

Your Kitchen Counsellor

HARRIETT SMITH

Southern California Gas Company Home Service Representative

PLAN WINTER BARBECUE

Looking for a good idea for dinner? What could be more tasty than a fine winter barbecue of spare-ribs?



One definition of barbecue is "to cook meat in a highly seasoned vinegar sauce." And spare-ribs take to that like mashed potatoes take to gravy.

Rice, steamed to tender fluffiness in the oven or on top of the stove makes a fine accompaniment for barbecued ribs. The flavorful sauce you'll use on the ribs tops it to perfection. A favored green vegetable and a salad rounds out the main part of the menu and you add other dishes as desired.

You may find any number of recipes for fixing the ribs. Some do them in a turn in the broiler. Others cook them in the oven. Then there are directions for completing the entire process on top of the range.

There's an important point all good recipes for cooking spare-ribs have in common — time is allowed for thorough cooking. In fact, all pork should be cooked well-done, regardless of the cooking method.

We've selected three of our very best spare-rib recipes for you. Hope you'll like every one of them as well as we do.

BROILER BARBECUED RIBS

- 1/2 C. Vinegar
- 1/2 C. catsup
- 2 Tbsp. lemon juice
- 2 Tbsp. soy sauce
- 1 tsp. horseradish
- 1 Tbsp. Worcestershire
- 1/2 C. pineapple juice
- 2 tsp. dry mustard
- 1/2 tsp. paprika
- 1/2 C. brown sugar
- 1/2 C. tomato sauce to taste
- 4 to 5 lbs. spare-ribs

Combine all ingredients except spare-ribs in a saucepan. Bring to boil. Thoroughly broil ribs in the broiler. Drain off the fat. Turn broiler flame low. Baste ribs with

hot sauce and continue cooking for at least 20 min. Turn and baste ribs frequently during the broiling. If desired, place ribs in a large baking pan after they are browned and finish cooking in the oven at 350°, turning and basting often with the sauce.

CHINATOWN SPARE-RIBS

- 3 lbs. spare-ribs
- 2 Tbsp. shortening
- 3 Tbsp. brown sugar
- 1/2 tsp. salt
- 1/2 Tbsp. cornstarch
- 1/2 C. vinegar
- 1/2 C. water
- 1/2 C. pineapple juice
- 1 onion, chopped
- 1 green pepper, chopped
- 2 slices pineapple-cut 1 cubes

Cut spare-ribs into serving pieces and simmer in boiling water until ribs are tender. Allow about an hour. Add 1 1/2 tsp. salt for each quart of water used for the cooking. Drain ribs thoroughly. Heat shortening until ribs absorb a good part of the sauce (10 to 15 min.). Cut spare-ribs into serving pieces and simmer in boiling water until ribs are tender. Allow about an hour. Add 1 1/2 tsp. salt for each quart of water used for the cooking. Drain ribs thoroughly. Heat shortening until ribs absorb a good part of the sauce (10 to 15 min.).

OVEN-BARBECUED RIBS

- 3 lbs. spare-ribs
- 2 onions, thinly sliced
- 1/2 C. vinegar
- 1 C. canned tomatoes
- 1/2 tsp. salt
- 2 tsp. prepared mustard
- 2 Tbsp. brown sugar
- 2 Tbsp. catsup

Lay half of the spare-ribs in a roasting pan. Cover with half of the onions. Put in remaining ribs and top with the rest of the onions. Mix the other ingredients and pour this sauce over the ribs. Bake uncovered at 350° for about 2 hours.

FLUFFY OVEN RICE

- 1 C. rice
- 2 Tbsp. butter
- 1/2 tsp. salt
- 2 C. boiling water

Do not wash rice. Put rice in utensil with tightly fitting lid. Dot with butter and sprinkle with salt. Pour on boiling water. Cover. Place dish in oven. Set oven heat control at 350°. Bake 1 hour.

Home Nursing Course Will Be Sponsored

Harbor City PTA is sponsoring another class in "Home Care of the Sick" to start Monday, February 5, 9:30 a.m. The class will be held in the Harbor City school auditorium, President and 25th streets; and will be taught by Mrs. Marie Robertson, R.N., American Red Cross home nursing instructor. Classes, will be held Monday and Thursday mornings 9:30 to 11:30 for three weeks. They are limited to 15 to 18; there is no charge but purchase of the text book is advisable.

Women of the community are encouraged to enroll as it might be impossible to schedule another class soon. A demand for them has made equipment and instructions scarce. Anyone interested may call Mrs. George D. Weeks, Lomita 307-J.

This class is made possible through the co-operation of the American National Red Cross, Los Angeles Chapter, and Mrs. Winston L. Scott, principal of Harbor City School.

Pre-School Instruction

WHAT A COOPERATIVE NURSERY SCHOOL IS:

A pre-school in which mothers are a vital part of the teaching staff; mothers assist with the children one morning every two weeks under the direction of a skilled teacher; it operates on a half-day schedule; children are given the best possible opportunity for wholesome group play and individual growth; fathers are invited to participate in activities and particularly to help in building and repairing equipment. It is strictly a non-profit organization. enrollment fee and monthly dues spent for equipment, supplies and teacher's salary; its policies are shaped democratically by vote of the participating mothers.

WHAT IT OFFERS THE CHILD:

An environment in which he is free to fulfill his growing needs; a trained teacher to guide his socialization; a group of children his own age with whom to work and play; a gradual introduction into life away from his mother at a pace he sets himself—a preparation for entering the larger world of kindergarten; a group of friendly adults with whom he can develop new relationships outside his home; and a permissive atmosphere where he is accepted for his true worth, and not labeled bad or naughty because of his hostilities and antagonisms.

WHAT IT OFFERS THE MOTHER:

A feeling of her own importance in her child's development; acceptance into a friendly group

Flower Show Again Held In Inglewood

The annual California International Flower Show this year will be launched with a gala charity premiere sponsored by the Assistance League of Southern California.

March 2 is the date selected for the spectacular opening, and Hollywood Park, Inglewood, traditional home of the event, will again be the scene. The colorful spectacle will open to the public next day and continue through March 10.

Prominent in the exhibits this year will be a spectacular display of tulip bulbs, sent over from Holland. More than 30,000 blooms in riotous color will come to life this year.

In addition to all varieties of floral and garden club exhibits, other features of the show include a special art exhibition of paintings and sculpture, unusual flower arrangement displays, international gardens, and educational exhibits.

Roy Wilcox is general chairman of the California International Flower Show. It is sponsored by the Southern California Horticultural Institute and the Southern California Floral Association, non-profit organizations

of parents who face problems similar to hers; greater appreciation of her child's values and strengths; skilled guidance by a trained teacher who understands her child's behavior; the joy that comes from successful work with a happy group of children; new skills and knowledge in parenthood; free time away from the arduous tasks of child care on the mornings she does not work at school, to carry on her daily work or interests without interruptions from her child; and a better chance for friendship between her and her child upon his return from school after a morning spent apart.

IT OFFERS YOUR CHILD free play with such materials as easel painting, clay, paper cuttings and pasting, blocks, dolls and housekeeping toys; playground activities and skilled direction of music, rhythms and dramatic play. Fruit juice and crackers are served at mid-morning.

THE RECREATION DEPARTMENT has furnished a building at Torrance Municipal Park (on Santa Fe avenue, back of the playground).

Present meeting days are Tuesday and Thursday from 9 to 11:30 a.m. An expanding membership would allow the group to meet on a five-day basis. The enrollment fee is \$5.00 per family; monthly dues are \$7.00. Special excursions are arranged for the children as often as once a month. The December "treat" was a trip to a puppet show.

PLEASE VISIT US AT THE PARK. For additional information, phone Torrance 2487-M or 2291-M.

Roth's

TORRANCE 1321 POST AVENUE HAWTHORNE 115 S. Hawthorne Boulevard

340 EAST MANCHESTER, LOS ANGELES 2713 E. MAIN STREET VENTURA 2412 PICO BLVD., SANTA MONICA 5621 S. BROADWAY, LOS ANGELES 8240 E. FIRESTONE, DOWNEY

FREE PARKING WE CASH PAYCHECKS Prices Good FEBRUARY 1-2-3-4

Tax Will Be Added To Taxable Items

SELF SERVICE MEAT DEPT.

AMOUR'S BANNER SLICED BACON.....	45	¢ lb
STEER BEEF RIB STEAK.....	75	¢ lb
CENTER-CUT PORK CHOPS.....	69	¢ lb
FARMER JONES LINK SAUSAGE.....	55	¢ lb
EASTERN GRAIN FED PORK LOIN ROAST..	49	¢ lb
EASTERN PORK NECK BONES..	19	¢ lb
FRESH SLICED PORK LIVER.....	37	¢ lb
FRESH PIGS FEET.....	12	¢ lb
LARGE GREEN SHRIMP..	75	¢ lb
SLICED NORTHERN HALIBUT.	59	¢ lb

FARM FRESH PRODUCE

U. S. No. 1 WHITE ROSE POTATOES	10	¢ LBS
REAL BUY	19	¢ C. B. S.

Snow White CAULIFLOWER	8	¢ HEAD
Hothouse Grown STRAWBERRY RHUBARB	19	¢ lb.

Good Size FUERTE AVOCADOS	2	For 19
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SELF SERVICE DELICATESSEN DEPT.

FINE QUALITY Bologna	35	¢ lb.
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BORDEN'S BISCUITS	13	¢ can
Hormel Skinless WIENERS	53	¢ lb. pkg.

MIRACLE WHIP SALAD DRESSING

Full Quart Jar

59¢

S & W COFFEE

One Pound Can

73¢

GOLD MEDAL—10 lb. Bag FLOUR

89¢

EXCHANGE 46 oz. Can Grapefruit Juice

25¢

BLUE LABEL—24 oz. Glass Karo

19¢

ROSEDALE TOMATOES

No. 2 Can

19¢

MISSION INN WHOLE UNPEELED APRICOTS

No. 2 1/2 Can

23¢

SUNSHINE—SODA CRACKERS

Full Pound

27¢

NUCOA

One Pound Pkg.

34¢

MERRILLS SOAP	Reg. Pkg.	27	¢
WHITE KING SOAP	Lge. Pkg.	34	¢
SIERRA PINE TOILET SOAP	Bath Bar	4	35
SCOTCH CLEANSER	Reg. Pkg.	12	1/2
SCOTCH SOAP	Lge. Pkg.	29	¢
WHITE KING BAR SOAP	Reg. Bar	9	¢
PUREX BLEACH	Full Gal.	47	¢
PACIFIC TREETS	1-Lb. Pkg.	27	¢
ARGO GLOSS STARCH	12-Oz. Pkg.	10	¢
SILICONE	12-Oz. Can	98	¢
CALO CAT FOOD	No. 1 Can	12	1/2
OLD DUTCH CLEANSER	Reg. Pkg.	12	¢
RENUZ-IT DRY CLEANER	Full Qt.	99	¢
PARSONS AMMONIA	Full Qt.	23	¢
OLD ENGLISH PASTE WAX	1-Lb. Can	65	¢
UNCLE BEN'S CONVERTED RICE	14-Oz. Pkg.	21	¢
STOKELY CUT GREEN BEANS	No. 2 Can	23	¢
LUX BAR SOAP	Reg. Bar	9	¢
HEINZ BAKED BEANS	15-Oz. Can	16	¢
HEINZ TOMATO SOUP	11-Oz. Can	11	¢
HEINZ SPAGHETTI	15-Oz. Can	15	¢
HEINZ STRAINED BABY FOODS	3 Cans for	25	¢
HEINZ KETCHUP	14-Oz. Bottle	27	¢
HEINZ CIDER VINEGAR	Full Qt.	23	¢
LIBBY SLICED BEETS	No. 303 Can	15	¢
KREMEL ASS'T. PUDDINGS	4-Oz. Pkg.	7	¢
SWAN SOAP	Lge. Bar	10	¢

LIBBY'S SAUER KRAUT

No. 2 1/2 Can

16¢

TEA GARDEN GRAPE JUICE

24 oz. Glass

33¢

TRI-VALLEY—2 1/2 Can Fruit Cocktail

31¢

FROZEN FOOD SPECIALS

DRISCOLL STRAWBERRIES

12 oz. Package

35¢

LIBBY'S FRENCH FRIES

9 oz. Pkg.

23¢

LIQUOR DEPARTMENT

Mariposa California SWEET WINE

53¢ Full Fifth

Schmidt's City Club EASTERN BEER

29¢ qt.

Old Staggy Kentucky STRAIGHT BOURBON

3 Full Fifth