Food Threat to Health at Picnic If Not Properly Handled Before

By ROY O. GILBERT, M.D.
L. A. County Health Officer

When planning a picnic, many individuals go to considerable trouble to prepare food that will be appetizing and nutritious.

Unfortunately, the simple rules that prevent food-borne poisonings and infections are not always followed and the picnicker who eats the food may take several days to recover from a gastro-intestinal upset that is a very sorry and unnecessary way to end such a carefree occasion.

Keep it hot, keep it cold — but never keep it warm. This advice about keeping hot foods very hot and cold foods chilled but never at warm, in-between temperatures has been repeated so often that it gives rise to the feeling that the expression should be decently retired. Illness caused by contaminated food occurs with such frequency, however, that the saying is very much in use, especially during the warm summer months.

Warm Foods Unsafe

Many busy homemakers like to prepare picnic foods a day in advance and seem to entertain the belief that just because such foods are cooked, it is safe to leave them overnight on the kitchen table or some other warm place since they usually look and smell all right the next day.

However, the particular food contamination that causes the usual cases of food poisoning does not in any way resemble the ordinary spoilage of food and there is generally nothing to indicate that it is no longer safe to eat. There is no bad odor emanating from it and it usually looks and tastes delicious.

Foods that provide a perfect breeding ground for illness-producing bacteria include such things as cooked meats—particularly tenderized hams, fowls, fish, custards, cream-filled pastries and cakes, cooked salad dressings, stuffed eggs and egg salads, and the ever-popular potato salad—and one of the best ways to get into trouble is to leave the potato salad on the table because the refrigerator is full. All such foods must be properly chilled until brought out for the picnic meal.

Picnic Prepared

There are people who think that much of the food should be prepared right at the picnic grounds, but this must surely depend on the menu. Some items, like potato salad or sandwiches, can be made just as well on the spot as elsewhere and fruit can always be substituted for cream-filled desserts.

Other foods, such as chicken and ham, present greater difficulties. Many individuals solve the problem by transporting such items in a portable refrigerator box in which everything is kept satisfactorily cold until time for use.

If all this good advice is disregarded and sickness occurs in from two to three hours after eating the picnic lunch, blame can be laid on the toxins produced by the food poisoning bacteria belonging to the Staphylococci family, particularly Staphylococcus aureus.

They multiply like mad in such foods as warm cream stuffs, salads and salad dressings. Generally speaking, the greater the quantity eaten, the bigger the stomach ache.

Food Not Cooked

But if the symptoms, which in both instances include vomiting, diarrhea, abdominal cramps, and prostration, occur in from seven to 72 hours after eating, chances are that the illness is caused by a Salmonella infection from contaminated meat that was either insufficiently cooked or improperly refrigerated. This type of food poisoning is somewhat more tenacious in character and the individual sometimes takes as long as ten days to recover.

And please take note that galvanized containers should never be used for the mixing of acid foods or drinks, particularly fruit punches. This simple and apparently harmless procedure may end in a case of zinc poisoning that can prove very distressing indeed.

MEASLES END IN ROMANCE

San Francisco—While recuperating from a siege of measles, Bob Lofley of Auckland, New Zealand, picked the name of Suzanne Ruth Hanken from the correspondence column of a New Zealander magazine and began corresponding with her. That was in 1947. The romance flourished. Recently, Bob arrived in this country, met Suzanne face to face, they were both delighted and, after a stay in this country of four months, Bob intends to take Suzanne back to New Zealand as his bride.

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Blood Means Life

To Accident Victims

Each year accidents run up a huge toll across the nation. More than 90 times as many Americans were injured in accidents during 1952 as were wounded during the 3 years of the Korean war. A large number of accident victims suffer shock, amputations, or other serious injuries, and their survival depends on prompt use of human blood to help them. Often they receive serum albumin before reaching the hospital. It could be you, the child next door, or the neighbor across the street who will need blood this year. Give blood — give an accident victim an extra chance for survival.

Call your Red Cross chapter to learn when and where you can give blood.

IMAGINE'S VERDICT: **"Great Experience for any boy!"**

President Eisenhower, Henry Ford, Thomas Edison, Herbert Hoover, Ford Frick, Benjamin Fairless, Walt Disney, George C. Marshall, Bob Hope and Joe DiMaggio are among the many successful men who were at one time newspaperboys.

The boy who delivers your newspaper — just like these world-famous men — is getting an early business training.

He buys at wholesale, sells at retail and operates his own business. He increases his profits as he builds his route through good service and salesmanship. He even carries his own Accident Insurance.

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TORRANCE HERALD
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If you think your son or some other youngster might profit by similar Newspaperboy experience, why not suggest that he come in and talk to us.

Note to Subscribers: Please have your money ready when your Newspaperboy makes his collections. It will save him time and will also help him maintain his profits.

Phone Circulation Dept. FA 8-4004
For Further Information

Public Notices

TORRANCE HERALD
0121
NOTICE OF SALE OF REAL AND PERSONAL PROPERTY AT PRIVATE SALE
No. 334-530

In the Superior Court of the State of California in and for the County of Los Angeles.

In the matter of the estate of IRA WALTER GOSS, Deceased.

Notice is hereby given that the undersigned Administratrix, of the Estate of Ira Walter Goss, deceased, will sell at private sale, to the highest bidder, upon the terms and conditions hereinafter mentioned and subject to confirmation by the said Superior Court, on or after the 2nd day of August, 1954, at the office of Armstrong, Mewborn & Hitchcock, Attorneys for the Administratrix, 2211 Torrance Boulevard, City of Torrance, County of Los Angeles, State of California, all the right, title and interest that the estate ceased at the time of death and all the right, title and interest of said decedent, or said deceased has acquired by operation of law or otherwise, other than or in addition to that of said deceased at the time of death, in and to all that certain real and personal property particularly described as follows, to-wit:

Said real property located at 1617 Amapola Avenue, Torrance, California, more particularly described as Lot 4, Block 52, Torrance Tract, as per map recorded in Book 22, Pages 94 and 95 of Maps, in the office of the County Recorder of Los Angeles County, Los Angeles, California.

ALSO Household Furniture and Furnishings located at the above premises.

"TO BE SOLD AS A UNIT OR SEPARATELY"

Terms of Sale: Cash in lawful money of the United States on confirmation of sale. Ten per cent of amount bid to be deposited with bid.

Bids or offers to be in writing and will be received at the aforesaid office at any time after the first publication hereof and before date of sale.

Dated July 15, 1954.

RUTH MAY WINNEGUTH
Administratrix, of the
Estate of said decedent.

Armstrong, Mewborn & Hitchcock
2211 Torrance Boulevard
Torrance, California,
FA 8-3472
Attorneys for Administratrix
SW—July 18, 22, 25, 29.

TORRANCE HERALD
0256
NOTICE OF HEARING OF PETITION FOR PROBATE OF WILL
No. 355126

In the Superior Court of the State of California, in and for the County of Los Angeles.

In the Matter of the Estate of WILLIAM D. THORNBURG, also known as W. D. THORNBURG, Deceased.

Notice is hereby given that the petition of CLIAS. T. RIPPY for the Probate of the Will of the above-named deceased and for the issuance of Letters Testamentary thereon to the petitioner will be heard at 9:15 o'clock A.M., on August 10, 1954, at the court room of Department 4, of the Superior Court of the State of California, in and for the County of Los Angeles.

Dated July 19, 1954.

HAROLD J. OSTLY,
County Clerk and Clerk of the Superior Court of the State of California, in and for the County of Los Angeles.
By H. L. McLEAN,
Deputy.

Chas. T. Rippy, in-pro-per
1331 Post Avenue
Torrance, California
FA 8-7528
Attorney-at-law
SW—July 22-25-29; Aug. 1, 1954.

(Torrance Herald No. 0506)
NOTICE OF HEARING OF PETITION FOR PROBATE OF WILL
No. 355252

In the Superior Court of the State of California, in and for the County of Los Angeles

In the Matter of the Estate of VENNIE HUGH LYTLE, also known as VENNIE H. LYTLE, and as VENNIE H. M. LYTLE, Deceased.

Notice is hereby given that the petition of W. B. Hickcox and R. J. Deininger for the Probate of the Will of the above-named deceased and for the issuance of Letters Testamentary thereon to the petitioners will be heard at 9:15 o'clock A.M., on August 16, 1954, at the court room of Department 4, of the Superior Court of the State of California, in and for the County of Los Angeles.

HAROLD J. OSTLY,
County Clerk and Clerk of the Superior Court of the State of California, in and for the County of Los Angeles.
By H. L. McLEAN,
Deputy.

Dated July 22, 1954.
W. E. Kalbfleisch
1308 Sartori Avenue
Torrance, California.
FA 8-3647.
SW—July 25, 29-Aug. 1, 5, 1954.

NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN that a public hearing will be held before the Torrance Planning Commission on August 4, 1954, at 7:00 p.m. in the Council Chambers, City Hall, Torrance, on the following matter:

CASE No. 323: Petition of Leroy James Grant and Barbara Jean Grant for a Variance and Conditional Permit to construct professional offices and parking facilities for shopping center adjoining Lot 2, Block 4, Tract 15213 situated at 1710 West 234th Street, between Western Avenue and Huber Street in Land Use Zone R-1 (Single Family Residence).

All persons interested in the above case are requested to be present at the hearing or to submit their written approval or disapproval to the Secretary of the Torrance Planning Commission, Room 10, City Hall, Torrance.

TORRANCE PLANNING COMMISSION
GEORGE C. POWELL,
Secretary.
S—July 25, 1954.

TORRANCE HERALD

The Torrance National Bank, located at Torrance in the State of California, is closing its affairs. All creditors of the Association are therefore hereby notified to present claims for payment to the undersigned at 1329 Sartori Street, Torrance, California.

Dated June 22, 1954.
LIQUIDATING COMMITTEE OF TORRANCE NATIONAL BANK
By JAMES W. POST
And SAM LEVY
SW—June 27, July 1, 4, 8, 11, 15, 18, 22, 25, 29, Aug. 1, 5, 8, 12, 15, 19, 22, 26, 1954.

Public Notices

TORRANCE HERALD
CITY OF TORRANCE
California
NOTICE TO CONTRACTORS
(Improvement Act of 1911)

Notice is hereby given that sealed proposals will be received at the office of the City Clerk of the City of Torrance, California, for the construction of:

A SANITARY SEWER SYSTEM
VIA MONTE D'ORO AND CERTAIN OTHER STREETS
IN THE HOLLYWOOD RIVIERA SEWER DISTRICT NO. 1

until eight (8:00) o'clock P.M. on Tuesday, August 10th, 1954, on which date they will be publicly opened and read, for the furnishing of all materials, tools, equipment, labor and other necessary services for the improvement of the HOLLYWOOD RIVIERA SEWER DISTRICT NO. 1, described above, by the complete construction and installation therein of a sanitary sewer system together with all other items or work incidental or appurtenant thereto, all as described in Resolution of Intention No. 2592 adopted on the 29th day of June, 1954, by the City Council of the City of Torrance. Approximate quantities are as follows:

8" Standard V.C.P.		16,198 Lineal Feet
8" Extra Strength V.C.P.		4,616 Lineal Feet
6" Standard V.C.P.		13,477 Lineal Feet
Standard Manholes—	5' - 8' Deep	34 M.H.
Standard Manholes—	8' - 12' Deep	6 M.H.
Standard Manholes—	12' - 16' Deep	5 M.H.
Standard Junction Ch.—	5' - 8' Deep	12 J.C.
Standard Junction Ch.—	10' - 14' Deep	3 J.C.
Standard Flushing Manholes—	5' - 8' Deep	12 Std. F.M.H.
Standard Flushing Manholes—	8' - 10' Deep	1 Only
Standard Flushing Manholes—	16' - 18' Deep	1 Only
Standard Flushing Manholes—	18' - 14' Deep	1 Only
Standard D.D.M.H.—	14' - 16' Deep	1 Only
Standard D.M.H.—	8' - 12' Deep	2 D.M.H.
Standard D.M.H.—	12' - 16' Deep	4 D.M.H.
Standard L.H.—	5' Deep	1 Only
Standard Brick Chimney		75 Lineal Feet
Resurfacing		26,800 Lineal Feet
Special 5-way T.M.H.—	7' Deep	1 Only
Remodel Exist. L.A.C.S.D. Manhole to drop M.H.		1 Only

No bid will be considered unless it is tendered on the special proposal form furnished by the CITY ENGINEER. Each bid must be accompanied by a certified check or a bidder's bond in an amount equal to at least ten per cent (10%) of the amount of the bid, made payable to the CITY. Said certified check or bidder's bond will be forfeited should the successful bidder fail to enter into a contract to do the work herein specified and to furnish the necessary bonds within twenty-five (25) days after the date of the first publication of the Notice of Award of Contract.

Notice is hereby given that the successful bidder will be required to furnish a surety bond satisfactory to the STREET SUPERINTENDENT in an amount of not less than fifty per cent (50%) of the amount of the bid as a guarantee of the faithful performance of the contract, and a labor and material bond satisfactory to the STREET SUPERINTENDENT in an amount of not less than fifty per cent (50%) of the amount of the bid.

Notice is also given that, pursuant to the provisions of Sections 1770 to 1781, inclusive, of the Labor Code of the State of California, the CITY COUNCIL has ascertained the general prevailing rate of per diem wages in the locality in which the work is to be done for each craft or type of workman as follows:

Classification	Rate Per Diem
Air Compressor Operator	$13.80
Apprentice Engineer, including Fireman, Oiler or Greaser	17.84
Asphalt Plant Fireman	19.76
Asphalt Raker and Ironer	18.08
Boxman or Mixer Box Operator (Concrete or Asphalt Plant)	19.76
Bricklayer	25.40
Carpenter	21.60
Cement Finisher	21.60
Concrete Curer - Impervious Membrane	17.92
Concrete or Asphalt Spreading, Mechanical Tamping or Finishing Machine Operator	21.20
Concrete Mixer Operator - Paving Type and Mobile Mixer	22.00
Concrete Mixer Operator - Skip Type	20.00
Cribbers or Shorers	19.28
Flagman and/or Guard	16.40
Laborers, General or Construction	16.40
Material Loader or Conveyor Operator	18.80
Motor Patrol Operator, including any type of Power Blade	22.32
Road Oil Mixing Machine Operator	21.60
Roller Operator	20.56
Screed Operator	18.80
Sewer Pipe Caulker - Cement Joints	16.80
Sewer Pipe Caller (using Calking Tools)	17.92
Sewer Pipe Layer (Excluding Calker)	18.88
Skip Loader Operator - Wheel Type	20.00
Tractor Hi-Lift Shovel Operator	23.04
Tractor Operator - Bulldozer, Tamper, Scraper, Drag Type Shovel or Room Attachments	21.20
Tractor Scraper or Drag Type Shovel - Tandem	24.48
Trenching Machine Operator	21.84
Truck Driver (Legal Payload Capacity less than six (6) tons)	17.04
Truck Driver (six (6) to ten (10) tons)	17.28
Truck Driver (Dumpster Truck)	20.08
Truck Driver (Transit-mix, two (2) yards)	17.52
Truck Driver (Transit-mix, three (3) yards)	18.08
Truck Driver (Water Trucks, less than 2500 gallons)	17.52
Truck Driver (Water Trucks, 2500 gallons or more)	18.48
Watchman	15.76
Any classification omitted herein, not less than	16.40

Revised Per Diem Rates as of June 15, 1953.

Foremen except as otherwise separately classified shall be paid not less than $1.40 per day more than journeyman rate for the craft involved.

Provided that not less than one and one-half times the prevailing rate shall be paid for any working time more than eight (8) hours during any one calendar day, and for time on Saturdays, Sundays, and the seven legal holidays, to wit: New Year's Day, Memorial Day, Fourth of July, Labor Day, Armistice Day, Thanksgiving Day, and Christmas.

Provided that notwithstanding the general provisions contained herein, Flagmen, Guards, and Watchmen shall be paid one and one-half times the prevailing rate for overtime (overtime shall be time worked in excess of eight hours per day or forty hours per week) and the straight prevailing rate for time worked on Saturdays, Sundays and Holidays where such time does not constitute overtime.

The foregoing prevailing wage schedule is based upon a working day of eight (8) hours and in the event that laborers, workmen, or mechanics are employed less than eight (8) hours per day, the rate of per diem wages shall be deemed to be that fraction of the foregoing rates that the number of hours of employment bears to eight (8).

The rate of compensation for any classification not listed in the schedule, but which may be required to execute the proposed contract, shall be commensurate and in accord with the rates specified for similar and comparable classification or for those performing similar or comparable duties.

The time within which the aforementioned work must be completed by the Contractor undertaking the same has been fixed at one-hundred and fifty (150) calendar days from and after the date of execution of the contract agreement.

It shall be mandatory upon the Contractor to whom a contract is awarded, and upon all Subcontractors under him, to pay not less than said general prevailing rates of per diem wages to all workmen employed in the execution of the Contract.

All bids will be compared on the City Engineer's estimate of the quantities of work to be done.

No bid will be accepted from a Contractor who has not been licensed in accordance with the provisions of Business and Professions Code, as amended.

The CITY COUNCIL reserves the right to reject any or all bids or waive an informality, technical error or discrepancy on a bid, if said action is deemed to be advantageous to the CITY.

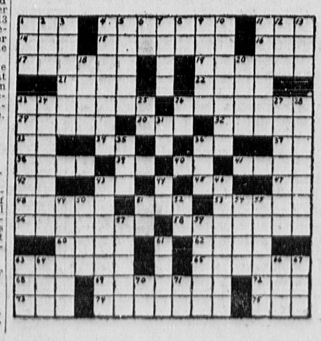
Plans, specifications and proposal forms may be obtained from the office of the City Engineer, City Hall, Torrance, California, upon a deposit of Ten Dollars ($10.00), which deposit is refundable upon the return of the plans and specifications at any time within ten (10) days from the date of the award of contract.

By order of the City Council of the City of Torrance contained in Resolution No. 2602 adopted on the 20th day of July, 1954.

A. H. BARTLETT
City Clerk of the City of Torrance,
California

SW—July 25, 29, 1954.

Crossword Puzzle



HORIZONTAL
1. Serpent
4. Shrieks
12. Alburnum
14. Amphibian spawn
15. Secret
16. Topsy's pal
17. Card game
19. Lie prone
21. Pedal digits
22. Possess
23. Enliven
26. Spoken
29. Poison
30. Floor washer
32. Wrinkled tissue
33. With (French)
34. In this way
36. Exclamation
37. Wether
38. Flower
39. We
40. Has being
41. Urn
42. Behold!
43. Nose
45. Quiet!
47. Tantalum (Abbr.)
48. Gives forth
51. Snow shoes
53. Matured
56. Damask-like pattern
58. Tears down
60. On sheltered side
62. Plate
63. Bets
65. Liquid ounce
68. Grain
69. Empress
72. Hurray!
73. Affirmative
74. Most sorrowful
75. Secret agent

VERTICAL
1. Exist
2. French coin
3. Fruit jelly
4. Shrieks
5. Tuft
6. Railway (Abbr.)
7. Heroic
8. Dry
9. Power
10. Scrape
11. Drastic
12. Hail
13. Comrade
18. Like (prefix)
20. Over
22. Helped
24. Fibrous tumor
25. Printer's measure
26. Aloft
27. Letter
28. Beats
31. Belonging to
35. Not in
36. Beast of burden
43. States
44. All right (Abbr.)
46. Place of abode
49. Idols
50. Story
51. Direction (Abbr.)
52. I would (Contr.)
54. Run
55. Escorts
57. Interjection
59. Platitudes
61. Poet
63. Distorted
64. Yes
66. Knock
67. Behind
70. Advertisement
71. Thou to (Abbr.)

Look for Answers on Page 11

The Torrance Herald and the Torrance-Lomita Shoppers Classified Ads Now Reach Approximately 100,000 Readers 100% Coverage of
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HARBOR CITY
RIVIERA
NORTH TORRANCE
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CARSON AREA

Closing time for acceptance of Classified Ads is Friday and Tuesday at 5 p.m. Ads received later will be held over to the following issue. Not responsible for more than one incorrect insertion. Errors will be corrected by re-publication only.

CALL AT OFFICE,
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FAirfax 8-4000

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CEMETERIES 3

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Redondo Beach, Calif.
Frontier 2-1017

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LOST AND FOUND 6

LOST—Blue-Grey and white cat. Wearing a bell collar. Lost from 1941 Middlebrook Rd. Reward. DA 6-6342.

SPECIAL NOTICES 7

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