

Indian Chief Says He's 110
NORTH BAY, Ont. (U.P.)—Chief Simon Commanda, Iroquois Indian, is now in what he claims is his 110th year of life.

GET UP NIGHTS DUE TO BLADDER IRRITATION?

It's not normal. It's nature's "Danger Signal". Make this 25c test. Use buchu leaves, juniper oil, and 8 other drugs, madder, to little green tablets called Bukets. Flush out excess acids and impurities. Excess acids can cause irritation resulting in getting up nights, scanty flow, frequent desire, burning, backache, and leg pains. Just say Bukets to your druggist. In four days if not pleased your 25c will be refunded. Dolley Drug Co.—adv.

Meatless Dishes That Win Favor

Left to our own devices during Lent we're quite likely to fall back too often upon a few old favorite recipes that soon get dull. Now that's a pity when the world is full of so many perfectly swell dishes that fit into the scheme of things as they are just now without even half trying. We should really make an effort to find interesting new ways to conform to Lenten customs.

Take this recipe for Macaroni and Fish Casserole, for instance. There's a simple dish now that will introduce a nice bit of vari-

ety in your meals and still keep well within the letter of the law. To make it, just pour hot water over a small can of tuna fish to drain the oil, and flake the fish into small pieces. Then place the fish in a buttered casserole along with a 17 ounce can of cooked macaroni in cream sauce with cheese and 1/4 cupful of cooked peas, and stir gently with a fork.

For a crisp topping scatter over the macaroni 1/4 cupful of rice or corn flakes that have already been tossed in a teaspoonful of melted butter. Then pop the casserole into a moderate oven (375° F.) to bake for 25 minutes.

Your rent money will buy a home.

INTEND TO WED

Notices of intention to marry were filed this week by: Harmon N. Pruner, 28, 2313 Sierra street, Torrance; and Patricia D. Smith, 32, 2948 Ohio, South Gate.

Harvey A. Case, 54, 2127 1/2 Roosevelt highway, Lomita; and Bertha E. Edwards, 51, 60 Linden avenue, Long Beach.

Charles S. Honeycutt, 27, 1912 218th street, Torrance; and Helen T. Morris, 26, same address.

John S. Cummins, 25, 25908 Hillworth avenue, Lomita; and Margaret M. Marks, 21, Y. W. C. A., Long Beach.

In Wake of Navy Gun Explosion



Names On Birch 70 Years
TIFFIN, O. (U.P.)—F. E. M. Baldwin received recently from Peter A. Elliot, a 91-year-old Civil war veteran, a piece of birch bark on which his sister, brother and two cousins had inscribed their names 70 years ago.

This photograph shows the men killed in the recent explosion of a five-inch gun aboard the U. S. S. Wyoming during landing maneuvers at San Clemente Island being taken from the ship pending recent investigations of the cause of the explosion.

Skunk Trappers Profit
NEWPORT, Tex. (U.P.)—This section of Texas has a thriving industry—skunk trapping.

Insulin Taken 11,680 Times
SHELANDOAH, Ia. (U.P.)—Harold Billings, 11, has had 11,680 "shots" of insulin since he was three. The boy has given many of the injections himself.

Congressman Colden at the Capitol

By CHARLES J. COLDEN
Feb. 20, 1937.

The propaganda campaign in the defense of the Supreme Court and in opposition to the President's program is swelling the mails of every member of Congress. It has not yet reached the proportions of the Ohio flood but it is very threatening. I want to refer to just two.

One is printed in a very fine grade of heavy bond paper which is embellished with stripes of red and blue. At the head is an engraving of the Ark of the Covenant. It begins with a sort of Holy of Holies atmosphere and the first paragraph ends with this statement: "but is sacred, like the Ark of the Covenant of God, which no man could touch and live." Then follows another engraving of an Egyptian tomb, followed by a warning of ancient priests and sacred writings. In other words, the originator of this remarkable piece of propaganda gives the impression that the Constitution and the Supreme Court are untouchable and must be bowed down to, and ends with the solemn warning—"God Watches."

sort of "candy for the baby" proposition. "Since you will not resign, Mr. Judge, will you please retire on full pay and work part time and give the President an opportunity of introducing some new blood in the Supreme Court?" says the House.

Wisely or unwisely, the framers of the Constitution provided that Judges of the Supreme and Federal Courts shall hold their offices during good behavior, and since most of them behave very well, according to the average standard of citizenship, they enjoy a life time position. Not only that, but the Constitution provides that the compensation for Judges shall not be diminished during their term of office. This constitutional provision is one of the reasons why the Supreme and other Federal Judges refuse to pay an income tax.

POLITICS ACTIVE
California politics are getting hot in Washington. A delegation from Los Angeles county appeared in Washington a few days ago for the purpose of persuading J. F. T. O'Connor, comptroller of the currency, to become the Democratic candidate for Governor of California in 1938. O'Connor occupies a very important position in the financial affairs of the nation. He is a close friend of President Roosevelt, James A. Farley, and other influential men in Washington. From the standpoint of experience and good judgment, O'Connor ranks very high in Washington.

Other candidates mentioned here in Washington are: John F. Dockweiler of Los Angeles, John J. McGrath of San Mateo, and Frank H. Buck of Vacaville. All three members of Congress have good records. I am only mentioning the possible candidates from Washington. No doubt there are many other candidates at home who are under consideration.

BIG JOBS AHEAD
The way the President keeps piling up work before Congress looks like we may be here until Christmas. Some of his proposals will give some of the talkative members of Congress an opportunity to exhaust themselves, and members of Congress need more rest. It is their ability to talk, and to continue a wagging tongue marathon. Among the proposals submitted by the Chief Executive is a reorganization of Executive departments. That is a big subject and will probably take considerable time.

Then his proposal for conservation, control of floods, dams, development of power is another big subject and will require a great deal of study and time. The farm tenancy program to provide a method by which farm tenants may become the owners of farms, is another new departure and will likewise require much work in the Committee and much time on the floor. A new program of crop insurance for the farmers is another wide subject. Then there is talk of a revision of the Social Security law; and the biggest question of all is a proposal to revise and reform Federal Courts.

QUERY FOR CRITICS
I wish some of the critics of the President's program, instead of assailing the President would explain to me how does the President's program violate the Constitution? If Congress passes such a bill, how does Congress violate the Constitution? Also, where in the Constitution does the Supreme Court get its authority to override Congress and the Executive department?

Furthermore, was it the intention of the framers of the Constitution to establish three coordinating branches of government—the legislative, the executive, the judiciary; or was it their intention to place the final powers of the legislative and executive departments in the Supreme Court, that holds a position for life and which in no way is responsive to the wishes of the electorate of the country?

WHO'S GOING
Anybody want to attend a \$100 banquet? A Democratic Victory Dinner will be held March 4 to celebrate the President's first inauguration. You will not get \$100 in winning and dining, for \$95 of it goes to the Democratic National Committee to help balance the Democratic budget. Campaigns are expensive, so this \$100 dinner is for the purpose of wiping out the deficit. I do not plan to attend, but if anybody wants a ticket, just let me know, but don't forget to inclose the \$100. Keep in line and don't crowd.

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ROASTS CENTER CUT lb. **17c**
CHUCK

FRESH LEAN GROUND BEEF lb. **15c**

EASTERN GRAIN-FED PORK LEG OR LOIN ROAST lb. **23c**

PLATE RIB BOILING BEEF lb. **9c**

FANCY MILK LAMB CHOPS LARGE LOIN lb. **23c**
SMALL LOIN CHOPS, lb. 32c

FANCY EASTERN SUGAR-CURED BACON BY THE PIECE lb. **29c**

PURE PORK SAUSAGE "OUR OWN MAKE" lb. **25c**

DEL MONTE—TIPS

ASPARAGUS picnic can **12c**

CHALLENGE OR SILVERBROOK BUTTER FIRST QUALITY DANISH, lb. 39c lb. **38c**

SUNLIGHT LARGE U. S. EXTRAS FRESH EGGS doz. **24c**
BROOKFIELD EGGS, doz. 25c

GOLD MEDAL CAKE FLOUR 44-oz. pkg. **22c**

"LIQUID CLEANER" CLOROX quart bottle **12c**

BEST FOODS MAYONNAISE pint 25c jar **41c**

GLOBE A-1 FLOUR 24 1/2 lb. 97c 49 lb. sack **\$1.90** 10-lb. sack **43c**

DEL MONTE TUNA FISH No. 1/2 can **12c**

BUY 3 ROLLS and get 1 FREE all 4 rolls **20c**

WHITE COMET RICE 1-lb. pkg. **8c**

RAP-IN-WAX WAXED PAPER 100-ft. roll **17c**

MILANI'S FAMOUS SPAGHETTI 1-lb. jar **14c**

SNIDER'S SAUCE OYSTER COCKTAIL bottle **19c**

CUBBISON'S MELBA TOAST 8 1/2-oz. jar **14c**

VAN CAMP'S SARDINES 2 oval cans **15c**

KING OSCAR KIPPED HERRING No. 1/2 can **10c**

WHEAT OR OAT CEREAL No. 1/2 can **10c**

DINA-MITE pkg. **22c**

WHITE HOUSE BROWN OR WHITE RICE 1-lb. pkg. **9c**

UNDERWOOD'S DEVILED HAM No. 1/2 can **12c**

MARIPOSA DRIED COOKED PEAS No. 2 can **5c**

LARSEN'S VEG-ALL No. 302 can **12c**

DEL MONTE SUGAR PEAS EARLY GARDEN No. 2 can **12 1/2c**

DEL MONTE SPINACH GARDEN No. 2 can **10c**

DEL MONTE TOMATOES SOLID PACK 2 No. 2 cans **25c**

DEL MONTE TOMATO SAUCE 3 8-oz. cans **10c**

ORANGE PEKOE LIPTON'S TEA 1/2-lb. can **35c**

"THE SKIN YOU LOVE TO TOUCH" WOODBURY'S FACIAL SOAP 3 cakes **20c**

CAMPFIRE MARSHMALLOWS 1-lb. pkg. **15c**

IVORY WHITE, GREEN, ORCHID ZEE TISSUE 3 rolls **10c**

"BETTER BEST" SODAS OR GRAHAMS 2-pounds, 23c 1-lb. pkg. **12c**

KRAFT'S MIRACLE WHIP [pint 20c] quart jar **32c**

DURKEE'S TROCO NUT MARGARINE lb. **18c**

Skunk Trappers Profit
NEWPORT, Tex. (U.P.)—This section of Texas has a thriving industry—skunk trapping.

ASSOCIATED AGROGROCERS
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SPECIALS FOR FRIDAY, SATURDAY, FEB. 26-27

- WHEATIES** 2 PKGS. FOR **21c**
- SUNSWET MEDIUM PRUNES** 2-pound Pkg. **18c**
- SUNSWET LARGE PRUNES** Pound Pkg. **11c**
- BRILLO** Large, 17c; Small **8c**
- SCOTTISSUE** 3 ROLLS FOR **20c**
- SCOT-TOWELS** 2 ROLLS FOR **19c**
- WALDORF TOILET TISSUE** 2 ROLLS FOR **9c**

GOLDEN SWAN MILK 4 CANS FOR **25c**

- B & M Cod Fish Flakes** Small **12c**
- ARIZ. SWEET Grapefruit Juice** No. 2 Can **10c**
- MAXWELL HOUSE COFFEE** Drip or Regular, Lb. **28c**
- CATALINA Apple Butter** 28-oz. Jar **15c**
- SURE HIT SLICED Pineapple** Lge. 1/4 Flat **10c**
- LYNDEN Chicken and Noodles** 16-oz. Glass **25c**
- BLACK SWAN TUNA** 1/2's, 2 CANS **29c**
- NANCO CRABMEAT** 1/2's **28c**
- JUST RITE Sweet Corn** Can **10c**
- SPERRY Wheat Hearts** Large, 22c; Small **14c**

- Hormel's BACON** 1/2-lb. layer, **18c** lb. layer, **35c**
- WHITE KING SOAP** 3 BARS FOR **10c**
- WHITE KING Granulated Soap** Large **31c**
- WHITE KING Toilet Soap** 3 BARS FOR **14c**
- KERN'S ASSORTED FRUIT and BERRY JAM** 2 Lbs. **27c**
- SCOTCH Granulated Soap** Large Pkg. **23c**

- FRESH FRUITS & VEGETABLES**
- U. S. No. 1 RUSSET POTATOES** 10 lbs. **45c**
- GRAPEFRUIT** LARGE SWEET ea. **5c**
- APPLES** JUICY WINESAP 4 lbs. **29c**
- CAULIFLOWER** SNOW BALL head **8c**
- GOLDEN RIPE BANANAS** 5 lbs. **27c**

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Enamels, gal. \$2.00
Flat White, gal. \$1.50
Sand Paper, doz. .20c
Steel Wool, lb. .35c
Garden Hoes .90c
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