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Final Gas Cooking School Session Is Friday!

Name of Shrimp Dish Signifies Its Own Distinctive Seasoning

By MAILORIE H. BLACK
It is odd, but true, that the name makes the dish, and in this case the fundamental part of the recipes is the same, and the name designates the added seasoning that makes it distinctive.

Shrimp and cream sauce are the two necessary parts in the preparation. The shrimp may be the canned variety, with or without liquid in the can. Both kinds are excellent, and it is a personal choice which you think is better and choose to use. Canned shrimp are carefully chosen, graded for size, thoroughly cleaned and, like all canned foods, are cooked after they are sealed in the can. All the goodness is retained.

The cream sauce can be made like any white sauce, or it can really have some thin cream used, whole or in part.

Next, for the name and seasoning, "Shrimp Wiggle" is a combination of the creamed shrimp and peas. It is an odd name for the dish, but it is commonly used. Canned peas can be obtained in size of can and size of pea to suit the family purse and needs.

"Shrimp Newburg" means that sherry has been added to the creamed mixture. Strictly speaking, instead of using flour for thickening the sauce, egg yolks are used, but it is still a creamed mixture, and tastes fine if a couple of tablespoons of sherry are added to the ordinary sauce.

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"Devilled Shrimp" means that dry mustard, Worcestershire sauce and tabasco sauce have been added to season the cream sauce. Do not use too much of any one seasoning, but have just a pleasing blend of them all.

"Curried Shrimp" has curry powder added to the cream sauce and it is ever so good. Again, be sparing in the amount added for seasoning.

Each of these foods is fine served plain, with cooked rice, cooked noodles, or served on pieces of hot buttered toast.

P. E. Offers Bus Substitute for Rail Service

(Continued from Page 1-A)
each way daily. The distance over the proposed motor line from the Los Angeles terminus to the Redondo Beach terminus is 23.7 miles as compared to 22.6 miles on the rail line.

Cities to Study Offer
The proposal of Earl Jacobs, president of the Gardena Valley Improvement association, that the busses be routed from Vermont over Roscrans to Normandie, down Normandie to Redondo Beach boulevard and back on Redondo Beach boulevard to provide transportation for the Western City district was rejected by Pacific Electric officials.

The move for better transportation was originated early this year by Jacobs, and a conference with Pacific Electric officials and representatives of all interested communities was held June 3. The report submitted late last week is the result of that meeting. Arrangements are now being made for an inter-city conference Oct. 7 at Redondo Beach to consider the Pacific Electric proposals.

Speaking unofficially, Jacobs said that he believed the inter-city conference would reject the bus line proposal in its present form on the grounds that it does not provide adequate service. Many objections are being raised to the idea of substitut-

YOUR HOME AND MINE



California is universally known as a vacation land, and it is a wise woman who takes full advantage of the pleasures it offers. One-day trips to the beach, mountains and other recreation spots are a fine way to do this, and a minimum of time and trouble are required to "go places and see things" in this fashion.

It is a favorite practice of women with automatic electric ranges to take only light lunches on these trips, and have the day's main meal at home when they return. This is done by preparing the dishes before leaving in the morning, placing them in the oven and letting the timer clock supervise the cooking. On warm days, food to be cooked in this way is cooled thoroughly in the electric refrigerator. The oven then holds the coolness so that the food keeps safely until the heat snaps on.

A baked halibut dinner may be cooked in this manner. It consists of baked halibut, buttered beets, oven-fried potatoes and creamy rice pudding. Place 3 lbs. halibut in a greased baking dish, sprinkle with bread crumbs, lay strips of bacon on top and place uncovered on bottom rack in the oven. Shred beets coarsely, put in a covered dish with bread crumbs, place in a shallow baking dish on upper rack. For the creamy rice pudding, beat 2 egg yolks, add 1/2 cup sugar, 1/2 teaspoon salt, 2 1/2 cups milk, 1 teaspoon vanilla and 2 cups cooked rice. Fold in beaten egg whites. Sprinkle with nutmeg and place on upper rack of the oven.

Expect New Attendance Record at Civic Auditorium

MAJOR PRIZE FRIDAY!



HERE IS THE GAS range that will be given away, absolutely free, tomorrow, Friday, at the final session of The Herald-Southern California Gas company cooking school in the Civic Auditorium. Valued at \$134.50 and complete with a Grayson automatic clock control and Minute-Minder (which do not show in the above drawing) and electric light, it is being given to some fortunate housewife by the National Home Appliance company of Torrance in cooperation with the manufacturer, the Gaffers & Sattler Stove company of Los Angeles.

APPLE JELLY

Use tart apples that are barely ripe, or slightly underripe. Wash and cut the fruit in slices about 1/2 inch thick, leaving the peel on. Add water to cover, about 2 cups to each pound of fruit. Cook about 15 or 20 minutes, or until soft. Strain through a cheesecloth bag and then through a flannel one. Add 3/4 cup sugar to each cup of sour apple juice or 1/2 cup sugar to each cup juice of moderate acidity. Boil to the jelling point and fill into glasses.

21 Boys in Derby Finals Saturday

(Continued from Page 1-A)
final castings for the district championships—four from Torrance, Lomita, Harbor City and Wilmington-San Pedro, three from Gardena and two from Waltham.

Finalists to Parade
A parade of the finalists will be held in front of the expected crowd, which will be kept back from the whole pavement by ropes, shortly before the start of the first race Saturday afternoon. During the procession, Judge Robert Lessing, general chairman of the Harbor District event, will award wrist watches to the four Torrance boys, Bill Landsdowne, Jimmy Higgins, Frank Whiting and George Winters, who won first and second places in the two divisions last Saturday.

No one except the young drivers and officials will be allowed on top of the hill where the races start. There will be ample room for everyone adjoining the home stretch and finish line. Lessing will be in full charge of the finals, assisted by W. K. Adolph, chief starter; Robert Lewellen, clerk-of-the-course; members of the Harbor District Soap Box Derby committee, and Legionnaires.

Entry List Given
Each community represented in the finals has contributed about \$6 for the prize fund and valuable gifts have been purchased for presentation to the winners and runners-up in the two divisions.

Names of all boys who competed in the elimination races last Saturday follow: TORRANCE: Budde Guttenfelder, George Winters, Jack Whiting, George Walls, Frank Richards, Jimmy Higgins, Harold Kenner, Bill Buckley, Bill Landsdowne, Ed Rowell and Roland Justice.

GARDENA: Wayne Larson, Jimmy Crampton, Allen Flint and Jack Vales, who won the Palos Verdes Derby last month. HARBOR CITY: Roy Crawford, Arthur Rozell, Teddy Doll and Bob Bolland. LOMITA: John Gallarato, Don Bailey, Jack Gasaway, D. C. Osborne, Jack Frasier, Jack Carilla, Andrew Wynn, Robert Estes, Jim Kuhns, Gordon Hagadorn and J. Steger. WALTHAM: Robert Larson and C. L. Murray.

Hundreds of women have attended The Herald-Southern California Gas company School of Modern Gas Cookery yesterday and today at the Civic Auditorium.

And tomorrow, Friday, when the final session will be held from 1:30 to 3:30 p. m., the attendance promises to break all cooking school records in the city because a \$134.50 Gaffers and Sattler gas range will be given away absolutely free of charge by the National Home Appliance company of Torrance in cooperation with the manufacturer in Los Angeles.

In addition to this valuable gift, two other gas ranges will be sold to the highest bidders at unique auctions. All of the ranges are "Mode-O-Mat" products, the very best of their kind.

Many Valuable Gifts
Mrs. Jessie Ewing, charming home economist, who has given Torrance women some valuable cooking hints and demonstrated two attractive menus during yesterday and today's classes, will present her final instructions tomorrow. Her cooking dramas have caught the fancy of local housewives and they have been greatly interested in the demonstration-lectures that will come to a close Friday afternoon.

Every woman in Torrance and vicinity is cordially invited to attend this free school of modern gas cookery. Many valuable gifts are distributed during the afternoon and scores of new home hints are dispensed by Mrs. Ewing, a graduate of the University of California.

Friday Menu Announced
Today's menu consisted of a demonstration of the preparation of roast turkey with mushroom dressing, piquant vegetable salad, chiffon devil's food cake with easy caramel frosting, broiled ham plate, macaroni loaf and pumpkin pecan ice cream.

Tomorrow afternoon Miss Ewing will prepare:
Thrift Cooker Meal
Jellied Salmon Loaf
Tuna "Top-of-Range" Casserole
Spice Cake with Baked Iceing
South Sea Delight
Butter Baked Vegetables

Birthstone List Approved
LONDON (U.P.)—British jewelers, after conferences spread over the last two years, have agreed on a new list of birthstones. The list agrees with the standard American list.

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