

YOUR M.D. OFFERS

Health Facts

By Los Angeles County Medical Association
The "growing up," or adolescent period is frequently a fretful one for parents who fail to recognize and understand the physical and emotional changes at this time in their children.
As the child enters this period, his growing maturity takes on a new approach. Normally dependent on the security, love and confidence provided by his parents, he unconsciously seeks to break away so that his own independence may be established.

Home, food and clothing are still accepted but freedom is sought from parental influence from being told what and what not to do, freedom to enjoy the styles of his group even though they may be considered by his parents entirely out of keeping with his age.

The wise parent will accept these changes calmly and if proper guidance has been given in the early years, authority can be maintained. Spontaneity in the child should be encouraged but directed. Enthusiasm should not be curbed but directed.

Security must come from parents and is given through protection, acceptance, affection, guidance, authority and example.

The greatest influence in the home on the child is example. A child is naturally imitative, so he reflects the environment of his home. Tensions, temper displays, unpleasant discussions are quickly imitated and adopted. On the other hand, if harmony and stability prevail, the child acquires poise and security.

The lack of security and self confidence leads to frustration and trouble. One child may react by introversion or drawing within himself, stammering and behavior disturbances which ultimately end in psychoses. Another may show resentment, rebellion, aggressive behavior and delinquency.

Security can be dampened, and even destroyed, by non-acceptance, lying, nagging, inconsistency, arguing, split authority and bad example, while self confidence may be impeded by over-protection.

California Wins Top Honors in Ford Event

Top honors went to California high school students who won 25 per cent of the total awards in the 1953 Industrial Arts Craftsmanship Awards contest conducted by the Ford Motor Company.
California reaped 179 prizes—more than twice as many as its nearest competitor.

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Easy to apply—no experience necessary—can be brushed, rolled or sprayed. Dries in 30 minutes—ready to use, just stir and apply. Vinyl Plastic Paint is an all purpose exterior flat finish that covers any type (new or old, damp or dry) stucco or brick surface that is in paintable condition. It has outstanding adhesion, color permanence and lasting protection against alkali, sun rays, and sea air.

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HEAVY STEEL PAINT PAIL
REG. 59c **29c**
Can be burned out to clean. Will last for years. No other steel paint has such a long life! No deliveries.

MARINE HOUSE PAINT
Semi-Synthetic REG. \$9.95 **\$5.98** Gal.
Covers like enamel. Stays white. One coat covers, easy to apply. Excellent for outside of house. Wears like iron. Qt. \$1.79

FENCE & BARN PAINT
(Oil Base) REG. \$2.25 **1.98** Gal.
White and six colors

ALUMINUM PAINT
(Asphalt Base) REG. \$3.75 **\$2.49** Gal.
For outside and inside — for metal or paper roofs. Qt. 87c

SHINGLE STAIN
(In 5-Gallon Cans) REG. \$2.50 **\$1.88** Gal.
They're smooth and flaky ground — made from the finest grades of 100% pure colors that can be purchased. They keep their original color and stay fresh looking for years. Single gal. \$1.78

12-DAY SPECIAL—ENDS WED., JUNE 23
PLASTIC LOG OIL
Regular Price Is \$2.98 **\$1.98** Gal.
For exterior and interior surfaces—Said to clear and remove color. Has a tough, glossy finish. No deliveries on this item—No sales to dealers—Rights reserved to limit quantities.

REG. 55c **PAINT THINNER** 16c Gal. Bulk
You Can Borrow Containers from Us—Or Bring Your Own Containers.

REG. \$5.29 **RUBBER BASE WALL PAINT** 3.98 Gal.
1 Coat Covers — Pure Latex Paint — White & Colors
Leaves a tough, washable, plastic-like finish. Can be brushed, rolled or sprayed. It seals and covers of the same time. Same surface may receive a dark and light colors same price.

SYNTHETIC ENAMEL Qt. \$1.69
"The Best Money Can Buy" — High Gloss. Covers for iron & steel. Covers for furniture, walls, metal, garden furniture, etc. Covers for metal, garden furniture, etc. Covers for metal, garden furniture, etc.

CEMENT ENAMEL \$1.49 Qt.
Synthetic, for Floors, Wood and Cement Surfaces — 1 Coat Covers — R.G. \$1.75 Qt. Dries in 4 to 8 hours.

READY MIX CONCRETE 40-lb. Sack **76c**
Finish, 40-lb. sack 87c. Mortar, 40-lb. sack 92c. Perfect for patio work, laying brick, paring concrete or stucco. Shovel Pack, 40-lb. sack \$1.11

12-DAY SPECIAL—ENDS WED., JUNE 23
FENCE PAINT PURE LINSEED OIL BASE
Regular Price Is \$1.98 **\$1.19** Gal.
Lined oil base. White, green, blue and terra cotta. Spanish maroon, beaver brown, silver grey. No deliveries on this item—No sales to dealers—Rights reserved to limit quantities.

100% PURE GUM **TURPENTINE** REG. \$1.47 **98c** Gal.
5 Gal. Limit—Best Turpentine Money Can Buy (Water Clear)—Top Quality—(Bulk), Store Low Requires No Solvent. Container for Turpentine — Bring Your Own or Borrow from Us.

12-DAY SPECIAL—ENDS WED., JUNE 23
HUGHES ONE COAT WALL PAINT Famous Hue Tone! **\$3.98** Gal.
The New Self-Sealing Synthetic Wall Paint—Reg. \$4.50—A Flat Wall Enamel that is quick and easy to apply over interior stucco, brick, sand finish wall, wallpaper, Kolomite, wall board, plaster board, etc. One coat covers most surfaces, dries quickly. This new self-sealing flat enamel wall paint leaves a soft ceiling. It requires no experience or skill to apply. New walls and deep colors first require 1 coat of special sealer (Hucosel), before applying Hue Tone.

CRYSTAL ENAMEL Hi-gloss or semi-gloss Quarts **\$5.79** Gal.
Reg. \$6.85 Gal. "Our Best" 1 Coat Covers Both of these new colors are beautiful, lasting washable finish that is very easy to apply. Ideal for interior walls and woodwork. White, 24 colors.

ROOF OIL 95c
Lined Oil Base (bulk)
Dark

LOG OIL \$2.98
Synthetic, Reg. \$4.35 Gal. Leaves a beautiful, rich, smooth, shiny plastic finish that wears like iron. Clear and reddish washers. 87c Qt.

SEALERS Hucosel **\$2.98**
For exterior and interior 1 coat Gal. seals new and old walls perfectly for dark colors. Plaster soaker interior only. \$3.29 Gal.

REDWOOD OIL STAIN 98c
Reg. \$1.25. Stains, colors and preserves new and old wood. \$2.89 Gal. Qt.

COLORED OIL STAINS Colored Varnish Stains Qt. \$1.45 **98c** Qt.
In all popular wood colors.

STUCCO CEMENT PAINT In 25-lb. bags. Water proofs, beautifies and preserves. 50 pounds does the average 6-room house one coat. 25-lb. bag **12c**. White and 24 Colors.

PAPER DROP CLOTH These are extra heavy, tough, pliable, chemically treated paper. 10-ft. x 12-ft. **98c** 5-ft. x 10-ft. **49c**

L.T.Z. PASTE (CHAMPION) — **26.19** (DE LUXE) — **20.79**
"Best Money Can Buy" — 1 gal. makes 2 gal. of paint — 100 Lbs. — Reg. \$36.32 — 30% Lead — 30% Zinc — 40% Titanium ground in 100% Pure Linseed Oil. 25 Pounds (Gal. Cont) \$6.79

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MARINE ENAMEL 1 Coat Synthetic Enamel. Reg. \$7.50 Gal. **\$5.98** Gal.
For iron & steel work. Recommended where permanent whiteness and extra shiny finish are desired—will not yellow—widely used on garden furniture, kitchen sinks, refrigerators, etc. It leaves a tough film that defies hard wear and abuse. — Qt. \$1.79

CHAMPION ENAMEL Floor — Parth and Cement. 2 colors. 5 Gall. **\$1.29**

SCREEN ENAMEL Varnish Base Gal. 2.79. Reg. 1.15 Qt. **98c**

LACQUER THINNER Top Grade **\$1.09 GAL.** Wash Grade **65c GAL.** (Metal Containers Only)

REG. 70c SINK ENAMEL Resists acids, strong soap, hot water and hard wear. White. 1/2 qt. **59c**

HI-GLOSS ENAMEL CHAMPION **\$3.98** Gal.
Hi-Gloss Enamel. Reg. \$4.40 Gal. — 1 coat covers. For woodwork, kitchen and bath. Easy to apply. White. 1/2 qt. **\$1.29**

Champion Semi-Gloss Enamel Reg. \$4.40 — 1 coat covers. For woodwork, kitchen and bath. Easy to apply. White off white, ivory. **\$1.29** Qt.

1-COAT ENAMEL Hi-Gloss White Gal. **\$2.98**