

The Torrance Public Library problems, the DAV announced the handicapped veteran, the study unit gives for reference purposes: types of war disabled veterans; history of disabled veterans; the disabled veteran in the disabled veteran and his obligation of our democracy to a democratic society; rehabilitation of the disabled veteran; and disabled veteran legislation.

Public libraries throughout the nation are now making the unit a part of their reference collections. A recent survey shows that one out of every 10 living Americans who fought in this na-

tion's wars, including Korea, has been wounded, injured or disabled as a result of military service. There are approximately 20 million living ex-servicemen in the United States today and more than 10 per cent of this number—2,357,689 as of a recent date—are recognized as disabled by the Veterans Administration.

DWELLING UNITS
New York City has more than 2,200,000 dwelling units.



NEW TECHNIQUE . . . A new artificial respiration technique, the Nielson "back-pressure arm-lift" method, which has now been adopted as standard by the American Red Cross, the Armed Forces, and the National Safety Council, is demonstrated in these scenes from a new motion picture, "Seconds Count," produced by the Aetna Casualty and Surety Company. The 10-minute movie, which portrays a step-by-step demonstration of the Nielson method, may be obtained without charge for showings by contacting local Aetna representatives or through the company's public education dept. at Hartford, Conn. The "back-pressure arm-lift" method increases chances of revival since it pulls fresh air into lungs as well as expelling air from them. In administering it, rescuer rocks forward, exerting pressure on victim's back (top photo), and then rocks backward grasping victim's arms (bottom photo), repeating cycle 10 to 12 times a minute.

Guide List To Local Summer Camps Given

By ROY O. GILBERT, M. D.
Los Angeles County Health Officer

If your home harbors children between the ages of 10 and 16, it is almost a sure bet that summer camping is becoming a major subject of conversation.

The following information has been assembled as a general guide concerning costs, types of camps, programs, and supervision.

In Southern California camping opportunities are almost unlimited. Campsites are scattered from Griffith Park, which is only five miles from the Los Angeles Civic Center, to Catalina Island and into the most remote sections of several mountain ranges. One of the "camps" caters to hikers and bicyclists who stay at hotels or pitch camp at the end of their day's travel.

The cost at summer camps range all the way from \$100 per week (Boy Scouts who bring their own chow) to \$150.00 for girls who go in style. The average cost at camps sponsored by organizations such as churches, YMCA, YWCA, and school districts is about \$15.00 to \$20.00 a week.

Many sponsoring organizations offer free or part-pay "camper-ships" to youngsters who are unable to afford the established prices. It is necessary that parents or youngsters write to the camp of their choice in order to get information about such camper-ships.

Camp programs are almost as varied as the interests of the children who attend. One camp is set up for those who play musical instruments, another for the hearing handicapped. Hard of hearing children, however, are placed in camps designed for normal children. A number of camps specialize in providing opportunities for children who are emotionally disturbed, mentally retarded, or who are handicapped in other ways. Some camps are operated for those of certain religious beliefs.

Most camps belong to the Southern California Camping Association which has set standards for administration, program, personnel, health, safety, and sanitation.

Health standards require that each camper and staff member have a complete physical examination by a registered physician within a week prior to arrival in camp. Each camp must have a physician available within one hour, and every camp staff must include a nurse, intern, or a person who holds a Red Cross First Aid certificate.

Provision for adequate rest, use of pasteurized milk, water tested by public health officials, and menus approved by a competent dietitian are required.

Safety standards insure that all water activities be supervised by a certified water-safety instructor. Transportation must be available at all times, and camps must have access to 24-hour telephone service. Campsites must be kept in order and in a state of repair necessary to minimize the possibility of accidents.

All camps in Los Angeles County operate under the permits of the County Health Department which require that sanitary standards be maintained. A corps of inspectors specially trained in mountain and

rural sanitation provides supervision which is probably more complete than that offered by any other health department in the United States.

Anyone interested in summer camping in Southern California may obtain a detailed Directory of Camps from the Camping Bureau of the Welfare Council of Metropolitan Los Angeles, 729 S. Figueroa St., Los Angeles 17, (MI 8821).

Hot Rods Set For Speedfest On Local Oval

The roaring hot rods of the California Roadster Association return to Carrell Speedway Saturday night (June 20) at 8:30 for a speedfest topped by a 30-lap main event.

Racing Director Don Bastie expects an entry of 40 or more of the fastest hot rods.

Bob Denny, who won a 100-lapper Memorial Day, will be favored to take the checkered flag. Denny is one of the fastest drivers in Southern California.

Dempsey Wilson will be driving his Chrysler-powered roadster. Wilson is an ex-3A pilot with plenty of racing know-how.

Early entries for the race include Conby Scroggins, Tiger Nick Valenta, Chuck (Hustling) Hulse, Rosey Rousell, Chet Bingham and Ed Lockhart.

Qualifying will start at 7 p.m. with the first race set for 8:30.

It's as easy as A B C—easy because you can save the automatic way . . . the Payroll Savings way! All you do is tell your employer the amount you want to save . . . and automatically . . . before you get a chance to spend it . . . that amount will be set aside from your salary and invested in U. S. Savings Bonds for you. What's more . . . those savings work for you! Because your Bonds keep earning interest at the rate of three percent compounded semi-annually when held to maturity. And remember, every Savings Bond you buy is now even better. Help America while you help yourself!

Father's Day Feature at SAFEWAY



BEEF RIB ROAST

Tender, Juicy, Full Flavored!

He'll be pleased as Punch when you serve him tender, juicy, full-flavored Rib Roast on Father's Day. And to be sure that the rib roast is perfect . . . shop Safeway, where rib roasts are cut 7" long from the first five ribs of gov't graded U. S. CHOICE BEEF fully aged for tenderness and flavor, then trimmed to give you more good eating meat in every pound you buy.

lb. **69¢**

SAFEWAY RIB ROASTS ARE FULLY TRIMMED

At Safeway heavy chine bone and short ribs are removed before roast is weighed . . . light layer of fat is added to help seal in flavorful juices.

- FRESH FRYERS** FANCY CHICKENS **59¢**
Eviscerated, grade A. Whole or cut-up. Excellent served with Ocean Spray cranberry sauce.
- SKINLESS FRANKS** 1-lb. **49¢**
Somerset brand. No. 1 quality. In Cello.
- BEEF LIVER** SLICED OR IN PIECE **49¢**
Excellent served with bacon or with onions.
- HALIBUT STEAKS** **59¢**
Captain's Choice, packaged ready for the pan.

- Typical Safeway Values**
- Ripe Olives Ebony brand 9-oz. can **19¢**
 - Large Ripe Olives Ebony brand 9-oz. can **21¢**
 - Heinz Mustard Yellow or Brown 6-oz. jar **10¢**
 - French Dressing Girard's 6-oz. bottle **24¢**
 - Gelatin Dessert Jell-well 2 3-oz. pkgs. **13¢**
 - Jell-well Pudding 2 3-oz. pkgs. **15¢**
 - Noodles Gold Medal Egg Wide or Medium 1-lb. pkg. **37¢**
 - Pie Crust Mix Pillsbury brand 9-oz. pkg. **19¢**
 - Comfort Tissue Toilet Paper 4 rolls **37¢**
 - Homogenized Milk Lucerne, Pasteurized, Vitamin D added. half gallon **42¢**
 - Concentrated Milk quart carton **52¢**
- Lucerne. Each quart makes three. Lucerne prices effective only in Los Angeles milk marketing area.

FEATURED GROCERY VALUES

- SHARP CHEESE** Wisconsin Cheddar. Dad'll like its flavor. **63¢**
- CHUNK TUNA** Breast O' Chicken 6 1/2-oz. can **27¢**
- CINCH CAKE MIX** White, golden, spice, devil fudge. Add water, mix. 17-oz. pkg. **29¢**
- NIBLETS** MEXICORN 12-oz. can **17¢**
- TIDE SUDS** 19-oz. pkg. **25¢**
- GOLDEN CORN** 12-oz. can **15¢**
- GIANT** 47-oz. pkg. **59¢**

GROUND BEEF
It's Good, you can depend upon it. Made to a formula, packed in Visking for YOUR protection. Lean, juicy, flavorful. **39¢**



- CIGARETTES**
Popular brands. Carton of 10 packs. A Father's Day feature.
KING SIZE **1.69**
per carton
REGULAR SIZE **1.59**
per carton
- PIPE TOBACCO**
Prince Albert, Half & Half, Edgeworth Ready Rubbed, Velvet. In pocket size pack.
2 for 23¢
(Carton of 12, 1.37.)

- LIPTON'S TEA**
Yellow label, fancy black tea.
1/4-lb. **35¢** 16-bag **21¢**
pkg.
- "FRESH" SOAP**
Deodorant. Toilet soap. **2 bars 29¢**
- DOG FOOD**
Dr. Ross. Horsemeal. **2 1-lb. cans 35¢**

- SWIFT'S BABY MEATS**
Chopped or strained. 3 1/2-oz. can **19¢**
- BEVERAGE BARGAINS**
for your refreshment

- DEVIL'S FUDGE RANCH CAKE** SPECIAL **39¢**
RICH, RICH CHOCOLATE in delicious cake and frosting . . . baked the Curtsy "home ingredient" way!
- KERN PURE JELLIES**
Grape or 12-oz. jar **19¢**
Crabapple. jar
(Currant, 12-oz. jar, 23¢.)
- DUTCH MILL CHEESE**
American-Mild. 2-lb. **98¢**
Cheddar-rich. pkg.

- APRICOTS**
Royal Variety. Northern grown. Sweet, juicy, full flavored fruit. **10¢**
- HEAD LETTUCE**
Crisp, solid, firm. Fine for salads. **6¢**
- PIPPIN APPLES** 3 lbs. **25¢**
Oregon grown. Fine for pies or sauce.
- JUICY LEMONS** **10¢**
Thin-skinned. For cooling summer beverages.

- Beverage Values**
- Ginger Ale White Rock 2 28-oz. bottles **45¢**
 - Club Soda White Rock Sparkling Water 2 28-oz. bottles **39¢**
 - Orange Soda Cragmont 2 32-oz. bottles **29¢**
 - Acme Bull Dog Ale 32-oz. bottle **38¢**
 - Case of 12, 4.43.
 - Acme Bull Dog Ale 2 12-oz. cans **35¢**
 - Case of 24, 4.09.
 - Lucky Lager Beer 32-oz. bottle **36¢**
 - Case of 12, 4.16.
 - Maier Brew "102" 32-oz. bottle **36¢**
 - Case of 12, 4.16.
 - Beer in Cans Lucky Lager 12-oz. or Brew "102" can **17¢**
 - 6 cans, 1.02; case of 48, 7.98.
 - Deposits extra on bottled beverages. No deposits on canned beer.

Sunnybank Summer Special **SAVE 25¢** on SUNNYBANK MARGARINE

Send starred end flaps from two 1-lb. cartons of Sunnybank Margarine, with your name and address, to Coldstream Products Co., 405 14th St., Oakland, Calif. We will send you 25¢. Offer limited 1 to a family, closes August 1, 1953. Buy Sunnybank today!

SUNNYBANK MARGARINE **lb. 25¢**

GUEST ICE CREAM
Cottillion. Popular flavors plus Chocolate Marble, pint **23¢**
Orange-Pineapple, carton (2 pints, 45¢.)

PRICES EFFECTIVE THURS., FRI., SAT., JUNE 18, 19, 20, 1953, AT SAFEWAY STORES IN LOS ANGELES COUNTY (Thru Sunday in Stores open Sunday)

Right to limit reserved. No sales to dealers. Sales tax added to retail prices on taxable items.



SAFEWAY

2171 PACIFIC COAST HWY., LOMITA
Open Friday and Saturday Nights until 9 p.m.

BIG SOAP SPECIAL!
WHITE MAGIC washes everything cleaner, whiter, brighter—or double your money back!
GIANT SIZE, 3 PKGS. YOU SAVE 20¢ **78¢**
LARGE SIZE, 2 PKGS. YOU SAVE 10¢ **42¢**

1301 SARTORI AVE., TORRANCE
Open Thurs., Fri., Sat. Nights until 9 p.m.