

Counselor Named

Dr. Ralph K. Timothy has been appointed acting head counselor at Harbor Junior College, replacing Miss Florence E. Murphy, who has been assigned to the position of consultant with the curriculum division of the Los Angeles city board of education, Raymond J. Cassey, director, announced.

Newsman Tells His Own Success Story

Throughout the years there have been numerous success stories of how this man or that man started from nothing and finally achieved prosperity. But the best of all success stories is, where a man in a run-down condition finally gets to where he feels wonderful again.



Wm. Bogard, A.C.O.L., he says, "I wish I could tell my story to every man and woman in the country who is now suffering as I was suffering." Mr. Bogard was suffering a deficiency of Vitamins B₁, B₂, Nicotin and Iron, which HADACOL contains.

Here is Mr. Bogard's own statement telling how HADACOL helped him:

"Two years ago, at age 40, I was convinced that nothing remained for me in life. The most encouraging words I ever heard were: 'Maybe you will get straightened out after a while. The only thing that really mattered to me was how I felt and the fact that my apparent decline had brought my many dreams and aspirations in total ruins before my feet.'

"I heard and read many stories and testimonials concerning HADACOL, but, unfortunately for me, I didn't take any of them seriously. I considered these testimonials to be from fictitious people with imaginary ills who talked solely for money. How wrong I was! In spite of my seriousness, I decided to try HADACOL for a one. I took great care that no one knew I was taking it because I feared their ridicule.

"I took three bottles of HADACOL before I began to feel its effects. After that, my progress was steady and sure. My appetite picked up. I not only ate at meal time, which I had not been doing before, but I enjoyed in-between-meal snacks of delicacies which I had long since forgotten.

"I wish I could tell my story to every man and woman in the country who is suffering as I was suffering; I wish I could let them know and make them believe that what I say is all truth and none fiction."

Remember HADACOL is sold on a strict money-back guarantee. And so inexpensive. Trial-size bottle only \$1.25. Large family or hospital size, \$3.50. If you druggist does not have HADACOL, order direct from The LeBlanc Corporation, Lafayette, La.

Salvation Army Needs Discarded Furniture Badly

The Salvation Army's social service department urgently needs discarded furniture to continue its program of social rehabilitation. Brigadier Ranson D. Gifford, newly installed social service district officer, said this week.

Furniture needed now by the center includes davenport, tilt backs, bedroom and kitchen pieces, occasional chairs, a r.m. chairs and platform rockers. A telephone call to Torrance 1283 will bring a Red Shield truck to your home-on office.

The social center's stock of reconditioned furniture has been almost completely exhausted. Brigadier Gifford said in making the appeal to residents of this area.

He pointed out that discarded furniture provides a two-way means of carrying out the Salvation Army's rehabilitation program. Reconditioning of salvage articles provides work therapy for indigent and handicapped men. A total of 228,000 hours of work therapy was provided by the center serving the Southern California area last year. Sales of these refurbished articles at small cost helps low-budget families.

Disaster Relief Plan Announced

Facilities and personnel of El Camino College will be prepared to assist residents of the area in the event of disaster, according to disaster relief plans of the college now being formed. Under the general direction of College President Forrest G. Murdock, the entire college staff, assisted by student leaders, has been set up as a disaster relief committee. Last week a warning siren was installed on the campus and successfully tested.

Plans to use the school facilities as a relief center are now being formed in conferences between Ernest Dixon, Los Angeles and Orange County disaster relief coordinator, and Dr. Samuel Ellis, El Camino psychology instructor, who has been appointed coordinator of the college organization.

Other committee heads include training program, Carl Arfwedson, H. J. Sheffield, and Dr. Lyle Tussing; warning and communications, Beryl Keene; building assignments, John Hartley; rescue squads, Rex Baumgardner; food supply, Miss Wilda Nylen; protection of campus equipment, Richard Haley; wardens, Warren Peterson; traffic control, Merle Sloan; messengers, Jack Hileman; first aid, Wayne Durston; and gas decontamination, John McQuerry.

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Big 18" Diameter! Encircled with Lovely Leaf Design!
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✓ For Living Room
✓ For Bedroom
✓ For Hall or Bath

With glass as scarce as it is, these mirrors are a sensational value. Beautifully designed and exceptionally well made. Perma-silvered; fibreboard backing, metal hangers... ready to put up.

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2 1/2" FIBRE - KILLS SNAILS, SLUGS
PLASTIC GARDEN HOSE 395
SNAROL 75
10-OUNCE GOPHER OR RAT POISON **49**
PINT TIN BLACK FLAG **INSECT SPRAY** 37
BLACK FLAG-12 OUNCE **Aerosol INSECT BOMB** 98
36-INCH LONG WOOD HANDLE **WEEDER** 13
25-FOOT, RED OR GREEN-GUARANTEED **PLASTIC GARDEN HOSE** 395
2 1/2" POUNDS-KILLS SNAILS, SLUGS
SNAROL 75
10-OUNCE GOPHER OR RAT POISON **49**
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How to make good telephone service even better...
Give him time to answer
How many times have you answered the telephone just as someone hangs up? You know it's not always possible to get to the telephone the moment it rings. So best way to make sure you get the person you're calling is to give him a full minute to answer.

Good way to stretch your telephone dollar
When you make a Long Distance call, you can get the most for your money if, ahead of time, you make notes of the things you want to talk about. Then, during your call, jot down the things you want to make sure to remember. With the right planning, you can say as much in a three-minute call as in an exchange of letters. And did you know you can make a three-minute station call, clear across the country, for just \$2.00, plus tax, after six in the evening.

When you take the kinks out of your telephone cord, you help protect your own service. For too many twists may break some of the tiny wires in the cord, causing you to hear a "frying" noise. Let the receiver unwind by itself... then keep the curls out by remembering not to put a turn in the cord as you handle the receiver.

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Now, a dramatically new shampoo that gives hair dazzling highlights... reveals the full beauty of hair color... cleanses to undreamed-of softness and fragrance!
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