

Torrance Herald

Published Every Tuesday and Friday by THE LOMITA-TORRANCE PUBLISHING CO. Torrance, California

W. HAROLD KINGSLEY, Editor GROVER C. WHYTE, Business Manager

Subscription Rates in Advance: Anywhere in Los Angeles County \$3.00 per year; Anywhere in U. S. A. outside of Los Angeles County \$4.00 per year; Canada and Other Foreign Countries \$6.00 per year; Single Copies 5c

OFFICIAL PAPER OF THE CITY OF TORRANCE

Published semi-weekly at Torrance, California, and entered at second-class matter January 30, 1914, at the Postoffice at Torrance, California, under the Act of March 3, 1879.

Medicine and Our Ailments Science Will Master Them

MEDICAL science of this generation will master diseases yet unconquered. This was the prediction made by Dr. John E. Monger, state director of health, in his recent address before the annual conference of Ohio health commissioners.

Unfolding to us, Dr. Monger said, "are new discoveries and new developments that bid fair to make the wildest dreams of other days pale into insignificance. With the control of typhoid controlled except for the published fact; with diphtheria controlled except for the matter of administrative effort; with that stealthy foe combating the dread scarlet fever; with that stealthy foe combating diabetes in leash; with trachoma, ophthalmia, hook-kidney, pellagra and plague in the main closed incidents; with new discoveries the significance of which makes us whisper our fondest hopes, we can truly say that this is the golden age.

Realizing Dreams

The fight against disease is realizing its dreams, and none is so brave as to venture a prediction as to what the future will bring forth. Dreams realized have been the result of patient effort, and these visions of what will come are based on the accomplishments of the past.

Few problems have been able to stand against the mind of man when serious, whole-minded, whole-hearted efforts have been made for their solution, and, while we do not pose as a prophet, we believe that many in this audience will see the solution of the problems which remain to be solved."

Dr. Monger did not specify the diseases to which he referred. Health authorities agree, however, that there are two with which every resource known to medical research for years has been grappling: tuberculosis and cancer.

"The science of public health," Dr. Monger declared, "is only at the beginning."

Business In Good Shape Read What Leaders Say

WHAT are the prospects for American business? Never better, is the almost unanimous belief of American business leaders. Below are excerpts from recent statements by experts in various lines of industry and finance.

"I believe we are beginning an economic period during which practically every total measuring business activity will far surpass former records."—Frank A. Vanderlip.

"The oil industry is in a very sound position today. It is the soundest I know of. Increasing needs have caused surplus stocks to diminish. Oil prices have advanced further. With a dry fall there has been a very heavy demand for gasoline. I am very optimistic regarding the industry for the balance of the year and 1925."—F. E. Powell.

"The upholding of the mining industry has been accomplished in America by the strong right arm and courage of her individual citizens. The industry will not wish the injection of government into it. It would destroy the primary initiative that has made and will make the industry."—Herbert Hoover.

"The money situation never was so sound. Business is in a liquid state. There is an opportunity for sane development such as we rarely have had presented."—J. Theus Munds.

"Fair steel business may be expected from now until the end of January. The annual inventory period is approaching, but in spite of this many buyers are in the market and placing requirements for the remainder of the year."—James A. Campbell.

"I believe we are now facing an industrial and economic revival that may be so long continued as to be termed an industrial renaissance. I myself look for greatly improved business."—Bernard Baruch.

Youth's Agitations By MATTHEW ARNOLD

When I shall be divorced, some ten years hence, From this poor present self which I am now; When youth has done its tedious vain expense Of passions that forever ebb and flow;

Shall I not joy youth's heats are left behind, And breathe more happy in an even clime? Ah no! for then I shall begin to find A thousand virtues in this hated time.

Then I shall wish its agitation back, And all its thwarting currents of desire; Then I shall praise the heat which then I lack, And call this hurrying fever generous fire;

And sigh that one thing only has been lent To youth and age in common—discontent.

About Honest Friendship Consider Just What It Is

CONFUCIUS opined: "To contract ties of friendship with anyone is to contract friendship with his virtue. There ought not to be any other motive in friendship."

But men wish us to contract friendship with their virtues also. It is not enough to overlook their faults; no, we must approve or excuse them. For friendship's sake we must see to be right that which we know to be wrong.

"True friendship can afford true knowledge," said Henry Thoreau. "It does not depend on darkness and ignorance. If I can see my friend's virtues more distinctly than another's, his faults too are made more conspicuous by contrast. We have not so good a right to hate any as our friend.

"Faults are not the less faults because they are invariably balanced by corresponding virtues, and for a fault there is no excuse, though it may appear greater than it is in many ways.

"I have never known one who could bear criticism, who could not be flattered, who would not bribe his judge, or was content that the truth should be loved always better than himself."

It is impossible to say all we think, even to our truest friend.

No matter how well two persons understand each other, the exposure by one of a serious fault in the other will produce a misunderstanding.

What is commonly honored with the name of friendship is, it seemed to Thoreau, no very profound or powerful instinct.

"Men do not, after all, love their friends greatly. I do not see men made seers and wise to the verge of insanity by their friendship for one another. They are not often transfigured and translated by love in each other's presence. I do not observe them purified, refined and elevated by the love of man."

If one abates a little the price of his coal or groceries or clothing, or whatever it is he sells, or gives his neighbor his vote, or takes his automobile riding frequently, it is esteemed a rare instance of friendship. Surely true friendship is something greater than this.

To say that a man is your friend means commonly no more than this, that he is not your enemy, opined Thoreau.

Ayres Predicts Prosperity Noted Expert Optimistic

THE stage is set once more for a period of sustained prosperity," Col. Leonard P. Ayres, vice-president of the Cleveland Trust Company, Cleveland, and recognized as an authority on financial and economic conditions, said recently.

For 1925 Col. Ayres forecast rising interest rates, rising bond and stock prices, increasing employment, higher wages, greater iron and steel production, and an automobile output of 3,500,000 cars.

He summarized his view of 1925 in this way: "Early in 1925 interest rates will be low with a rising tendency.

"Bond prices will rise, reach their peak, and start to turn downward.

"It will be a year of large volume of building construction, but not record-breaking, not like 1923 or 1924.

"Building costs will remain firm.

"The volume of industrial employment will increase.

"The trend of wages will improve.

"The cost of living will rise.

"The volume of iron and steel production will be much greater than in 1924.

"The aggregate output of truck and passenger automobiles will approximate 3,500,000.

"Of enormous importance are the prospects for the automobile and farm equipment industries resulting from the improvement in agricultural purchasing power. The farmer now can buy as much gasoline and tires with fifteen bushels of wheat as he was able to get a year ago for thirty-two bushels."

One condition, Col. Ayres warned his listeners, might spoil all his forecasts, and that would be a very cold winter and a cold summer next year. Scientific long distance weather forecasting has been making some astonishingly accurate generalizations, he said, and the weather prophets of whom he spoke now are looking for another cold year.

SONG—By Robert Frost

Whose woods these are I think I know. His house is in the village though; He will not see me stopping here; To watch his woods fill up with snow.

The little horse must think it queer To stop without a farmhouse near, Between the woods and frozen lake, The darkest evening of the year.

He gives his harness bells a shake To ask if there is some mistake. The only other sound's the sweep Of easy wind and downy flake.

The woods are lovely, dark and deep, But I have promises to keep, And miles to go before I sleep, And miles to go before I sleep.

BREAKING THE RULES

Life was overwhelming. The young artist raised the revolver to his head. But hark! a rap at the door and the landlady entered.

"For heaven's sake, what are you doing?" said the methodical soul, seizing the revolver from the artist's hand. "Trying to commit suicide, eh? Don't you know that this boarding house is run along the strictest lines and it is one of my inviolable rules that there must be no noise made in the rooms after 10 o'clock?"

American-Born Princess Back To Woo Fame in the Movies



Princess Maritza (left) and her daughter, Jasmonde.

NEW YORK—A princess is the latest to seek fame and fortune in the movies. The Princess Maritza de Broglie, who was Estell Alexander, a famous California beauty, before her marriage to Prince Ribert, has returned to the United States to enter the films.

She is organizing a company to star herself. When she returned to this country she brought her daughter Jasmonde with her. The daughter will study music while her mother is occupied with the movies.

WIFE SAVERS BY MRS. MARY MORTON

Sweet Potato Waffles.—One cup sweet potato (boiled and mashed), one cup flour, one-third cup melted fat, one-fourth cup sugar, one-fourth teaspoon salt, two eggs, one cup milk (more will be necessary if the potatoes are dry, as the batter should be thin enough to spread). Mix sweet potatoes, melted fat, sugar and salt. Then add egg flour and milk alternately, the egg yolks well beaten, and the whites beaten until stiff.

Then yolks in order not to have to stop and wash the egg beater. If the batter is too thick add more milk. The waffle iron should be put on to heat while mixing the batter. Turn occasionally in order that both sides may heat evenly.

Sausage and Apple Casserole.—Eight small sausages, four apples, two tablespoons brown sugar. Wash the apples and cut in eighths, core but do not pare. There should be enough to half fill a medium-sized casserole. Sprinkle with brown sugar. The amount will depend on the tartness of the apples and on how sweet it is liked. Cover the casserole and place in a hot oven (450 degrees Fahrenheit) to start the baking. Place sausages and scald them. Place on top of the apples and in the casserole and bake until the apples are soft and sausages are brown.

Macaroni with Crumb and Onion Sauce.—Cook macaroni or spaghetti in boiling salted water until tender; then drain and lay on hot platter. Heat large skillet and add one-half cup oil. Lay in this six medium onions, thinly sliced, cover with lid, and cook over moderate flame twenty minutes, turning frequently until golden brown. Remove onions and arrange on top of hot macaroni. Add two additional tablespoons oil to skillet and brown one-half cup fine bread crumbs quickly. Sprinkle hot crumbs over onions and macaroni and serve at once.

Cabbage Slaw with Oil Dressing.—Shred fine the desired amount of cabbage. Drain in cold salted water. Crisp and dry thoroughly. Combine with the dressing, which has been well mixed, garnish if desired with sprinkling of grated carrot. The following dressing for one portion may be increased for any desired number. Dressing: One-eighth teaspoon pepper, one-half teaspoon salt, one tablespoon vinegar, and three tablespoons oil.

Stewed Dried Apricots.—Separate and wash one pound dried apricots carefully in warm water. Cover and soak in fresh water overnight. Simmer with one cup corn syrup and grated rind of one lemon slowly about forty minutes.

Cocoa.—Bring four cups water to a boil, stir in and dissolve six tablespoons cocoa. Add two cups condensed milk, slowly, stirring constantly. When well blended put on boiling, remove from fire, add one-quarter teaspoon salt, and whisk with egg beater. Pour into heated cocoa pot or cups. I have found the double boiler nice to make the cocoa in. It cannot boil over and can be kept hot easily.

Apple Pancakes.—One egg, one cup flour, one cup of apples cooked and put through a sieve, one-fourth teaspoon salt, one teaspoon baking powder, one tablespoon melted butter, one-half cup milk. Mix dry ingredients and sift. Stir in milk, ingredients and heat well. Cook on hot dry griddle. Serve with butter or syrup, or roll and sprinkle with powdered sugar.

Tamale Pie.—One cup cornmeal, one-half cup milk, one can corn put through the grinder, one can two cups of onions cut small, and one teaspoon cumin seed, one cup stuffed olives, chopped. Season with Spanish pepper and salt; put bits of butter on top, and bake. Serve with the following tomato sauce: Take three tablespoons olive oil, cut one onion fine and fry in oil, add one can tomato sauce, one tablespoon chopped parsley and a dash of allspice.

Chicken Chop Suey.—Take about three cups of left-over chicken, cut into small pieces, place in frying pan with butter or fat, shake or stir over fire until brown. Remove from fire and drain off any surplus grease. To this add two cups of celery cut into inch pieces, cups of celery cut into inch pieces, two cups of Oriental sprouts. To this add water, not enough to cover but enough to keep moist. Season with salt, pepper and three prika and let simmer about three hours. Stir occasionally and add water if needed. When ready to serve add onion sauce if desired—though this is not necessary. Cook one cup of brown rice and serve with above. If you have not Oriental sprouts at hand put three cups each of celery and onions (equal parts with other meat than chicken, made with other meat than chicken. Cut the raw meat into inch squares, brown, and proceed as above. It will also be found easier to put the mixture into a shallow dish, set the dish inside of a steam two to three hours. For this use less water. The fireless cooker is ideal for above.

FRUIT IS VITAL FOOD Only within recent years has our knowledge of fruits and their use been so widened through experience and scientific research as to make possible anything like the most bountiful of nature's foods. The last two decades have taught the valuable lesson that, both from the standpoint of health and palatability, fruit is one of the indispensable in the menu.

It is no longer necessary to urge its need as a really vital food, for now we know that for normal stomachs fruit is beneficial at any time, morning, noon or night, contrary to the outworn superstition that its digestibility wanes with the setting sun.

Apple Pot Pie.—Fourteen apples, peeled, cored and sliced, one and one-half pints flour, one teaspoon baking powder, one cup sugar, one-half cup butter, one cup milk, large pinch salt. Sift flour with powder and salt, rub in butter cold, add milk, mix into dough as for tea biscuits. With it line a shallow stew pan to within two inches of bottom. Pour in one and one-half cups water, apple and sugar. Wet edges and cover with rest of dough. Put cover on, set it to boil for twenty minutes, then place in moderate oven, set it to bake for equal parts, dish apples, lay on them pieces of side crust in diamonds and pieces of top crust. Serve with cream.

Pour a little cold water into the hot water bottle before putting the hot water in. This will prolong the life of the bottle. Then, too, if there is any air in the bottle the cold water will prevent its rushing out and scalding as it might do if the very hot water was put in first.

Torrance Electric Shop. Ph. 60-W.

"OPPORTUNITY" IS THE DOOR THROUGH WHICH THE ONE WHO IS PREPARED STEPS TO SUCCESS. WHEN YOU OPEN AN ACCOUNT AT THIS BANK YOU LAY THE FIRST STONE OF THE FOUNDATION OF "PREPARATION" "OPPORTUNITY IS PREPARATION" First National Bank

We have the REMEDY for THAT COLD Bring us your Prescriptions TORRANCE PHARMACY MALONE BROS. Torrance, California

COY F. FARQUHAR Grading Contractor—Also House Moving Wilmington and Redondo Blvds. Office Phone 108-W. Residence Phone 108-J

HUDSON-ESSEX Sales and Service 1610 Cabrillo, Torrance Phone 250 GOOD USED CARS FOR SALE

Torrance Plumbing Co. PLUMBING AND SHEET METAL WORK AGENT FOR Ward Floor Furnace SEWER PIPE, DRAIN TILE AND TERRA COTTA Across from Post Office 1418 Marcelina Avenue

—have you ever taken the World-Famous MOUNT LOWE TRIP —if not, do not miss the first opportunity to enjoy the Wonderful Panorama View —of the mountains, valleys and the sea, which presents itself to the traveler while ascending the rugged mountainside en-route to Mount Lowe Tavern and Cottages —the beautiful mountain inn with excellent accommodations at reasonable rates. —Conveniently reached by five trains daily —8, 9, 10 a. m., 1:30 and 4 p. m., from Main Street Station. Round Trip \$250 From Los Angeles \$2.10 from Pasadena —Illustrated folder gladly furnished. PACIFIC ELECTRIC RAILWAY