

Giving Medicine to Rambunctious Child Takes a Planned Procedure

Giving medicine to a stubborn child is like any other "do-it-yourself" home project, according to the L.A. County Medical Assn.

A Virginia pediatrician, Dr. Forrest P. White, listed in a recent issue of Today's Health, and American Medical Association publication, some rules and techniques for giving medicine to children.

His general rules are:

1. Plan the procedure first. Have all equipment within reach. If two adults are involved, decide what each will do.
2. Put the medicine bottle where the child can't knock it over, especially if it is expensive.
3. Assume from the first that you are going to succeed. This conviction alone may persuade the child that he may as well cooperate.

4. Don't let the child's excitement infect you. Keep calm. If you feel anger, don't show it. Just keep talking to the child calmly and soothingly, even when he's yelling his head off.
5. When a liquid medicine is given and the child vomits afterward, wait until he calms down and repeat it. Usually it will stay down the second time.

DR. WHITE said that when two parents work together — or gang up from the child's point of view — the father holds the child on his lap and holds the child's wrists, while the mother steadies the child's head and forces his mouth open.

When only one parent gives the medicine, he holds the child on his lap with the child's legs between his knees. The

child's left arm is kept behind the parent's back and the parent uses his right hand to hold the child's right elbow so the arm is above the head. The child's head is held against the parent's body and the child's upraised right arm.

Dr. White recommended that when forcing medicine, it is often best to give only half a teaspoonful at a time.

FOR THE UNUSUALLY rambunctious youngster, he suggested pouring half a teaspoonful into each of two spoons; putting them on the table, returning the bottle to the shelf and then getting the child.

The spoon should be placed on the tongue and held there, tipping it to pour a small amount at a time onto the back of the tongue. As long as the spoon is held in place, the

child can't spit the medicine out and has no choice but to swallow, Dr. White said.

Almost any child resisting medicine will open his mouth to cry, allowing the spoon to be inserted. If instead he clamps his mouth shut and the mother needs both hands free, she should wrap the child snugly in a sheet or blanket with his arms against his sides. Then the mother can force the child's mouth open with one hand and insert the spoon with the other.

NOSE OR EYE drops can also be administered with the child wrapped in a blanket or sheet.

In conclusion, Dr. White noted that the parents, after administering the medicine, should give the child all the love and sympathy he needs.



YMCA GETS CHECK . . . John Stallman and Jack Norman of the Salta Gra-Y Club present Doug Cannon, program secretary of the Torrance YMCA, a check for \$25, a Christmas donation by the club to help continue the youth program in Torrance.

1:30 p.m. Lunch will be served at the church at noon.

Miss Mahala Diller, western district superintendent of the Sunshine Maker organization, children's missionary group, will conduct a sunshine maker rally at 4 p.m., Tuesday.

SPEAKERS FOR the rally include: Mrs. Lila Clark, former missionary to Haiti; Miss Geraldine Gerig, missionary nurse to Sierra Leone, West Africa; the Wendall Soustley family of Hawaii; Rev. Dale Moser of Mexico, former missionary to Ecuador, South America; Rev. William Oyer,

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YMCA BOOSTED . . . Members of the National Supply Co. Employees Club this week handed their check for \$500 to the YMCA to give a big boost to the 1959 support campaign. From the left are Dora Lane, secretary of the club; Joe Wilcox, executive secretary of the Torrance YMCA; and Kenny Perkins, chairman of the employees club. (Herald Photo)

Lomita Church To Hold Rally

Lomita Missionary Church will open its annual four-day World Missions Rally during the Sunday School hour today at 9:45 a.m. Other rally observances slated for today will take place at the 11 a.m. and 7:30 p.m. worship services. Throughout the rally, services will be conducted each day at 7:30 p.m.

Ladies of the Lynwood Missionary Church will join the ladies of the congregation Tuesday for ladies' day services, scheduled for 10 a.m. and

missionary to the Hawaiian Islands; Lester Meisenheimer, of Ecuador, South America; Miss Mahala Diller of Arizona; and Rev. Roy Ramseyer,

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