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**Mrs. Battles Will Talk to Area Writers**

Edith Battles, Redondo Beach writer, whose fiction, articles and short features have appeared in 20 national magazines, will tell fellow club members "How to Pick Up Small Checks" when Southwest Manuscripters meet at 8 p.m. Friday at Clark Stadium, 861 Valley Dr. Hermosa Beach.

In collaboration with her husband, Willis R. Battles, the speaker has published "how to" articles in "Popular Science," "Popular Mechanics," "Science and Mechanics," and "Mechanics Illustrated."

The mother of two, Mrs. Bat-

ties' advice on child care found success in "American Baby." Recently her writing career has included collaboration with Florence M. Harrison, Redondo Beach free-lance photographer who is nationally known for her salon work, their photos appearing in newspapers and magazines under the by-line "EBB and Flo." Their work in "American Girl," April, 1957, was picked up by American Field Service for foreign translation and distribution abroad.

Ray Banks, newly-elected president of Southwest Manu-

scripters, has announced that winners will be named Friday night. Winning authors in the short story, poetry and article categories will read their manuscripts during the second half of the program.

**New Officers**

Also slated is the presentation of other new officers: Mrs. Bolton; Frances Grace, press chairman; Vance Price, treasurer; Florence Hancher, secretary, and Mrs. Battles, hospitality.

Southwest Manuscripters meet the third Friday of each month at 8 p.m. at Clark Sta-

**SC to Offer Two Courses**

Two evening courses in fields of education and psychology are announced for residents of the Torrance area by the University of Southern California community service division, beginning with the spring term on Feb. 5.

A workshop in elementary education will meet Wednesdays from 4 to 6 p.m. in the Fern School cafeteria offering two units of credit. Mrs. Vivian Teubner of the SC faculty will be the instructor. Subjects of selecting instructional materials and planning the program will be among class subjects.

Planned for premedical students is a Thursday class on physiological psychology meeting at the Harbor General Hospital Auditorium from 7 to 10 p.m., beginning Feb. 13. Dr. Frank Risch will be the instructor of the class featuring studies of mental activities and physiological relationships.



**PLAY TO OPEN . . . "Light Up the Sky"** will open tonight at the Hermosa Beach Playhouse for a three-week run. In this scene Margaret Fraser and Ed Gangle try to calm the opening night jitters of Arlie Wells of Torrance, who portrays a young playwright. The show will play Thursday, Friday, Saturday, and Sunday nights, starting at 8:30 p.m. Reservations can be made by calling the playhouse.

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**Rx FOR GOOD HEALTH**

**Bronchial Asthma Traced To Allergic Conditions**

Asthma is a broad term meaning any condition in which wheezing occurs but bronchial asthma is almost certainly an allergic condition.

In bronchial asthma the symptoms are wheezing, shortness of breath and cough. As in any form of allergy, the sufferer has usually inhaled or eaten certain substances which are harmless to the majority of persons, but which produce great distress in those individuals sensitive or allergic to them.

In many persons, it is difficult to lie down during an attack; they resort to all procedures, such as sitting up all night long in a chair or leaning forward on a table to help them breathe more easily.

**Wheezing Varies**

The wheezing associated with bronchial asthma varies with different patients. Sometimes the wheeze is very quiet and can be heard only with a stethoscope. Sometimes it is so loud that the sound can be heard clear across the room and even in the next room.

The wheezing occurs when the victim attempts to get the air out of the lungs. In a person with a chronic bronchial asthma, an X-ray film of the chest will show that the diaphragm is pushed down from its normal position and the ribs will have a straight character instead of the normal curved formation.

This change develops because the sufferer is using all the muscles he has to push out the air which has become trapped in the breathing apparatus of the chest. Very often this action produces another condition which is called emphysema.

**Other Allergies**

Bronchial asthma is also characterized by the history of other allergic conditions, either in the patient or the patient's family, indicating heredity to be a factor in at least 60% of the cases. That is why children of allergic parents should be watched very carefully from the day of birth. Each new food should be given one at a time to learn whether the baby tolerates it.

A skin test is the usual method of establishing the culprit causing bronchial asthma. The skin is scratched with fine lines, ordinarily a number of rows are made. The site may be either the forearm or the back, while in children it may be either the chest or the abdomen.

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