

A Thanksgiving Dinner

By Katharine Fisher
Director, Good Housekeeping Institute

If you've been wondering what to serve with the traditional Thanksgiving bird, here's a menu planned by Good Housekeeping Institute, with tested and tasted recipes, that all of us voted the best ever. Your family will enjoy it, too.

Our Thanksgiving Menu

Recipes marked (*) are given below

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|--------------|--|-----------------|
| Roast Turkey | Tomato Juice | Giblet Dressing |
| | Gravy | |
| | *String Beans with Mushrooms | |
| | Buttered Onions | |
| | Canned Cranberry Sauce | |
| Olives | *Apricot-Nut Bread | Carrot Sticks |
| | *Indian Pudding with Vanilla Ice Cream | |
| | Coffee | |

KATHARINE FISHER
Director of
Good Housekeeping
Institute

Note: All measurements in recipes are level. For accuracy use Institute-approved, standard measuring cups and spoons.

String Beans with Mushrooms

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| 2 lbs. string beans | 3 tbsp. salad oil |
| 3/4 lb. fresh mushrooms | 1/2 cup. granulated sugar |
| 1 c. minced onion | 1/2 tsp. pepper |
| 1 1/2 tsp. salt | 1/4 c. top milk or cream |
| 1/2 c. water | |

Cut the string beans crosswise into 1" pieces, and wash. Add mushrooms, which have been washed and sliced, onion, salt, water, salad oil, and sugar. Cover, and cook over low heat until tender, about 20 min. Add remaining ingredients, heat well, and serve. Serves 6. To serve 2 or 3, make half this recipe. One 4-oz. can mushrooms may be substituted for the fresh ones. In using, drain lightly in 2 tbsp. butter or margarine; add to cooked beans.

Apricot-Nut Bread

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| 3/4 c. dried apricots | 2 tsp. baking powder |
| 1 egg | 1/2 tsp. baking soda |
| 1/2 c. granulated sugar | 1/2 tsp. salt |
| 2 tsp. melted butter or margarine | 3/4 c. strained orange juice |
| 2 c. sifted all-purpose flour | 1/4 c. water |
| | 1 c. chopped Brazil nuts |

Soak apricots 1/2 hr. Drain and grind. Beat egg until light; stir in sugar, and mix well. Stir in butter. Sift flour with baking powder, soda, and salt, and add alternately with the orange juice and water to sugar mixture. Add Brazil nuts and apricots, and mix well. Pour batter into well-greased loaf pan, 10" x 5" x 3 1/2". Bake in moderate oven of 350° F. 1 1/2 hr.

Indian Pudding With Ice Cream

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| 1 qt. bottled milk or 2 c. evaporated milk and 1 c. water | 1/2 c. granulated sugar |
| 1/4 c. yellow corn meal | 1 tsp. butter or margarine |
| 1/2 c. dark molasses | 1 tsp. cinnamon |
| | 1 tsp. nutmeg |

Scald milk in a double boiler. Add corn meal slowly while stirring, and cook 20 min. Add remaining ingredients, turn into a greased 1 1/2-qt. casserole, and bake uncovered in a slow oven of 275° F. for 3 hrs. Serve hot or cold with vanilla ice cream or cream. Serves 6. To serve 2 or 3, make half this recipe. This Indian Pudding may be reheated in an oven of 275° F.

Preparation Notes

To avoid crowded hours on Thanksgiving morning, make some of your dinner preparations on Wednesday. To save everything is cooked, including the ice cream, unless you plan to make that yourself on Thursday. Stuff and truss the turkey. Make the Apricot-Nut Bread and Indian Pudding. Tuck into the refrigerator the turkey, tomato juice, cranberry sauce, olives, and carrots. Set the table Wednesday night, if convenient.

Classic Ceremony of Catholic Mass Sound Filmed

The late Pope Pius XI advocated the use of films to uplift and educate, to offset where possible the pernicious influence of many pictures offered the public today.

With this desire in mind, Religious Films Inc. of San Antonio, Texas, has gathered together a company of gifted players and produced an all-sound feature length Catholic picture, "The Perpetual Sacri-

fice," a classic representation of the chief sacrament of the Catholic Church—the Mass. Biblical scenes from both the Old Testament and the New are portrayed with reverence and dignity, and the significance of each part of the Mass as it exemplifies the sufferings and death of Christ is explained. This instructive and educational production will be shown at the Church of the Nativity of this city on Friday evening, Nov. 29, at 8 o'clock. Here is a chance for every Catholic man, woman and child to receive inspiration and instruction in their Faith, and for interested non-Catholics to see and understand the ceremony. Even the usual Latin prayers are recited in English.

Redondo Swim Class Open to Local Folk

A swimming class, sponsored by the Adult Education division of Redondo Union high school, meets every Tuesday and Thursday night at the Redondo plunge. A special rate is made for members and the instructor is Clint Dorrington. Those who wish to join the class should meet the instructor at the entrance to the plunge any Tuesday or Thursday night at 7 o'clock.

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