

CHEVROLET
COMBINATION NO. 1
Lubrication and Tightening Service
\$4.45 Complete

Lubricating all alemitic connections.
Oiling springs.
Oiling and greasing all brake shafts, levers, etc.
Removing, greasing and adjusting front wheels.
Draining crankcase and refilling with four (4) quarts of fresh oil.
Filling transmission and rear axle to proper level.
Tightening up entire car includes:
Tighten all body bolts.
Tighten all spring bolts.
Tighten all manifold bolts.
Tighten all fender bolts.

TORRANCE MOTOR CO.
(Day & Night Garage)
1608 Cabrillo Ave., Torrance Phone 127

Jan. 1st---
the time to
start your
money **6%**
earning

This is the semi-annual interest period and funds may be transferred NOW without the loss of interest.

Deposits Made Before Jan. 15 Will Bear Interest From Jan. 1—ACT NOW!

Torrance Mutual Building and Loan Association
Auditorium Building, Sartori at Marcelina

what Busy Buttons will do for you for 1 cent

This willing servant—representative of the Southern California Edison Company—will work for you for less pay than any other servant you could secure. See what he will do for you in your own home for just ONE CENT. He will operate the following modern electric appliances for these lengths of time:

Vacuum Cleaner	71 minutes
Washing Machine	36 minutes
Ironing Machine	25 minutes
Six-pound Iron	19 minutes
Three-pound Iron	33 minutes
Coffee Percolator	19 minutes
Toaster	20 minutes
Heating Pad	3 hrs., 18 min.
Sewing Machine Motor	3 hrs., 14 min.
Waffle Iron	18 minutes
Vibrator	3 hrs., 4 min.
Curling Iron	7 hrs., 24 min.
50-Watt Lamp	3 hrs., 53 min.

Electricity is Cheap—Use More of it!

SOUTHERN CALIFORNIA EDISON COMPANY
Owned by Those it Serves

Old Mother Hubbard and her New Cupboard
By Rama Bennett, Nutritionist
Los Angeles County Public Health Association
Los Angeles County Tuberculosis Association

BUYING IRON TONICS
By Rama V. Bennett, Nutritionist, Los Angeles County Public Health Association

The food purchaser must know the iron foods. They are not exceedingly abundant, and their iron content is found in small quantities. Iron is absolutely essential daily for every member of the family. Although less than a red cent's weight is present in the body, yet without this minute quantity we would lack good red blood; the air breathed could not be used or the food eaten burned for energy and heat; body tissue would be lifeless without the necessary iron.

Children most especially need iron to be supplied with good red blood and grow generally robust bodies. Babies have iron stored in their bodies until almost a year old, but after that age period the body no longer stores up iron for "lean" days. An adult cannot resort to his tissues for iron as he does to his bones for calcium and phosphorus.

Unfortunately the very richest iron foods are not always the cheapest foods. However, liver, especially beef, kidney, spleen and egg yolks are worth the price in iron. Green vegetables, such as spinach, cabbage, lettuce and the whole grain products are excellent cheap sources of iron. Dried beans and peas are also economical iron foods. With these may be listed dried fruits such as prunes, peaches, apricots, raisins, dates and figs. Oranges are good fresh fruit source of iron. Molasses is an iron sweet.

Milk has little iron but acts as an aid to iron foods. A strictly milk and "white" cereal diet for a child is likely to help produce an anemic condition. For this reason fruit and vegetable juices, such as prune and spinach should be added early to the child's diet.

The whole family can profit from an economical dinner of baked beans and molasses, raw cabbage, Graham bread, stewed apricots and milk. With a little more money an "iron-rich" meal can be had with creamed liver, oat toast (dark bread), spinach, baked potatoes and prune whip with custard sauce.

Nature in storing up an advance supply of iron takes no chances with babies, neither can mother in the diet of her growing or grown family.—Christmas Seal Service.

CHURCH NOTES

Church notices, to be assured of publication, should be in The Herald-News Office before 5 p. m., Tuesday. Every effort is made to publish them all, but occasionally when they are late it is impossible.

CHRIST EPISCOPAL MISSION
1428 Engracia avenue. Rev. Harold H. Kelley, rector.
Church School, 9:45 a. m.
Morning service, 11 o'clock.
Morning prayer and sermon. Celebration of holy communion first Sunday of each month at 11 o'clock.
The Woman's Guild meets the first and third Thursdays of the month at 2 p. m. in the Parish Hall, 1428 Engracia.

CATHOLIC
J. J. Sheehy, pastor.
Mass celebrated Sundays at 7:30 and 9:45 a. m.
Sunday school, 9 a. m., Sunday and 10 a. m., Saturday.
Benediction, 7:30 Sunday evening.

CHRISTIAN SCIENCE SOCIETY
Women's Clubhouse, Engracia avenue.
Sunday services at 11 a. m.
Sunday School classes, 9:30 a. m.
Wednesday evening meetings are held at 8 o'clock.

SEVENTH DAY ADVENTIST
Weston and Walnut streets, Lomita. Mathwig, Elder.
Sabbath School, 2 p. m.
Preaching service, 3 p. m.
Prayer meeting Wednesday, 7:30 p. m.

COMMUNITY PRESBYTERIAN
Brethren street, near Narbonne. Phone 276-J.
Louis Tinning, pastor.
Sunday school, 9:30 a. m. Robert McArthur, superintendent. Come and help in this greatest work in Lomita.
Morning service, 11 o'clock. Subject of sermon: "The Christian's Walk."
Evening service, 7:30 o'clock. Subject: "The Gospel." Sermon prelude: "Who is Al Smith Anyway?"
Jr. C. E., 4 p. m.
Int. C. E., 6 p. m.
Tuesday, 7:30 p. m., F. & S. Club.
Wednesday, 7:30 p. m., prayer meeting.
Thursday, 7:30 p. m., choir practice.

HARD LUCK

seems to be the lot of some people. A friend of ours who married a telephone operator, when told a year later that his wife had presented him with twins, exclaimed: "Still giving me the wrong number." There isn't one chance in a hundred that hard luck will be your lot if you call us for emergency as well as installation service. There's a guarantee of satisfaction to our work.

Torrance Plumbing Co.
F. L. Parks, Prop.
1418 Marcelina Ave.
Phone 60-W
Opposite Post Office

PERRY O. GUY
Contractor and Builder
We finance your building
1028 Amapola. Ph. 181-J
Torrance, Calif.

S. E. MERRILL
LANDSCAPE GARDENER
Phone 103-M Torrance

HOMES BUILT TO ORDER and FINANCED

Profit by our knowledge of local conditions gained by many years of experience in dealing in Torrance properties.

INDUSTRIAL HOUSING CORPORATION
Builders and Contractors
Office Dominguez Land Co Bldg. 1510 Gravena Ave. Torrance Telephone 5

Wife Savers
By NELLIE MAXWELL

LET'S MAKE CANDY
There is nothing which pleases the youngsters like a good old-fashioned candy pull. They will probably mess up the kitchen and make some noise, but think of the fun they will have. Really a boy or girl is far more important than a clean kitchen. A candy pull kept up to the mark unless you can have a few of the neighbors' youngsters enjoying it, too.

Velvet Molasses Candy—Put one cupful of molasses, three cupfuls of sugar and one cupful of boiling water with three tablespoonfuls of vinegar into a kettle on the range. Bring to the boiling point and add one-half teaspoonful of cream of tartar. Boil until the mixture becomes brittle when tried in cold water. Stir constantly during the last of the cooking; use a wooden spoon with long handle. When the candy is almost ready add one-half cupful of melted butter and one-fourth teaspoonful of soda. Pour into a buttered pan or platter and pull when cool enough to handle. Add one teaspoonful of vanilla, peppermint or wintergreen while pulling. Handle the candy with the thumb and tips of the fingers. Cut with big shears into required lengths and place on buttered platter to cool.

Butterscotch.—Who doesn't like butterscotch? Take one cupful of sugar, one-fourth cupful of molasses, one tablespoonful of vinegar, two tablespoonfuls of boiling water and one-half cupful of butter. Boil until brittle when tried in cold water. Turn into a buttered pan and when cool mark off into squares.

Pineche.—Add to one cupful of brown sugar one-half cupful of milk and one cupful of white sugar, stir until dissolved, then boil to the soft-ball stage. Add one-half cupful of pecans, vanilla to flavor and beat until creamy. Pour into well-buttered patty pans and if they are to be lollipops, put a small wooden skewer into each and wrap in waxed paper when cold.

Relief Corps Is Given Bible, Flags
At the regular meeting of Women's Relief Corps, No. 141, held last Thursday night, the new organization was presented with four flags from Redondo Corps; a Bible, from Hawthorne Corps and five flag standards, from Inglewood Corps.

Officers from Redondo Corps exemplified the work. Five new members were received: Mrs. Fred Boice and Mrs. Pat Donegan by transfer from San Pedro; and Mrs. J. H. Beckham, Mrs. T. C. Erickson and Mrs. G. E. Fuller as charter members.

Following the initiation, Mrs. Boice and Mrs. Donegan were installed as assistant guard and patriotic instructor, respectively. The meeting was attended by members from Redondo Beach, Inglewood, Hawthorne, Orange and Watts. Refreshments were served.

SUNSET STAGES
Time Table Effective October 1, 1927
STAGES LEAVE TORRANCE

For Wilmington and Long Beach	For San Pedro Lomita South Lomita	For Redondo Beach	For Hermosa Beach, Manhattan Beach, El Segundo Venice Ocean Park Santa Monica
6:54 A.M.	6:24 A.M.	8:20 A.M.	
7:40	6:54 A.M.	7:15	
8:24	7:40	7:45	
9:15	8:24	8:10	
10:29	9:15	8:47	8:47 A.M.
11:24	10:29	9:40	10:50
12:24 P.M.	11:24	10:50	12:30 P.M.
1:24	12:24 P.M.	11:30	2:30
2:24	1:24	12:30 P.M.	4:35
3:14	2:24	1:30	6:15
4:24	3:14	2:30	8:15
5:19	4:24	3:30	10:55
6:24	5:19	4:35	11:49
7:24	6:24	5:35	
8:14	7:24	6:15	
9:44	8:14	7:30	
11:29	9:44	8:55	
	11:29	9:55	
	12:20	11:49	

*Daily except Sundays & Holidays
†Sundays only
‡Connects for Catalina Island
§To Lomita only except Sunday

Motor Coach Company
Phone Lomita 28
Special rates for charter trips

Build and Live in Torrance
A ROOMY, DUTCH COLONIAL HOME

This handsome residence, built on a hill near Durham, N. C., shows novel treatment of the Dutch-Colonial style of architecture. The field-stone chimney and arched front door trim of the same material combined with brick, present a delightful contrast to the textured walls of portland cement stucco.

The broken roof lines, on three graceful planes, add greatly to the charm of appearance. Even the kitchen window boxes of concrete do not escape the eye as one of the many pleasing details with which this house abounds.

A study of the floor layout reveals a well-planned interior. The living room is an example of spacious, homey comfort. A wide doorway leads into the dining room. There is, however, a small dining nook for breakfast, informal luncheons and small dinners located between the dining room proper and the kitchen.

The side porch, opening off the dining and living rooms and running the entire width of the building and a small rear porch are parts of the house. Two large bedrooms and a smaller chamber upstairs are cross-ventilated and well lighted. There is plenty of closet space and a commodious bath.

Q. Murray Nelson, Architect
Raleigh, N. C.

Phone 38
Torrance Brick Company
Tapestry Shivan Face
Select Common
Common
Manufacturers of Wire Cut Brick
Plaza Del Amo and Border Avenue
Torrance, California
"Everlasting Materials"

Patronize These Firms
Carpenter Contractor
Builder Designer
DICK MEEUWIG
1324 Sartori Ave.
Phone 174
99% to 100% Building Loans
Torrance, Calif. P. O. Box 504

AMERICAN ELECTRIC COMPANY
ELECTRICAL CONTRACTORS
Office: 1254 Sartori Torrance Phone 174
"Let Us Figure Your Job"

TORRANCE ELECTRIC CO.
Electrical Contracting
Fixtures—Appliances
Wiring Supplies
1409 Marcelina Ave.
Phone 198-W Torrance

Torrance Wallpaper and Paint Company
1420 Marcelina Ave.
Torrance, Calif.
Phone 71-R Res. 120-W
E. N. Tomkins, Prop.
Painting, Tinting, Decorating and Paperhanging
Estimates Furnished

Let These Well Known Firms Help You With Your Building Plans

Plumbing and Sheet Metal Repairing
My Specialty is Repairing
Quick Service—Dependable Work
Prices Reasonable
V. L. ZUVER
710 Columbia, Torrance
Phone 171-M

King's Nursery
2267 Carson St. Phone 331-M
TORRANCE
All kinds of SHRUBBERY PLANTS, TREES ORNAMENTALS ETC.
"Complete Landscaping Service"

Window Cleaning
Woodwork Cleaning
Floor Waxing
New Residences a Specialty
VAN'S
Window Cleaning Service
2304 Gramercy Torrance
Phone 201-M