

WIFE SAVERS

BY MRS. MARY MORTON

An ironing board without legs is a great help when ironing skirts. It may also be placed flat upon a table and the ironer may do much of the family ironing seated on a high stool at the table.

Corn Pudding with Tomatoes.—Mix one cup of chopped corn, four slightly beaten eggs, one-half teaspoon salt, a little pepper, one-half teaspoon onion juice, and one and one-quarter cups milk. Turn into a buttered baking dish, set in a pan of hot water, and bake in a moderate oven until decidedly firm in center. Turn from mould and surround with broiled tomatoes. Serve with cream sauce.

Veal Steak, French Style.—Have the steak cut about an inch thick. Pat flour, salt and butter into it and brown in butter on both sides, then cover closely, reduce the heat, and cook for half an hour.

Picadillo.—Four dozen green tomatoes, three quarts small green beans, four red peppers, four green peppers, one-quarter cup mustard seed, four quarts vinegar, two heads cabbage, two heads cauliflower, one teaspoon pepper, one teaspoon ginger, one teaspoon nutmeg. Chop vegetables. Soak in salt water overnight. Drain well. Heat vinegar, pour on drained vegetables. Stir in spice. Next morning drain off vinegar, reheat, and again pour on vegetables. Repeat three times. Cover closely.

Pastel pictures reproduced from Romney are very popular just now for wall decoration. An artistic way to frame them is in the new three-panel poly-chrome frames. Maxfield Parrish's pastels are likewise much favored. His latest, "The Royal Guards of Colorado," or "The Spirit of Transportation," will be welcomed by those who enjoy vivid blues, air castles, and fairylike atmospheres.

Grape Conserve.—Three cups grapes, one cup raisins, one cup nut meats (cut), one large orange. Remove the skin from the grapes. Cook the pulp and put it through a sieve to remove the seeds. Allow one cup of sugar for every cup of mixture. Cook the sugar, half the grape skins, the raisins and orange until thick. Add the nuts. Pack hot in sterilized jars.

New Axminster rugs show Egyptian designs. For the sun room, porch, or breakfast room braided art rugs are newer than fiber ones. Braided rugs in oval shapes are good for the Colonial bedroom.

Corn Soup.—One can of corn or its equivalent in each corn cooked and cut from cob. One quart milk, two teaspoons butter, two tablespoons flour, salt and celery salt. Heat corn with one-half cup water. Make cream sauce with butter, flour and milk in double boiler. Stir into this the hot corn, season and serve.

Graham Sandwiches.—Four tablespoons chopped dates, two tablespoons chopped nuts, orange juice, thin slices of Graham bread, butter. Pour boiling water over the dates, drain and plunge into cold water. Drain, and when dry remove stones and put through food chopper. Put nuts through chopper and add to dates; mix with orange juice to moisten, and spread on the slices of Graham bread and butter.

The woman who makes food purchases intelligently and with the least expenditure is indeed a financier, a helpmeet and a capable partner in the firm. When she educates herself to the point where she can take a cheap cut of meat and prepare and serve it so that it is just as nourishing, appetizing and attractive as a more popular cut that costs 50 cents more she has just as truly earned money for the family bank account as her husband has done in his business that day.

A liberal use of milk, with its proteins, calcium and vitamins will give tone to scrawny muscles, build sound bones, teeth, and rich blood. Use it in cooking and on the table every day. Dr. Benedict of the Carnegie Institute, New York, recently said: "The food of children should, first of all, produce a good growth of skeleton, for a well developed skeleton, on which muscles and fat can be adjusted in the normal process of growth, is the determining factor in the growth of children. Milk is a food, among all others, to build bone." No recipe that calls for milk can be made "just as good" by using water for moisture. The housewife who keeps a generous supply of milk on hand will be able to serve her family delicious cream soups, cream gravy and vegetables seasoned and enriched with this natural food.

Meat Pie.—Ingredients: Veal, onions, pork, carrots, potatoes and celery, pie crust shell. Chop veal and pork in small pieces. Dice all vegetables except potatoes. Boll together carrots, onions, celery and meat in enough water to cover them. Cook until meat is thoroughly done. (In the meantime make pie crust same as for any other pie.) Fill pie crust shell with meat and diced vegetables, on top of which can be sliced a raw potato. Then fill pie with juice that vegetables were cooked in. Cover top of pie with pie crust and bake thirty minutes in a slow oven.

Tomato Salad.—Take large, ripe tomato, lettuce leaf, cottage cheese and mayonnaise. Wash tomato. Cut small lid from top and then cut a cross through this, making four petals. Open up and fill with cottage cheese. Sprinkle with paprika. Serve on lettuce leaf; dot with mayonnaise.

A curtain which breaks in the ironing or stretching may be temporarily mended by starching a piece of net or muslin in cold starch and pressing it upon the broken place with a hot iron.

Green Peppers and Cauliflower.—Cut thin slices from the stem end of green peppers, one for each person, and remove the seeds. Parboil ten minutes, then fill with creamed cauliflower and sprinkle with bread crumbs. Bake until peppers are tender, basting with a little water and a tablespoon of butter.

Mexican Salad.—Dice a cucumber, head of celery, two medium tomatoes, one-half green pepper cut into strips, one onion sliced. Mix and season with salt, pepper and paprika or chili powder. Add four tablespoons oil and two of vinegar and serve on lettuce leaves.

To do over a chair or table in a hurry there is a handy preparation that paints and varnishes in one operation. It can be chosen in several finishes—mahogany being a good one.

Gelatine.—Take one box prepared gelatine, sliced bananas and orange. Make gelatine according to directions on package. Set this away to cool. When cool, beat with Dover egg beater until light and fluffy, add fruit, and chill in molds.

For living room draperies, two-tone Shaker cloth with a plain velour valance is attractive with period furnishings.

A piece of dried orange peel burned in a shovelful or tin placed in a close, stuffy room sweetens the air immediately and leaves a pleasant odor.

Ice Box Cake.—Melt half a pound of sweet chocolate in a double boiler, add three tablespoons sugar, three of water, and the yolks of four well beaten eggs. Cook slowly until thick, stirring constantly. When cool, add the stiffly beaten whites of four eggs. Take thirty lady-fingers, line the bottom and sides of a pan, pour in the filling, then a layer of lady-fingers, and so on until the pan is filled, having lady-fingers for the top row. Place in the ice box for from twenty to twenty-four hours. When ready to serve, remove to cake platter and cover with whipped cream.

Try Our Want Ads for Best Results

Davis' Daughter, Who May Be First Young Lady of Land



Mrs. William McMillan Adams is the daughter of John W. Davis, the Democratic choice for president of the United States. As Julia M. Davis she was one of the belles of the nation's capital.

FLORIDA GIVES ENGINEER A TASK RIVALING BUILDING OF PANAMA

By Central Press
TALLAHASSEE, Fla.—A young engineer who avoids publicity and the spotlight is in the midst of a task said to rival in magnitude the building of the Panama canal.

The young man is F. C. Elliott, and his job is the reclamation of four and a quarter million acres of Everglades land. The project has been undertaken by the state of Florida, with Mr. Elliott as chief reclamation engineer.

The land in this district exceeds the combined areas of all the projects within the United States reclamation act. Millions of cubic yards of earth and coralline rock have been excavated in the digging of canals large enough to float Mississippi river steamboats.

The reclamation of the Everglades involves difficult problems of water control, the two major phases being to lower the waters of Lake Okechobee to a level where they do not overflow into the 'glades and to provide drainage for rainfall on the 'glades.

Mr. Elliott's handling of these problems has created international interest among engineers. It is estimated that the enterprise will yield more than a billion dollars of wealth to Florida in the increased value of lands that were bought from Spain for five cents



F. C. ELLIOTT

an acre. The lands will yield three or four crops a year. Scattered farming operations are now going on over an area of a million acres.

THIS BIRD KNEW

A lecturer was growing very vehement in the course of his address. His subject was "The Perfect Wife."

"As we all know," he said, "the duty of a wife is to be a helpmeet to her husband by cooking his food, attending to his requirements, conducting his house and household affairs in a diligent and businesslike manner, and so on and so on."

Then a little man in front got up and exclaimed: "They don't do the last thing you mentioned, sir."

"Which is that?" asked the lecturer.

"Why," said the little man, "sow on and sew on."

THEY LEFT

They tell of a former Broadway bartender who decided to become a sheep herder in Arizona after prohibition. One of his patrons offered him the job on his ranch.

Three weeks later the boss turned up at the ranch.

"Well, I guess you've come to fire me," said the ex-bartender.

"No. Don't you like the job?"

"Yes, I like it, but are you sure you want me to stay?"

"Certainly."

"Well, if you want me to stay on you'll have to get some new sheep. All them old ones has it out on you."

Use our Want Ads for results.

PROFESSIONAL AND BUSINESS DIRECTORY OF LOMITA

FRED STOCK	HAY GRAIN	Coal Fuel	POULTRY SUPPLIES
LOMITA REDONDO	FEED Briquettes	BABY CHICK FOOD	

COY F. FARQUHAR
Grading Contractor—Also House Moving
Wilmington and Redondo Blvds.
Office Phone 108-W. Residence Phone 108-J

LOMITA MEAT MARKET

We Solve It

What? The problem of what kind of meat, to have for dinner tonight. Just drop in here and look over our wide selection of meats. You will find something that just appeals to you and suggests the proper vegetables to go with it.

H.F. Schmidt, Prop. FRESH FISH Wednesday, Thursday and Friday

AFFAIRS OF THE HEART

By Mrs. Thompson

NOW HE'S GOING AWAY

Dear Mrs. Thompson: I have been going with a man of whom I thought a great deal. I loved him so much nothing else mattered and I made many sacrifices for him, stood a lot of trouble on his account, besides helping him every way to get ahead. He has done many things that hurt my feelings and made me suffer, but I never let him know how much I suffered. I always forgave him and he thought I forgot, but I did not. Because of these little things I am getting indifferent, and now when the time comes for him to call I do not care if he comes or not, but I have not reached a point where I could give him up entirely without his hurting a great deal. In a short time he is going away. Do you think it is better to keep on as I have been and wait until he leaves and then forget him, or should I quit now? There is nothing I would not do to make him happy, while he never appreciates anything I do and never tries to think it over to make me happy. He never fails to come or to take me places, but he certainly is selfish and unappreciative. Please tell me what you think and what I should do. Why is it that men are always looking for true blue love and when they find it they are not satisfied?

MAYBE S.

You might do the young man a kindness if you told him frankly why you have grown indifferent to him. He has taken advantage of your patience and forbearance and he ought to know that such selfishness and lack of consideration of another is bound to bring about disastrous results in the end. I would advise you to tell him right away.

AN UNIQUE CASE

Dear Mrs. Thompson: A certain man in my neighborhood has been my interest in life for a long time, for I like to observe people, and he attracted me. He seemed very disconsolate and gloomy. I observed him closely, going into his home, caring for his year-old daughter while his wife went to dances,

theatres, parks, etc. One evening he came home. His wife had been gone all afternoon and hadn't yet returned. He had an important business engagement, so I cooked supper for him. Never in my life before have I seen such gratitude shine from anyone's eyes as his. I soon learned from the neighbors that his wife never did anything for him, and I sure believe it. But now comes my trouble. I fell in love with this henpecked husband, and although I tried to forget him, it seems impossible. He is now filing suit for divorce and wants me to marry him as soon as he gets it. Shall I or shall I not? I mean would it look wrong to do so? The reason I need your answer is that I have no mother and I don't believe I can live without him very long.

ACCIDENTAL LOVE.

If you were really a close observer you would have noticed some time ago that women don't

VICTOR IN BATTLE OF VOTES IN CUBA



Gen. Gerardo M. Morales, attorney, is the apparent winner in the Cuban presidential election. He was the candidate of the Liberal party.

invade other women's homes to care for their children and perhaps sulkily and disconsolate husbands, unless they are nurse maids or make a living doing that sort of thing. You would also have noticed that a man with so gay a wife must surely be gloomy of his own volition. You know nothing about the side of this man he very probably shows his wife. There aren't very many women who just naturally neglect their husbands, and a fit of thoughtlessness on their part often makes a splendid alibi to the self-pitying male, who would probably be just as restive in a second marriage as in a first.

MIXED 'EM UP

The justice of the peace in a town in Ohio, in pursuance of his duties, had to hear and judge cases that were brought before him and also perform occasional marriage ceremonies. He found it difficult to dissociate the various functions of his office. Everything had gone smoothly until he had asked one bride: "Do you take this man to be your husband?" The bride nodded emphatically. "And you, accused," said the justice, turning to the bridegroom, "what have you got to say in your defense?"

AMERICAN FRUIT MARKET

CARSON AT GRAMERCY

FRESH CRISP VEGETABLES ARRIVING EVERY MORNING

Full Assortment Fresh Fruits at All Times

Prompt Delivery to All Parts of the City

Courteous Treatment to Our Customers Always

A SOUND & ESTABLISHED COMPANY OFFERS
6% Preferred Stock at \$92.50
SOUTHERN CALIFORNIA GAS CO
306 South Catalina St. Redondo Beach, Calif.

HUDSON-ESSEX

Sales and Service
1610 Cabrillo, Torrance Phone 250
GOOD USED CARS FOR SALE

VAN ANDLES' FIRST ANNIVERSARY SALE

STARTS SATURDAY, SEPTEMBER 27th
LASTS UNTIL SATURDAY, OCTOBER 4th

—On this occasion, making our first year of business in Torrance, we quote the following prices so that our trade can save money and help us enjoy the event! EVERYTHING LISTED NEW AND GUARANTEED

SWEATERS		SILK UNDERWEAR		SPORT COATS	
Sleeveless and Half Sleeve		\$1.95 Satin Bloomers	\$1.25	\$13.75 Wool Coat	\$8.75
\$3.95 Silk	\$2.95	\$2.75 Silk Bloomers	\$1.75	\$16.75 Wool Coat	\$10.75
\$4.95 Silk	\$3.95	\$3.50 Silk Bloomers	\$2.25	\$21.75 Wool Coat	\$13.75
Long Sleeve Wool		\$3.95 Silk Bloomers	\$2.75		
\$3.95 Wool	\$2.95	\$4.95 Silk Bloomers	\$3.25		
\$4.95 Wool	\$3.95	\$5.95 Silk Bloomers	\$3.75		
\$5.75 Wool	\$4.39	\$6.50 Silk Bloomers	\$4.15		
\$7.50 Wool	\$4.95				

HOSE		TEDDIES	
59c Fibre Hose	3 for \$1.00	\$1.50 Satin Stripe	\$1.15
\$1.25 Silk and Fibre	89c	\$2.95 Silk	\$1.95
\$1.50 Silk	\$1.15	\$4.50 Silk	\$2.95
\$1.95 Silk	\$1.49	\$6.95 Silk	\$4.95
\$2.50 and \$2.95 Silk	\$1.95		
Assorted colors			

Bungalow Wash Aprons and House Dresses			
\$1.25 Aprons	95c	\$2.50 Aprons	\$1.95
\$1.50 Aprons	\$1.15	\$3.95 Dress	\$2.95

Step-Ins		Silk Crepe and Wool Dresses		Wash Dresses	
\$1.50 Elastic Top	\$1.15	\$12.50 Poiret Twill or Silk Dress	\$7.50	\$5.95 Voile Dress	\$3.75
\$1.75 Elastic Top	\$1.45	Now	\$10.95	\$6.95 Voile Dress	\$4.95
		\$16.75 Silk Dress	\$10.95	\$10.50 to \$16.75 Voile Dresses	\$7.75
		\$25.00 Silk Dress	\$16.75		

EVERYTHING FOR MILADY AND MISS

Van Andles' Specialty Shop

1314 SARTORI AVE., TORRANCE
BETTER VALUES BETTER SERVICE

Store Opens And Closes At Regular Time During This Sale

RADIO

The new Atwater Kent Cabinet model at \$110.00 (without accessories) offers the best value for your money on the radio market today. Ask us for a demonstration.

De BRA RADIO INSTALLATIONS CO.
Vonderahe Bldg. Phone 73-J.

going away for YOUR VACATION

Summer excursion fares are still in effect. Spend your vacation days at one or several of California's delightful beach and mountain resorts.

Benefit by Southern Pacific summer round-trip weekend fares, sold until and including Sept. 28, 16-day return limit. Or Southern Pacific season tickets, sold any day up to and including Sept. 30th; good until October 31st.

For courteous, accurate railroad information communicate with

CHAS. H. MUELLER, Agt.
P. E. Depot Phone 20

Southern Pacific