

# What's On Next Week In Nearby Theatres

| WEEK OF<br>Oct. 29 to Nov. 5   | THURSDAY<br>October 29   | FRIDAY<br>October 30   | SATURDAY<br>October 31  | SUNDAY<br>November 1  | MONDAY<br>November 2   | TUESDAY<br>November 3   | WEDNESDAY<br>November 4 |
|--|--|--|---|---|--|---|-------------------------|
| <b>Warner Bros.</b><br>SAN PEDRO   | <b>"PENROD and SAM"</b><br>—By Booth Tarkington—<br>with Leon Janney—Junior Coghlan—Zazu Pitts—Matt Moore  |  | Walter Huston—Loretta Young—Doris Kenyon<br><b>"THE RULING VOICE"</b><br>Commanding the Lives of Millions!—Terrifying!—Sensational! |   |  |   |                         |
| <b>Avalon Theatre</b><br>Wilmington<br>PHONE 1070  | Mystery Thriller<br><b>"Dracula"</b><br>with BELA LUGOSI   | 2—FEATURES—2<br><b>"Ridin' Fool"</b><br>—also—<br><b>"Defenders of the Law"</b><br>NEWS  | Bob Steele in<br><b>"The Big Gamble"</b><br>with Dorothy Sebastian<br>Warner Oland<br>Saturday Matinee,<br><b>"CHARLEY'S AUNT"</b>  | <b>"All Quiet On the Western Front"</b><br>ALL SEATS, ANY TIME, 15c<br>Children Always 10c  | BELLE BENNETT in<br><b>"The Woman Who Was Forgotten"</b><br>Cartoon Scenic<br>Sennett Comedy | ALL-STAR CAST<br><b>"Virtuous Husband"</b><br>A Farce Comedy<br>Also Comedy + Review<br>Cartoon |                         |
| <b>FOX GRANADA</b><br>WILMINGTON<br>Nightly at 7 and 9<br>15c Matinee Thursday<br>Matinee Thursday,<br>Saturday and Sunday | Metro-Goldwyn-Mayer<br>Proudly Presents<br>Cecil B. De Mille's Magnificent Production of<br><b>"THE SQUAW MAN"</b><br>With<br>WARNER BAXTER, ELEANOR BOARDMAN,<br>Lupe Velez, Chas. Bickford | <b>BILL BOYD</b> in<br><b>"The Big Gamble"</b><br>with Dorothy Sebastian<br>Warner Oland<br>Saturday Matinee,<br><b>"CHARLEY'S AUNT"</b> | A Laugh a Minute<br>WILLIAM HAINES in<br><b>"The New Adventures of Get Rich Quick Wallingford"</b><br>with LEILA HYAMS              | Everybody's Favorite!<br>JANET GAYNOR and<br>CHARLES FARRELL in<br><b>"MERELY MARY ANN"</b> |  |   |                         |
| <b>ANYTIME FOX PLAZA</b><br>25¢<br>HAWTHORNE Phone 222   | Janet Gaynor<br>Charles Farrell<br>—in—<br><b>"MERELY MARY ANN"</b>  | Thrilling African<br>Adventure Film<br><b>"EAST OF BORNEO"</b>   | William Powell in<br><b>"ROAD TO SINGAPORE"</b>   | Four Marx Brothers in<br><b>"MONKEY BUSINESS"</b><br>—also—<br>AFRICAN ADVENTURE            | DOUGLAS FAIRBANKS, Jr. in<br><b>"I Like Your Nerve"</b>                                      |   |                         |

## 'Middle Age' Should Mean Take It Easy

### Rule of Moderation Is Said Best Guarantee For Contented Life

By the United Press

There's nothing to worry about in the approach of "middle age." That is, if the person knows how to "take it easy," and adjusts his habits of life in accordance, declares the state board of health.

"When a man reaches middle age he perhaps for the first time realizes what it means to grow old," the board says. "This fact becomes evident in ways he can not avoid. He begins to notice that his body is no longer capable of doing those things he previously could do with ease. He finds his habits must be changed if he would maintain physical well-being."

**Refuse to Worry**

Briefly "middle age" means the individual must realize he has passed the apex of his life and is now on the downward incline, the board pointed out. Such a thought often implies a profound readjustment in his outlook upon life, sometimes with considerable mental disturbances. The wise person readjusts himself accordingly, refuses to worry, and maintains mental poise.

"His adjustments mean largely modification in his thinking and his habits of eating, drinking, sleeping and exercise," the statement continued. "He finds he can no longer eat as he once did, and as a matter of fact doesn't need as much food as he once consumed. He must give greater care to his sleeping and secure a complete night's rest."

**The Golden Mean**

He can no longer safely indulge in strenuous exercise. Making a sudden sprint to catch a street car is no longer an innocuous pastime; it may be highly dangerous. One finds himself obliged to consider many things never before given thought, or few the privilege. It is no longer wise to live at high pressure. Life must flow with more ease and more deliberation.

The state physicians believe that a man is not so much as old as his years as he is as old as his body. The old saying that a man is as old as his arteries is an apt one, they say, as heart and arteries are necessary to existence, and when they change in later life they are no longer capable of meeting demands formerly made upon them.

"Specific rules as to adjustments that must be made for middle age must be varied to the highest and lowest. There is, however, one general rule applicable not only to this subject but also to many other problems of hygienic living, and that is the rule of moderation—the golden mean, moderation in all things. It is usually the excess which does the harm."

## Professional Directory

**PERRY G. BRINEY**  
ATTORNEY-AT-LAW

128 1/2 W. 6th, San Pedro  
Bus. Phone San Pedro 136

**Dr. Norman A. Leake**

Physician and Surgeon  
Office, Cra-Post Bldg.  
Telephone 90  
Residence, 1525 Marcelina Ave.  
Telephone 13



**Dr. C. L. Ingold**

OPTOMETRIST  
Postoffice Bldg., Phone Tor. 198-R  
Hours: 9 to 12; 1 to 6  
Open Evenings by Appointment

**Dr. A. P. Stevenson**

Physician and Surgeon  
Office Levy Bldg., 1311 Sartori Ave.  
Phones: Office, 95  
Torrance, California

**Drs. Mitts and Mitts**

CHIROPRACTORS  
Office Hours Evenings  
9 a.m.—12 Noon Mon., Wed., Fri.  
1 p.m.—5 p.m. 7 to 9  
1625 Cabrillo Avenue  
Above Earl's Cafe  
Torrance, California Phone 377

**DR. R. F. BISHOP**

Dentist  
X-Ray Service  
1625 Cabrillo, Room A  
Phone 341

**J. R. JENSEN**

Attorney-at-Law  
Torrance Office: First National  
Bank Bldg., Phone Torrance 177  
Lomita Office: Lomita Develop-  
ment Bldg., Phone Lomita 63-W

**DR. O. E. FOSSUM**

Dentist  
X-Ray Service  
Hours: 9 a.m.—5 p.m. 1311 Sartori Ave.  
Phone 185—Torrance, Calif.

**Drs. LANCASTER and SHIDLER**

PHYSICIANS AND SURGEONS  
Phones:  
Office, 14; House, 15 and 118  
Office, First National Bank Bldg.  
Res. Cor. Post and Arlington  
Torrance, California

Legal Advertisement

## 10 WAYS TO PREVENT HOLDUPS

Here's Some Pointers On How To Avoid Being Victimized By Criminals At Large In California

- By the United Press
1. The bandits are coming. Beware! Beware!
  2. Sung to the tune that made the Campbells famous, it makes a very nice song, but when set to music of crime records on file with the state bureau of criminal identification it's well to heed the warning.
  3. California's famous winter climate has its disadvantages inasmuch as it attracts undesirable as well as desirable citizens. Charles Stone, assistant chief of the bureau, believes it is well to be prepared for the former group.
  4. Parked Cars Unsafe
  5. As a result he has prepared a list of "don'ts" to be followed.
  6. Beware of picking up hitchhikers, especially at dark, even if they appear to deserve a lift.
  7. Remember, you are never safe in a parked car. A large percentage of holdup victims are occupants of parked automobiles.
  8. Do not carry large sums of money. Thieves are well informed concerning the identity of affluent persons.
  9. It is useless to believe the toe of your shoe or your hat band are safe places to hide valuables. The modern highwayman is a psychologist and can easily interpret empty pockets as indicating concealed money.
  10. Report Suspicious Characters

## Palos Verdes Hills Serve As "Devonshire Coast"

It has long been the boast of Hollywood's location experts that every conceivable kind of setting can be found within a hundred miles or so of the film capital.

During the making of "Merely Mary Ann," Fox romances starring Janet Gaynor and Charles Farrell, coming Tuesday, Wednesday and Thursday to the Torrance Theatre, however, Director Henry King believed he had "stumped" the extension "seaside farm replica of a longly seaside farm along the Devonshire coast in England.

The following morning Ray Moore of the studio location department appeared with some photographs.

"Here's your Devonshire coast," he said, "took 'em myself yesterday afternoon down at Palos Verdes—just 17 miles from Hollywood here."

## Have You Had The Indian Sign Tried On You Yet?

If you've noticed any staid business or professional man wagging his hands, twisting his arms about or giving other physical demonstrations with those parts of his anatomy—don't think that he has suddenly contracted St. Vitus' dance or epilepsy. He was merely talking to you in Indian sign language.

There were a number of parents almost driven to distraction this week by their sons exhibiting various hand and arm gymnastics and asking: "Do you know what this means? Or this? Or this?"

This phenomenon was caused by William Tomkins, Indian sign counselor for the Boy Scouts of America, who lectured and demonstrated this fascinating "language" at the Kiwanis club Monday evening. A number of local Boy Scouts were present and learned about 50 of the most common signs.

Mrs. Ed Nelson, accompanied by Mrs. Katharine Buffing-ton, sang several songs. The program was in charge of Charles Shultz.

## LONG DISTANCE GLIDER FLIGHT HERE SUNDAY

Next Sunday morning and afternoon may see the attempted first time glider flights from the Hollywood Riviera to San Pedro and return. Ted Jenks, veteran meteorologist, will endeavor to make the flight in a secondary type glider. This exhibition was to have been held last Sunday but was postponed because of inclement weather. A cash prize is offered for the feat. The glider field is located on the highway leading through Hollywood Riviera in Torrance.

## TORRANCE

Adults 30c—Balcony 25c—Children 10c

TONIGHT  
**"EAST OF BORNEO"**

FRIDAY and SATURDAY  
Edmund Lowe, Lois Moran in  
**"THE SPIDER"**

SUNDAY & MONDAY  
Wm. Haines in  
**"GET RICH QUICK WALLINGFORD"**

TUESDAY, WEDNESDAY and THURSDAY  
Janet Gaynor, Charles Farrell in  
**"MERELY MARY ANN"**

## FOX REDONDO

SATURDAY ONLY  
**"THE BIG GAMBLE"**  
With WILLIAM BOYD and WARNER OLAND

SUNDAY-MONDAY  
GRETA GARBO and CLARK GABLE in  
**"SUSAN LENOX"**  
(Her Rise and Fall)

TUES., WED., THURS.  
Warner Baxter and Edmund Lowe in  
**"The Road to Reno"**

FRIDAY ONLY  
With Lilyan Tashman and Charles "Buddy" Rogers

TORRANCE AND LOMITA MEMBERS

# ASSOCIATED GROCERS

INDIVIDUALLY OWNED STORES

|  |   |   |
|--|---|---|
| <b>DEL MONTE Pumpkin</b><br>Of course! Pumpkin for Halloween<br>No. 2 1/2 can<br><b>2 for 19c</b>                      | <b>Prices For Friday and Saturday, Oct. 30-31</b><br><b>Oxydol</b><br>Rich suds in any water.<br><b>1 large 19c</b> | <b>CAMPBELL'S Tomato Soup</b><br>Extra-special on this most popular tomato soup<br><b>2 for 15c</b>   |
| <b>FOOTE'S CUT String Beans</b><br>11-oz. Picnic can<br><b>2 for 15c</b>   | <b>AUNT JEMIMA Pancake Flour</b><br>2 small or 1 large package<br><b>25c</b>  | <b>KRAFT Salad Cream</b><br>A free flowing cream. A real salad sensation!<br><b>1/2 pint 18c</b>      |
| <b>Cocomalt</b><br>Year 'round food drink. Lb. can<br><b>39c</b>   | <b>Super Suds</b><br>Quick, lasting suds<br><b>3 for 25c</b>  | <b>NONE SUCH Mince Meat</b><br>"Like mother used to make." Popular all weather special.<br><b>15c</b> |
| <b>SUGAR 10 lbs.</b> <b>37c</b><br>With Purchase of<br><b>AGRO COFFEE</b> 1-lb. pkg. <b>25c</b><br><b>BOTH FOR 62c</b> | <b>ENGLISH SUGAR</b> N.B.C. DeLuxe Water Ice Cookies<br><b>Wafers</b><br><b>3 boxes for 25c</b>                     | <b>DEL MONTE Corn</b><br>Picnic can of Iowa corn<br><b>3 for 25c</b>                                  |
| <b>WHITE KING Bar Soap</b><br>Popular bar soap<br><b>3 for 10c</b>   | <b>Royal Baking Powder</b><br>12-oz. can of this favorite powder<br><b>39c</b>                                      |   |
| <b>Wheaties</b><br>From whole wheat<br><b>pkg. 11c</b>   | <b>Lipton Tea</b><br>(Black) 1/4-lb. tin<br><b>21c</b>  |   |

Look for the Red and White Sign In Your Own Neighborhood

**G. H. COLBURN** 645 SARTORI, TORRANCE  
**HARDER'S MARKET** 1521 MADRID, TORRANCE  
**CENTRAL MARKET** 2912 WESTON ST., LOMITA  
**WOODBURN'S GROCERY** 1801 CABRILLO, TORRANCE

## Read Our Want Ads!

### Legal Advertisement

NOTICE OF TRUSTEE'S SALE No. 13890

WHEREAS, by a Deed of Trust, dated May 15, 1930, recorded May 29, 1930, Book 10035, Page 121, of Official Records of Los Angeles County, California, Lucy Powell, a widow, did grant and convey the property therein and hereinafter described to TITLE GUARANTEE AND TRUST COMPANY, a corporation, as trustee, with power of sale, to secure, among other things, the payment of one certain promissory note (and other sums of money advanced and interest thereon), in favor of Mutual Building and Loan Association of Whittier, a corporation; and

WHEREAS, there has been a default in the payment of the monthly installment of principal and interest due and payable on said note November 15, 1930, and all subsequent monthly installments of principal and interest, due and payable thereon, according to the terms thereof, and a default in the payment of \$72.58 advanced in accordance with the provisions of said deed of trust, for the purpose of protecting the interest of said trust; and by reason of such default, the then owner and holder of said note and deed of trust, in accordance with the provisions thereof on May 22, 1931, exercised the option therein given, and declared the full amount of the indebtedness secured by said deed of trust immediately due and payable, there being the total sum of \$8255.88 now due and unpaid; and

WHEREAS, in accordance with the provisions of said deed of trust, and in conformity with Section 2924 of the Civil Code of California, the said then owner and holder of said note and deed of trust, on May 25, 1931, caused to be recorded in the office of the County Recorder of said County, a notice of such default and of election to cause the property described in said deed of trust to be sold, in accordance with the provisions thereof, to satisfy said obligation, with notice of default and election to sell was duly recorded in Book 10855, Page 286, of Official Records of said County; and

WHEREAS, said Mutual Building and Loan Association of Whittier by reason of the default in payments as stated, did, pursuant to the provisions of said deed of trust, request said trustee to give notice and to sell said property or so much thereof as shall be necessary to sell, to pay all the

## Read Our Want Ads!

### Legal Advertisement

THEREFORE, notice is hereby given that TITLE GUARANTEE AND TRUST COMPANY, by virtue of the authority vested in it as Trustee, will sell at public auction, to the highest bidder, for cash, payable in U. S. Gold Coin at time of sale, on September 25, 1931, at the hour of 11 o'clock A. M. of said day, at the western front entrance of the Court House, in the City of and County of Los Angeles, State of California, all the interest conveyed to it by said Deed of Trust, in and to all the following described property, to-wit:

Lot 10 in Block 52 of Torrance Tract, in the City of Torrance, County of Los Angeles, State of California, as per map recorded in Book 22, Pages 94 and 95 of Maps, in the office of the County Recorder of said County, or so much thereof as shall be necessary to pay all principal interest advanced, charges, costs, and trustee's fees, due and unpaid, secured by said Deed of Trust.

TITLE GUARANTEE AND TRUST COMPANY,  
By J. F. KEOGH, Vice-President.  
Attest A. R. KILLGORE, Secretary.

### NOTICE OF POSTPONEMENT OF ABOVE SALE

Notice is hereby given that for good and sufficient reasons the above sale is postponed to Saturday, October 24th, 1931, at 11 o'clock A. M., at the place specified in the above notice.

Dated September 24th, 1931.  
TITLE GUARANTEE AND TRUST COMPANY, Trustee.  
By A. F. MORLAN, President.  
Attest A. R. KILLGORE, Secretary.

### NOTICE OF POSTPONEMENT OF ABOVE SALE

Notice is hereby given that for good and sufficient reasons the above sale is postponed to Saturday, November 28th, 1931, at 11 o'clock A. M., at the place specified in the above notice.

Dated October 24th, 1931.  
TITLE GUARANTEE AND TRUST COMPANY, Trustee.  
By A. F. MORLAN, President.  
Attest A. R. KILLGORE, Secretary.