

NEW ASSIGNMENT

Mrs. Oda B. Vans, former Fern Avenue school principal who was principal of Bandini Street school in San Pedro last term, has been transferred to the principalship of Gardena and Amestoy schools.

To relieve Misery of **666** LIQUID TABLETS SALVE NOSE DROPS COUGH DROPS

Humorist to Speak At Church Dinner

Charles Royal, humorist and story-teller, will entertain at the potluck dinner at Central Evangelical church Sept. 17 at 6 p. m. This will be the second of a series of monthly fellowship meetings.

ST. ANDREW'S EPISCOPAL CHURCH Rev. Paul M. Wheeler, vicar, 1432 Engracia ave. Morning service, 8:00 a. m. Holy Communion. Church school at 9:30 a. m. Morning prayer and sermon by Rev. George Wharton of Phoenix, Ariz., 11 a. m. First Sunday of the month, Holy Communion, 11 a. m. Monday, Club Scouts, Second Tuesday of the month, St. Cecilia Guild, Wednesday, choir practice, 7:30 p. m. Thursday, Holy Communion, 11 a. m.; Altar Guild, Woman's Auxiliary and Girl Scouts meet Thursdays. First and third Sunday, Girls' Friendly Society, 5:30 p. m. Fourth Sunday, Church school service and breakfast, 8 a. m.

Church Services

FIRST CHRISTIAN CHURCH Rev. W. W. Jewell, pastor, 1415 Engracia ave. Sunday school, 9:30 a. m. Morning service, 10:40 a. m. Dr. C. A. Cole, state secretary, will install new pastor and give charge to congregation. Christian Endeavor, 6:30 p. m. Evening service, 7:30 p. m. Yesspers by young people with pastor speaking on "Serving God With What We Have." Board meeting, Tuesday, 7:30 p. m. Church Wednesday, 7:45 p. m. Loyal Women's class party, Friday, Sept. 11, 7:30 p. m. Meeting of teachers and officers of church school, Tuesday, Sept. 15.

MEN'S BIBLE CLASS Meets at 9:20 a. m. Sundays in their hall opposite public library on Cravens avenue. All welcome. CHURCH OF CHRIST Morning service, 11 a. m. Rev. Winfield Nagley, visiting pastor. Young people's meeting, 6:30 p. m. Paul H. Perry, pastor, 1741 Border avenue. Sunday school, 9:45 a. m. Morning worship, 11 a. m. Christ's Ambassadors, 6:30 p. m. Evening service, 7:30 p. m. Prayer meeting, Wednesday, 7:30 p. m.

CATHOLIC CHURCH OF THE NATIVITY Engracia and Manuel avenues. Rev. Fr. Joseph Leo Bauer, pastor. Telephone 232. Masses Sundays: 6, 8 and 10 a. m. Rosary, sermon, instruction and Benediction, Sundays at 5 p. m. Masses Holy Days: 6, 8 a. m. Week day Mass: 8 a. m. Wednesdays at 7:30 p. m. Novena devotions, sermon and Benediction. Instruction in Catholic Doctrine after services. Confessions: 4 until 6 p. m., 7:30 until 9 p. m. Confessions eves of Holy Days and eve of First Friday.

CENTRAL EVANGELICAL CHURCH Marcelina and Wilmington avenues. Rev. H. W. Roloff, pastor. Sunday school, 9:45 a. m. Morning service, 11 a. m. Chapel meditation hour each Thursday from 2 to 3 p. m., open to all. Friday, 8 p. m., choir rehearsal. LATTER DAY SAINTS Women's clubhouse, Wilford Newland, bishop. Sunday school, 10:30 a. m. Evening service, 7:00 p. m. Tuesday, 2 p. m., Relief Society; 3:15 p. m., Primary association and 7:30 p. m., Mutual Improvement association.

FIRST BAPTIST Rev. C. Miles Northrup, pastor, Carson and Martina. Sunday school, 9:30 a. m. Morning service, 10:50 a. m. Topic: "Waking With God." Young people's meeting, 6:30 p. m. Evening service, 7:30 p. m. Topic: "A Runaway Returns." Prayer meeting, Wednesday, 7:30 p. m.; bring your Bible.

FOUR SQUARE GOSPEL Mr. and Mrs. Ben Griffith, pastors, 1207 El Prado. Sunday school, 9:30 a. m. Morning service, 11 a. m. Evening service, 7:30 p. m. Crusaders service, 6:30 p. m. Prayer meet, Wednesday, 7:30 p. m. FIRST CHURCH OF CHRIST, SCIENCE 2123 21st st. and Manuel ave. Sunday morning services at 11. Sunday school, 9:30 a. m. Wednesday evening meeting, 8 p. m. Reading room at 1750 Manuel ave., 11 a. m. to 4 p. m., each week day. The Golden Text of the Sunday Lesson-Sermon in all Churches of Christ, Scientist, is this verse from the Psalms: "Thy name, O Lord, endureth for ever; and thy memorial, O Lord, throughout all generations." The subject is "Substance."

METHODIST CHURCH Rev. Harry Branton, pastor, El Prado at Carson. Sunday school, 9:45 a. m. Morning service, 11 a. m. Young people meet, 6:30 p. m. Evening service, 7:30 p. m. Wednesday evening prayer and Bible study in church parlors at 7:30 o'clock. Prayer groups meet Wednesday morning at 10 o'clock in the different homes. Charter Day tea at church, Thursday, Sept. 17, 2 to 4 p. m.

NAZARENE CHURCH W. A. Penner, pastor, 20507 North Royal, Hammonett Tract. Sunday school, 9:45 a. m. Morning service, 11 a. m. Young people meet, 6:30 p. m. Evening service, 7:30 p. m. Wednesday evening prayer and Bible study in church parlors at 7:30 o'clock.

ASSEMBLY OF GOD Services at Torrance Men's Bible Club building on Cravens. Bible class Sunday, 10:50 a. m. Evening service, 7:30 p. m. Bible Drill Tuesday, 7:30 p. m. W. A. Penner, pastor, 20507 North Royal, Hammonett Tract. Sunday school, 9:45 a. m. Morning service, 11 a. m. Young people meet, 6:30 p. m. Evening service, 7:30 p. m. Wednesday evening prayer and Bible study in church parlors at 7:30 o'clock.

FIRST LUTHERAN CHURCH Rev. Frank D. Mochling, pastor. Acacia and Sonoma avenues. Sunday school, 9:30 a. m. Morning service, 10:45 a. m. Topic: "Rejoice in the Lord." Junior Bible hour, Saturday morning at 9 o'clock. Children 12 years old are urged to attend.

MONETA PRESBYTERIAN David F. Barnett, Jr., pastor, Gardena Blvd. and Manhattan pl., Gardena 11 block West of Western at 15th street. Sunday school, 9:45 a. m.

J. Barleycorn Becomes War Casualty

John Barleycorn is a war casualty. The War Production Board has commandeered, beginning Nov. 1, all the alcohol the nation's distilleries can make, for synthetic rubber, smokeless powder and other essentials. Whiskey manufacture is out, for the duration. But old John isn't dead—just wounded. He's got a reserve to last five years.

Cycle and Fixit Shop Has New Owners

Mr. and Mrs. Leon M. Smith have purchased and are now operating the Torrance Cycle and Fix-it shop at 1341 El Prado. Smith formerly operated a similar shop on Post ave., several years ago and has had considerable experience in small repair jobs and bicycle maintenance work. Fifty cities in the United States have their own municipal banners.

LICENSES SUSPENDED

The liquor licenses held by Patrocenio Sales at his Monterey Cafe, 220 Arlington ave., have been suspended for 10 days as of Sept. 4 for sale to minor, according to information received from the State Board of Equalization.

MUSIC... TO ORDER

With a well diversified album of phonograph records you can enjoy a program to "fit your mood." No matter what your choice of music or entertainment may be, you'll find a full selection of Phonograph Records in the National's Library—all the newest recordings as well as the old favorites. Come In Today and Make Your Selections

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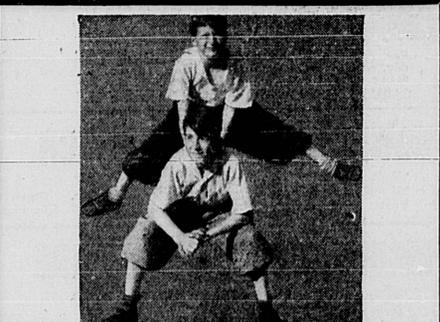
HOUSEWARES HITS Highboy Clothes Rack. 63 1/2" High 3.29. A space-saver. Folds flat to 5 inches. Kiln-dried, smooth-finished hardwood. Sturdy connections. Easy to set up. Use anywhere in basement, attic, kitchen or bathroom.

Firestone 'Shopperette' Shopping Bag. 33c. Folds to purse size. Pull-proof handles. Attractive patterns. Built strong. Resembles purse when folded.

Table Radio 26.95. Popular As Overnight Bag Zipper Bag 3.29. Famous Hollow-Ground Schick Shaver 12.50. Exceptional tone quality. Built-in antenna. AC-DC. 5 tuned circuits. Automatic volume control. For golf, bowling or athletic clothes or for overnight trips. Made of gray covert, leather trimmed. Hollow ground for closer shaves. Whisk-Its catch all beard clippings. AC-DC, 110-120 volt.

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NEW FALL MODELS. SIZES: 5 to 8; 8 1/2 to 11; 11 1/2 to 2; 2 1/2 to 5. WIDTHS: AA; A; B; C; D... \$1.95 to \$3.95 pair. SAM LEVY Department Store 1307-1313 SARTORI AVENUE TORRANCE

Vitamin Wise By H. R. Hoskins

VITAMIN C Adhering to the practice of naming the mysterious food elements, vitamins, the factor of value in the prevention and cure of scurvy became known as vitamin C, the anti-scorbutic vitamin. Further research on vitamin C brought to light the importance of this element and commercial interests quickly capitalized on its potential value by adding it to the A-B-C-D-G capsule mixture. These capsules then became titled A-B-C-D-G and were again introduced by two active vitamin marketers. The addition of vitamin C added even more vitamin appeal as well as confusion to the marketing of vitamins. Such products now contain all of the vitamins and became known as "pan vitamin" compounds.

VITAMIN E With numerous scientific investigators studying the known vitamins and searching relentlessly for undiscovered vitamin factors, it was to be expected that additional vitamins would be discovered. It was observed that a substance found in eggs and wheat germ was essential for reproduction in rats. This substance was designated as vitamin E, but as yet there is insufficient evidence to prove that this vitamin is required for reproduction in humans. For this reason no active commercial exploitation of vitamin E has as yet occurred. Drug manufacturers list vitamin E preparations for sale but have not as yet put any active promotional effort behind them.

VITAMIN K A substance found in alfalfa has been proven of value in the control of hemorrhage and bleeding. This substance has been named vitamin K. It does appear as though this vitamin may be very important as more information and knowledge is gained concerning it. At present there are commercial preparations of vitamin K being promoted but as yet it is not considered of universal importance and necessity. MORE VITAMIN B's We have reviewed the history of vitamin B-1 and vitamin B-2, but hidden in the yeast substance were still more vitamin factors. Besides vitamin B-1 and vitamin B-2, yeast was found to contain a substance of value in dermatitis and this factor became designated as vitamin B-6. Other components of yeast were demonstrated to be of value in the life of lower animals, rats and chickens. These factors

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More Grease Must be Saved By Housewives

Seventy-five thousand salvage wardens throughout Los Angeles county are being asked to place full effort behind the stimulation of the waste kitchen grease conservation campaign. Margaret E. Hughes, executive secretary of the Civilian Defense Salvage and Conservation Committee, has announced the organization's determination to boost the weekly tonnage of grease now being purchased by butchers. Since the campaign opened on July 20, Southern California housewives have turned in an average of about 30 tons a week.

"Thirty tons of grease will make three tons of glycerin and that is a substantial weekly tonnage of conservation to build up in a few weeks," Mrs. Hughes said. "However, the need for glycerin to make nitro-glycerin and explosives for the armed forces is growing greater each week. The volume of grease saving must be built up to even higher levels, and that means more people must save." Butchers are paying four cents a pound for all kitchen grease brought in to their shop in wide mouth cans in quantities of one pound or more. Coin containers on each butcher's counter invite the housewife to contribute the grease-money to contribute to the neighborhood defense units.

A Wartime Request When it is necessary to telephone please be brief. Use of the telephone in the war effort of our nation has become so great that long distance facilities are now loaded to capacity—or near it—in many areas, despite record-breaking enlargement of the system in the past two years. The situation in the local central office areas, although less critical, is fast becoming serious in many communities as the load of calling associated with the present emergency continues to increase. The peak of the war effort is still ahead—military needs for telephone service are bound to increase. Copper and other materials are practically unavailable for telephone expansion. They must now go for war weapons instead of telephone lines. Present telephone facilities must be made to serve throughout the war emergency as effectively as possible. To this end, we ask every telephone user to avoid unnecessary telephone calls and to be brief when calling. This will help to relieve both present and future congestion on heavily burdened telephone lines, and we hope will meet the situation with a minimum of inconvenience to you. We deeply appreciate your most helpful cooperation. You are helping to speed Victory—you are helping us to help you.

War Calls Come First SOUTHERN CALIFORNIA TELEPHONE COMPANY 1306 Sartori Avenue - Telephone TORRANCE 4600

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