

'BEST SELLER' AUTHOR TO ADDRESS TORRANCE FREE LECTURE SERIES

Adele Davis, prominent Palos Verdes citizen, and author of "Let's Cook It Right," a nation-wide best seller, will speak on "Guarding Your Family Health" on Monday night at 7:30, November 14, in the Torrance High School auditorium. This is the second in a series of free lectures sponsored by the Torrance Council PTA and presented free by the Torrance School of Adult Education.

Miss Davis has been a diet consultant since 1931, and also is known as a consulting nutritionist. She is blonde, has steel grey eyes, a charming contralto voice, and a gift for fast retort.

Because of her distinctive voice and fast come-back, Miss Davis has appeared frequently on Art Linkletter's "House Party" radio program. Typical of her thought provoking remarks are: "You plan your health or you plan your sickness—it's all up to you—take your choice." Again she says: "It is a popular belief that anything that builds up health tastes like witch's brew and look like baby's spinach. The reverse is true."

Miss Davis was born in Linton, Indiana, but later came to Los Angeles where she obtained a master's degree at the University of Southern California in bio-chemistry. She has written five books on the subject of the diet and health and cooking, including one text book that has been officially adopted by the State of California as the regular high school text.

MRS. JAMIESON WILL BE CLUB LUNCHEON SPEAKER

Mrs. Dorothy H. Jamieson, members and guests. Her dramatic and charming wife of Colonel N. F. Jamieson, will present the program for her co-members of Torrance Woman's Club following the informal luncheon Wednesday afternoon, November 16.

Always generous with her time and talents, Mrs. Jamieson has consented to recount her impressions of France and England where she spent her summer vacation visiting friends and sightseeing. Her first flight to England and the continent, and her first time abroad in a number of years proved most enjoyable. Mrs. Jamieson reports, and clubwomen are looking forward to her intimate descriptions of her trip.

"Theater News and Play Reviews" topic for last meeting, featuring Mrs. Larry Johns, was a delightful experience for club

Adult Class Offered For Homemakers

Housewives and other adults concerned with intelligent purchasing of commodities are recommended to attend the Consumer Education Course sponsored by Phineas Banning Evening Adult School.

Such topics as "Getting Your Money's Worth" and "What Goes on Behind the Label" are important units of the program. The general aim is to help homemakers to be better purchasers, to know standards and become familiar with laws governing food and other articles for the home. Experiences are provided through demonstrations, lectures and field trips to places of interest such as canneries, dairies, and woolen mills. Special occasions and holidays provide opportunity for personality gift wrapping.

Mrs. Alpha Stump, course instructor, has devoted 13 years to Consumer Education in the adult section and she conducts classes in this area at Harbor Hills, 26607 S. Western avenue.

Women's Activities



HONEYMOONING . . . Mr. and Mrs. Edward J. Stambaugh are on two weeks motor trip through Utah, Arizona and New Mexico following their wedding on October 30. The bride, Mrs. Stambaugh is a daughter of Mr. and Mrs. C. R. Thistle of 2315 W. 250th street and Mr. Stambaugh is a son of Mr. and Mrs. Morton Stambaugh of 2138 24th street.

GEORGE H. LIGHTS, SR., MARK 50th ANNIVERSARY

The home of Mr. and Mrs. George Henry Licht, 1643 W. 210th street, was the setting for an open house party Thursday when the couple celebrated their golden wedding anniversary. Because of Mr. Licht's illness preceding the anniversary date, invitations were limited to about 90, including their relatives, intimate friends, and long-time neighbors.

Mrs. Licht, wearing black crepe and an orchid corsage, was assisted in receiving by her daughter, Mrs. Louis Aguilar, and her daughters-in-law, Mesdames George Licht Jr., Edward Licht, and Harry Licht. Highlights of the day for her were the attendance of her only brother, Harry Wright, who is postmaster at Montebello, and Mrs. Wright, and the arrival of a beautiful bouquet of flowers sent by her only niece in California, Miss Dorothy

Reception, Shower For Newlywed E. G. Dandoy

Complimenting their new son-in-law and their daughter, Mr. and Mrs. Ernest G. Dandoy, Mr. and Mrs. Thomas B. Shepherd Sunday evening entertained friends and relatives at a reception for 60 in their home, 1522 W. 215th street.

Radiant in a gown of figured satin complemented by an orchid corsage, the newly wed Mrs. Dandoy, who before her marriage was Miss Joan May Shepherd, received with her mother, who wore brown satin and gardenias. Mrs. Esther Dandoy, mother of the bridegroom, attended wearing a green sheer gown with gardenias.

The buffet table, lovingly with pale pink carnations and matching tall tapers, was laden with delectable refreshments, including two decorated wedding cakes which were encircled with carnations and fern. Another beautifully decorated cake, inscribed, "Joan and Ernest" was served at a separate table. Guests included the bride's great aunt and uncle, Mr. and Mrs. Allen Shepherd Sr. and Mr. and Mrs. Allen Shepherd Jr., all of North Hollywood. Others attending were family friends of the couple from Lomita and Torrance.

Also honoring the young couple was a housewarming party given last night at their new home, 25319 Cypress street, when about 20 young people arrived, laden with attractive and useful articles for their kitchen and many lovely towels. Punch and cookies, also provided by the group, were served at the close of the presentation. Included in the group were members of Joan's Central Evangelical Sunday School class and their teacher, Mrs. John B. Spiller, and an equal number of Ernest's Torrance and Lomita associates.

Fashion Show Highlights PTA Meeting

A fashion show with selected students of Narbonne High School's Home Economics Department modeling teenage styles will highlight the Narbonne High School PTA meeting Tuesday morning, November 15 at 10 o'clock.

Plans to feature the different departments of the high school at future association meetings were enthusiastically received.

Mrs. Minot Rugg presided and Mrs. John Nelson, secretary, announced that printed programs for the year will be ready for distribution on Tuesday.

The Senior Glee Club, directed by Miss Alice Sturdy, will present several musical selections.

Mrs. E. G. Spratt, program chairman, has announced that child care for pre-school children will be provided.

Mrs. H. W. Nansel will preside over an executive board meeting this morning at 9:30 o'clock to make final preparations for the monthly association meeting.

Card Party Planned by Auxiliary

A benefit card party to raise funds for their unit has been planned for Friday, November 18 at 8 o'clock by members of the Lomita American Legion Auxiliary 645.

With Grace Hammel as chairman, attractive prizes will be offered in pinocle, 500 and bridge as well as a door prize.

The party will be held in the Legion Hall at 24702 Narbonne avenue.

Breakfast Benefits PTA

Mrs. James B. Flagg opened her home at 25817 Lucille street Wednesday for a kidnap breakfast to benefit the hospitality department of the Orange Street PTA.

Nearly 60 answered the call to breakfast and \$25 was cleared with which to purchase a linen lace table cloth and pewter tea and coffee service. These will be used by the association during the social hour which follows monthly meetings.

Assisting the hostess were Mesdames F. W. Learman, Floyd French and Charles Wilson.

Students Attend 'Faust'

Students of Lomita Elementary School boarded a Los Angeles City School bus Thursday afternoon to attend the matinee performance of the opera "Faust" at the Los Angeles Philharmonic Auditorium.

The group, accompanied by Mrs. Mildred Reed and Miss Mary Lou Tucker, teachers, included Dennis Hudson, Norman Johnson, John and Rebecca Zell, Mary Grate, Karen Covington, Mary DuRant, Geraldine Maydew, Harry Quinn, Carolyn Goad, Fred Hancock, David Ickes, Tom Shery, Gwedolyn Smith, Margaret Barum, Jerry Hornung, Laryna Wallace, Leighs Church, Linda Starrett, Sandra Canning, Norma Jean Newman, Naomi Newman, and Ronnie Matherly.

Educational Trip Taken by Girl Scouts

An educational trip through the Homer, Toberman Settlement House in San Pedro Wednesday afternoon proved to be of great interest to members of Girl Scout Troop 643 of Harbor City.

Mrs. Caroline A. Porter, superintendent, told the girls what the money derived from Community Chest is used for in the home and explained that the motto was "to develop skill, achievement, democratic living, to broaden their mental and spiritual outlook, to strengthen family ties and to cultivate good will and brotherhood among races, creeds and nationalities."

Set Benefit Card Party

St. Catherine La Bore Catholic Church, Long Beach boulevard, east of Prairie, will sponsor a card party in parish hall Friday evening, November 11 at 8 o'clock. Members of the Holy Name Society will be hosts. There will be game prizes and refreshments will be served.

YW WORLD FELLOWSHIP DINNER SET FOR 16th

Mrs. George Henry Armacost, background would indicate. She has attended the University of Pennsylvania, the Graduate School of Education of Harvard University, Cambridge University in England, and received her masters degree from Columbia University's International Institute. Mrs. Armacost is the mother of four children, a board member of the YWCA, state president of the Southern California Women's Baptist Mission Society and a member of the executive committee of Redlands Community Chest.



MRS. G. H. ARMACOST

Mrs. Armacost's reputation as an entertaining and informative speaker is well known as her

Psychologist to Address PTA Meeting

Dr. James A. Kimbler, Consulting psychologist and professor of the Psychiatry Clinic at White Memorial Hospital, Los Angeles, will be the outstanding speaker at Orange Street PTA when Father's Night is held Thursday evening, November 17 at 7:30 o'clock.

Taking for his subject "Emotional Health of Children and Parents" Dr. Kimbler will present an inspiring address of the special interest to the men in the audience.

Also appearing on the same program will be the Mothersingers of Orange Street PTA who will further entertain the fathers with a special musical program. Mrs. James B. Flagg, chairman, and her committee will serve delicious home-made pies and coffee during the social hour to follow.

Holiday Decor to Inspire Club Members

Mrs. Laura Crandall, president of the Los Angeles Garden Club of 500 members, and a leading authority on floral decorations of all types, will appear again before the Lomita Fuchsia Club and its guests Thursday, November 17 at 7:30 p.m. in the social hall of the Lomita Presbyterian Church.

The club feels most fortunate to secure Mrs. Crandall as a speaker so far in advance of the coming holidays as she presents her subject "How to Make Beautiful Christmas Decorations." Interior decorations will be made for the fireplace or tables as well as centerpiece suitable for Christmas gift-giving.

The meeting will be open to guests as well as club members and the committee is preparing for a record attendance. The usual plant sale and serving of refreshments will follow.

Mrs Johnson Addresses PTA Council

Mrs. O. I. Johnson, program chairman of Gateway PTA Council, addressed the council meeting Monday morning using the monthly program topic, "Open Minds, Open Hearts and Open Doors."

The meeting, held at Gardena High School, was presided over by Mrs. H. W. Nansel and Mrs. L. Crump, girls' vice principal of the hostess school. Mrs. Lawrence Lobach, president of Gardena-Wilmington Council and Mrs. Don Wolf, president of Lomita-San Pedro Council were guests of the day.

Mrs. E. G. Spratt was ratified as newsletter chairman; Mrs. John Juir gave a report on parent education and magazines. Mrs. P. V. Aguirre spoke on Community Chest; Mrs. M. E. Harp reported on a recent Tenth District health conference which she attended and Mrs. Donovan Shields addressed the group in behalf of youth activities.

Presidents' reports were given for Banning association by Mrs. Aguirre; Dana Junior High, Mrs. Vernon Balliff; Gardena, Mrs. Eric Heinman; Narbonne, Mrs. Minot Rugg and San Pedro High, Mrs. M. P. Allen. Mrs. Aguirre also reported on unit goals.

The next meeting was announced for San Pedro High School on December 6.

Square Dances Offered at Local School

Every Monday night from 7 to 10 o'clock square dancing is held at Orange Street School with Dave Briggs as instructor. The class is sponsored by the adult education department of Banning High School and is open to all adults interested in this popular past-time which has been revived to take the entire country by storm. For a delightful evening with agreeable company the fascinating square dances should offer just the right type of entertainment.

FROM TEMPLE CITY
Weekend visitors at the home of Mr. and Mrs. C. J. Stapelfeld, 1719 Gramercy avenue, were their son-in-law and daughter, Mr. and Mrs. Armond Chase of Temple City.

FOR SAFETY'S SAKE

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