Joined Our Staff

Yukon Pupils Elect Slate

Ronnie Gastelum was elected president of the student body at Yukon Elementary School, 17900 Yukon Ave., in elections held shortly before the close of school.

Other new officers chosen include Donna Powell, vice president; Sandra McPheeters, secretary; Carol Ann Picker, newspaper editor, girls' athletic director; Brent Nickoloff, boys' athletic director; and Ronnie Price, student activities director.

Vaccinations for Trips Abroad Outlined by Health Department

By ROY O. GILBERT, M.D., County Health Officer

People who spend vacations abroad or in Latin American countries must have a Certificate of Immunization in order to supply foreign and native health officials with written evidence that protection against certain contagious diseases has been obtained. The immunizations required are given to protect the health of the individual, and also to prevent the passage of communicable diseases from one country to another.

The U. S. Public Health Service is the authority that imposes this regulation, and

the certificate form is usually provided when the individual receives his passport. If it isn't, it may be obtained from the local office of this Federal agency. This certificate is really as necessary as a passport.

SMALLPOX, cholera and yellow fever are the three vaccinations most generally required on the certificate, although there is space for information on typhoid fever inoculations and any others that are considered advisable. The immunization recommended depends on where the person plans to go.

If vacation is confined to Mexico or to Europe, for example, only a smallpox vaccination is required. Should the holiday be spent in Canada or a few other nearby places, no vaccination is required at all.

IT IS true that travelers may leave this country and wander from one European nation to another without being asked for the certificate. Upon re-entry into the United States, however, evidence of immunity to smallpox is demanded from everyone, whether obtained from vaccination within the past three years or from a previous at-

tack of the disease.

For the most part, people prefer to have necessary travel vaccination done by a private physician who can then record it on the certificate and sign it as required. After obtaining what is needed, the person must then bring the certificate to the local health department office in the area where the doctor has his practice (it may be mailed in with a stamped self-addressed envelope) in order that the form may be officially stamped.

UPON REQUEST, certain travel immunizations are given by the medical staff of the

Los Angeles County Health Department to individuals who reside within the Department's health jurisdiction. This service is not extended to people living in Pasadena, Los Angeles City, Vernon, and Long Beach since these cities have their own health departments.

Yellow fever inoculations cannot be given by a private physician and must be obtained from officials of the U. S. Public Health Service. When this protection is recommended, individuals must go to Room 424, Federal Building, 312 N. Spring St., Los Angeles, where this service is given free of charge, at 1:30 p.m., Monday through Friday. No appointment is required.

tween yellow fever inoculations and smallpox vaccination, and it is generally considered better to get the yellow fever immunization over with first.

A few Latin-American countries require a personal health certificate in addition to the International Certificate of Immunization. This may take the form of a written statement by a physician, which must then be submitted to the local health department for certification. Health officials then issue a letter to the effect that the individual is in good mental and physical health and is free from communicable disease.

GETTING the necessary immunization for foreign travel is a nuisance, but protection against communicable diseases constitutes a type of health insurance that is generally well worth the effort.

"Health Hints for Foreign Travel" is the name of a folder issued by the State Health Department that gives advice on other health precautions that may be taken when visits are made to faraway places, and a copy will be mailed to anyone who sends a card of request to the Division of Health Education, Los Angeles County Health Department, geles 12.

SIX DAYS must elapse be-



MRS. SHIRLEY COLEMAN ... Heads MS Drive

Victim's Sister Named Chairm Of MS Campaign

Mrs. Shirley Coleman, 3222 El Dorado, has been named chairman of the Multiple Sclerosis drive to be held here in August. The fund-raising campaign will be the first MS drive to be held in Torrance.

Mrs. Coleman, whose brother died last year at the age of 41 after suffering for 11 years with the progressive paralysis of MS, conducted her own "MS March" single-handed last year.

Getting the campaign off to an unofficial early start here was a recent contribution of \$132 from the Education Association.

Backing Mrs. Coleman in her volunteer work are her husband, Thomas, an agent for the Santa Fe Railroad, and three children, Tommy, 17, Janet, 15, and Marge, 7.

Persons desiring to volunteer their services for the August drive are asked to contact Mrs. Coleman at FA8-4022.

An estimated 9000 persons are stricken in Southern California each year by multiple sclerosis, which usually hits persons between the ages of 20 and 40.

Narbonne High Quartet Places Second in Fest

Narbonne High School's Occasionals won second place in the Los Angeles City Schools-sponsored Barbershop Quartet song-fest at Fairfax High School recently.

Host school Fairfax won the title for the second straight year.

Narbonne youngsters sang two old favorites, "Row" and "Tell Me You'll Forgive Me." Members of the second place quartet in the city-wide contest were Terry Benlay, A12; Pete Neushel, A12; Bob Griffith, A10; and John Taylor, A12.

Healing to Be Sermon Topic

The healing power of the Word will be stressed in the lesson-sermon entitled "Christian Science" to be read in all Churches of Christ Scientist Sunday.

This story of healing by Jesus from Mark's Gospel will be included in the Bible selections: "And there came a leper to him, beseeching him, and kneeling down to him, and saying unto him, If thou wilt, thou canst make me clean. And Jesus, moved with compassion, put forth his hand, and touched him, and saith unto him, I will; be thou clean. And as soon as he had spoken, immediately the leprosy departed from him, and he was cleansed" (1:40-42).

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