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Mrs. Stewart Grow and daughter, Sandy of La Crescenta have been visiting at the Buxton and Scott homes here.
Mr. and Mrs. B. C. Buxton have moved into their new home at 1500 El Prado.
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W. B. A. Officers are Installed at Los Angeles
At an impressive installation ceremony held at Los Angeles Wednesday evening, Torrance officers of the Women's Benefit Association were inducted. Mrs. Alice Schutrumpf, district deputy was the installing officer at the rites attended by a large gathering. Those who will serve during the ensuing term are: Mrs. Anna Sandstrom, president; Mathilda Winters, vice-president; Inez Revelle, financial secretary; Mae Howe, recorder; Jean Guyan, past president; Clemma Watson, treasurer; Alma Jones, chaplain; Nelle McConville, lady-of-ceremonies; Anna Bay, sergeant; Anna Stagg, inner hostess; Evelyn Cheade, outer hostess; Hattie Shugie, musician; Henrietta Perkins and Janie Chivell, color bearers; Edith Weiss, officer of the day.

FIRST AID CLASSES HONOR INSTRUCTOR
Two standard First Aid classes completed their six weeks' training under the instruction of Mrs. Elsa Stone Monday evening in a joint examination session in the city hall courtroom.
At the end of the class a beautifully decorated cake was brought in for Mrs. Stone on her birthday. The classes are composed of members from Torrance and Lomita and all are planning on enrolling in the advanced course under the leadership of Mrs. Stone. Those present were: Dorothy Post, Cora Ellwood, Lena Calderon, Bessie McClure, Catherine Castillo, Margaret Hamilton, Mary Louise Ordaz, Adeline Murray, Esther Guzman, Irene Pirschel, Helen Castillo, Virginia Sloat, Angelina Wald, Rose Wise, Vida Jones, Bettina Miller, and Addie Parks.
A weekend guest of Dr. K. F. Sietkman was Mrs. Earl Shumway of Los Angeles.
Rev. and Mrs. Paul M. Wheeler were dinner guests last Wednesday evening at the Edward Rhone home.

Engagement is Announced



The engagement of Laurella Lancaster, 1503 Post ave., to Dr. John L. Gaspar, 717 South Tremaine st., Los Angeles, is announced by Mrs. J. S. Lancaster. The wedding is tentatively planned for next June. Dr. Gaspar is the son of Mr. and Mrs. Lambert J. Gaspar. He is a graduate of the University of Southern California medical school, class of 1940, and is now serving his internship at Los Angeles General hospital.
Both principals in the coming nuptials were prominent in U.S.C. campus activities. Dr. Gaspar is a Phi Kappa Psi, as well as a member of Nu Sigma Nu medical fraternity. Miss Lancaster is a former president of Kappa Alpha Theta, national social sorority, as well as a member of the Trojan Amazons, women's service organization. She graduated with the class of 1940.

Legion Auxiliary Has Dinner-Meet at Episcopal Hall

The annual American Legion Auxiliary dinner meeting, sponsored by the membership and education committees, was held Tuesday night. Mrs. Alice Thompson, president, conducted a short business session preceding the program. Hostesses for the lovely party, given at Episcopal Guild hall, were Olivia Lee, membership chairman, and Ruth Saunders, education chairman. Lighted tapers and arrangements or narcissus were used to carry out a green and

white color theme.
Edwin Bird, American Legion department chairman of education, was guest speaker. He discussed "Preparedness as Related to Education." Other honored guests were Helen Lockhousen, Elsie Cook and Louise Beck, 19th District president, membership chairman and education chairman, respectively.
Following dinner, bridge and other card games were enjoyed. High score holders were Ethel Sears, Nettie Babcock and Mayme McDonald, who were presented with Defense Stamps as prizes.
Texas has a town named Spade and Indiana has a Spades.

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Welch's GRAPE JUICE, qts.	39¢
HIPPOLITE 1/2-pt. can	10¢
Dina Mite CEREAL	24-oz. pkg. 20¢
Burnett's PIE CRUST	9¢
Larson's VEG-ALL	11¢
Superior HONEY	12-oz. 2 jars 25¢
B. & M.—10-oz. cans CODFISH CAKES	12¢
Basco Milk AMPLIFIER, 5-oz.	10¢
Van Camp PORK & BEANS	2 cans 19¢
OLEOMARGARINE Trisco, 1-lb. pkg.	23¢
Underwood—No. 1 can CLAM CHOWDER	10¢
Pennant Waffle SYRUP	21¢
Campfire—1-lb. pkg. MARSH-MALLOW	16¢
Pillsbury FLOUR 10 lbs.	48¢
Sunsweet PRUNE JUICE 2 cans	13¢
Mazola OIL, pts.	25¢
World Over—1/2-oz. STUFFED OLIVES, Fancy Stuffed	23¢
Vermont Maid SYRUP, 12-oz. jar	15¢
OAKITE	10¢
Sunbrite CLEANSER 3 cans	14¢
Soft-Weave TISSUE 3 rolls	23¢
Scotch Granulated SOAP, large size	26¢

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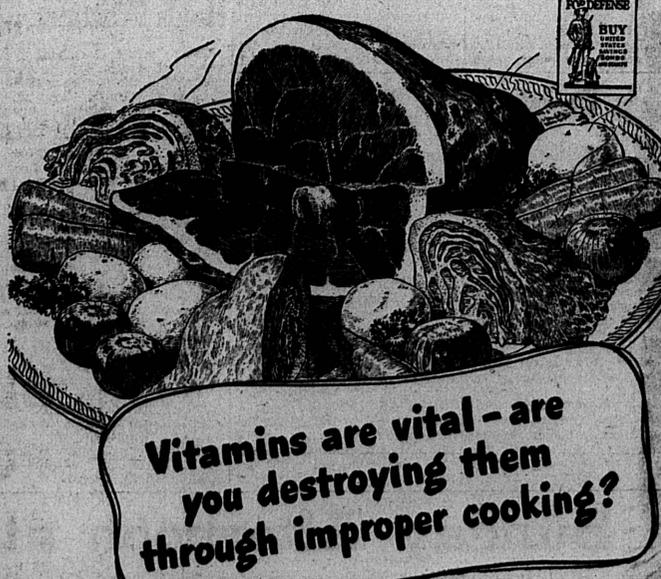
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ARIZONA LARGE SIZE GRAPEFRUIT	10 for 25¢

GRUBB'S MARKET

MINERALS ARE IMPORTANT
Diets these days are more than just foods to eat, the careful housewife plans dishes each week that will give the greatest nutritional value.
That's why a meat dish every day is vitally important, calcium, phosphorous and iron are in their most usable form through lean meats—and minerals ARE important.



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Find out how a CP gas range can help you serve delicious, healthful meals
OF COURSE YOU WANT TO KEEP YOUR FAMILY FIT—to make certain that they get enough vitamins and minerals. And a CP (Certified Performance) gas range is a big aid for this important job. With a CP gas range it's easy to cook vegetables the vitamin-saving "waterless" way recommended by health authorities. Use little or no water, and just turn the burner handle till it "clicks." You'll serve vegetables as delicious as they are vitamin-rich!
GET FULL INFORMATION ON CP broiling and CP roasting, too, for more healthful meals. A dealer or your gas company will be glad to supply you with the free leaflet, **How to Save Vitamins with a CP Gas Range**, SOUTHERN CALIFORNIA GAS COMPANY.
What every woman should know about vitamin-rich foods:
1 Use low-temperature cooking. 2 Save vegetables in boiling water. 3 Cook vegetables for the shortest possible time. 4 Cover vessels to keep air out. 5 Avoid unnecessary slicing of vegetables. 6 Don't peel in boiling water to brighten food colors. 7 Don't thaw meat in water. 8 Don't overcook meats. 9 Use low-temperature cooking for roasting meats. 10 Keep foods as fresh as possible. 11 Buy fresh produce. 12 Low-temperature cooking saves vitamins, too.

W. M. S. MEMBERS PLAN MEETING
The February meeting of the Women's Missionary Society will be held at C. E. Guild Hall, Tuesday, February 5th. A pot luck luncheon planned for this day has been postponed, and Mrs. Carl Pisel will conduct the business meeting at the regular hour. Mmes. John Ferguson and C. O. Geer will be hostesses.

GATEWAY COUNCIL TO MEET MONDAY
Founders Day will be observed at the Gateway P. T. A. Council meeting to be held at Banning high school, Monday, Feb. 2, from 10 o'clock until noon. Mrs. William S. Fongerow, 10th District program chairman, will be the guest speaker and Mrs. C. B. Cartwright will sing.
A Life Membership Gateway Council conference was held last week at the home of Mrs. J. O. Bishop, chairman. Mrs. H. D. Rose represented Narbonne High P. T. A., while Mrs. I. C. Rous attended for the Torrance High P. T. A.
Mr. and Mrs. Louis Leppe entertained at their home last Thursday evening. Mr. and Mrs. R. V. Bashore of Rosemead, and Mr. and Mrs. Harold Langworth.

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W. J. NORRIS, 1021 Prairie Ave.
MRS. WM. E. COOPER, 1819 Gramercy Ave.
J. H. BUTLER, 922-H Sartori Ave.
ORVILLE W. BAUM, 1021 Cravena Ave., Apt. 4.
EMIL SCHIMMICK, 721-A Sartori Ave.
RICHARD H. MAHON, 2114 Torrance Blvd.

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